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20 MAY 2022

# ROBBERS MEET THEIR MATCH



Rustenburg/ Koster – The Rustenburg Police in collaboration with the Koster Police, and Phokeng Highway Patrol members, swiftly responded to a gang of armed men fleeing the scene of a robbery on Tuesday 17 May. More on page 2.



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# ROBBERS MEET THEIR MATCH

**Rustenburg/ Koster** – The Rustenburg Police in collaboration with the Koster Police, and Phokeng Highway Patrol members, swiftly responded to a gang of armed men fleeing the scene of a robbery on Tuesday 17 May.

Details of the armed robbery in progress and descriptions of the getaway vehicles were dispatched and shared with nearby police stations and units.

Five armed men [aged 32 to 52] entered a shop in Koster at 8:15am. Apparently, they did not get away with any cash, but cellphones believed to be looted from the shop were found in their getaway vehicle. SAPS' reaction units ambushed the gang on the N4, just outside Rustenburg, direction Swartruggens, on the hill before the Koster turn-off. They were no match for the men in blue.

A Phokeng Highway Patrol unit first spotted the getaway car. Upon searching their vehicle, a camera, a video camera, a bulletproof vest and two 9mm guns of which the serial numbers are filed off were found. Fake Gauteng and North West vehicle registration plates were also found in the car. "The five arrested on the N4 are to appear before the Rustenburg Magistrates' Court on Thursday 19 May on charges of armed robbery, possession of suspected stolen property and the possession of unlicensed firearms and ammunition," lieutenant colonel Amanda Funani confirmed.

While the suspects were still cuffed on the N4, the Rustenburg Mounted Unit and Public Order Policing (POP) reacted on information received from the officers at the arrest-scene about a safe house in Rustenburg



Five gangsters were arrested on the N4.

North. Three more suspects (aged 21 to 43) were arrested at the safe house, tallying to eight in the dock. A grey VW Polo, believed to have been used during the commission of the crime, was seized.

The three were charged with armed robbery and for the possession of suspected stolen property. They are expected to appear before the Koster Magistrates' Court on Thursday 19 May 2022.

Evidence collected at the safe house linked the suspects to other criminal activities.



One of the guns that were seized.

# R90,000 REWARD

Rustenburg – A reward of R90,000 is offered for any information leading to the arrest and conviction of the three Highway Robbers involved in the murder of Juandré Kidson on the N4 on Saturday, 7 May.

Twenty-nine-year-old Kidson was brutally shot and killed in front of his wife and their one-year-old daughter while they were on their way home, in Brits. An object placed in the road by Highway Robbers damaged a tyre of their vehicle. While busy changing the tyre three of them attacked him from behind. He begged them to take everything they want and pleaded with them to not hurt his family. They ransacked their car for items including a cellphone and then cold-bloodedly shot him in the head.



Juandré Kidson, was brutally murdered in front of his wife and daughter.

The killers then turned to his wife Johanette Kidson who was holding their baby girl. They attempted to take the baby from her.

She fought tooth and nail to keep her daughter safe and in the process was shot in the shoulder.

The community helped to raise funds to put up a reward for finding Kidson's killers. "The donors wish to remain anonymous but made this donation so that the murderers can be brought to book, making the N4 safer for all road users," Juandré's brother Marco Kidson

said.

If you have information regarding the incident, please contact Marco on 067 736 2609, or the investigating officer, sergeant Sebahane on 072 224 6805.

## In remembrance



Die lewensviering van wyle Rina Jacobs (71), oorlede op 13 Mei 2022, vind op Vrydag 20 Mei plaas om 14:00 vanuit die NG Kerk Moedergemeente, Fatima Bhayatstraat, Rustenburg.

Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Die rouidiens van wyle Mario Jones (32), oorlede op 11 Mei 2022 het op Woensdag 18 Mei om 11:00 plaasgevind vanuit die kapel by Sonskyn Aftree Oord, Rustenburg.

Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste



Join us in mourning the enormous loss and loving life of Jordan Craddock (14). He passed away on 15 May 2022. His memorial service will take place on Thursday 19 May at 14:00 from the NG Church

Fatima Bhayat street, Rustenburg. For more detail phone Cobus on 081 379 8919 or Wilna on 074 200 2687 at Econo Funeral Services, 014 597 2730. A service with love and dignity by Econo Funerals.



Ons onthou met liefde Desmond Wagenaar (74), oorlede op 14 Mei 2022. Sy rouidiens vind op Donderdag 19 Mei plaas om 14:00 vanuit die OAK Proteapark,

Moepelstraat Rustenburg. Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Ons onthou met liefde Braam Robertse (57), oorlede op 12 Mei 2022. Sy rouidiens vind Donderdag 19 Mei plaas om 11:00 vanuit die Baptiste Kerk, 87 Wildevyalaan, h/v Wildevyalaan en

Tamariskstraat, Rustenburg.

Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Join us in mourning the enormous loss and loving life of Nomgqibelo Sylvia Mfengwana. She passed away on 30 April 2022. Her funeral service took place on Sunday 14 May in Rietvlei.

For more detail phone Cobus on 081 379 8919 or Wilna on 074 200 2687 at Econo Funeral Services, 014 597 2730. A service with love and dignity by Econo Funerals.



Ons onthou met liefde Marie Rowan (78), oorlede op 12 Mei 2022. Haar rouidiens het op Dinsdag 17 Mei om 11:00 plaasgevind vanuit die OAK Geelhoutpark, Rustenburg.

Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Die begrafnisdiens van wyle Ouma Joey Swarts (90), oorlede op 12 Mei 2022, vind op Vrydag 20 Mei plaas om 11:00 vanuit die Kapel by Steineck Lodge, Dinie Estate pad (Rustenburg),

vanwaar die stoet sal vertrek na die Donkerhoek Begraafplaas.

Vir meer navrae skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste. 'n Diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.

# FATAL SHOOTING AT ALPHA HYPER

**Rustenburg** - A man was fatally shot during a robbery at Alpha Hyper Geelhoutpark on Friday 6 May. Police spokesperson Captain Elsabé Augoustides confirmed that the man was shot and that he passed away not long after.



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If you would like to place an obituary in *Platinum Weekly* / *Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871 or email [news@platinumweekly.co.za](mailto:news@platinumweekly.co.za) / [news@platinumbushvelder.co.za](mailto:news@platinumbushvelder.co.za).



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# ARSON

**Rustenburg** – “Two taxis were set alight at Thembelani Mine on Friday 13 May,” said chairperson of Bojanala 1 regional taxi association, June Motloung. The incident apparently occurred after certain taxi operators had allegedly beaten up three mineworkers for taking away their business by ferrying passengers using their vehicles. Motloung added: “The patrol team noticed a car loading passengers in their area and they organised a meeting with the local community to discuss the issue. During the meeting that Friday, they received a call informing them that their taxis were torched.” Members of Bleskop Taxi Association, who were affected by the incident, have been engaged in further meetings with the community and other stakeholders with a view of resolving the issue.



The taxis were set alight close to Thembelani Mine.

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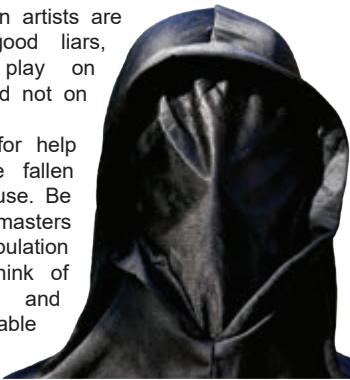
  



# MONSTER behind the mask

**Rustenburg** – After a very traumatic experience, a reader reached out to *Platinum Weekly* to share her story. She wants to warn other women to look out for warning signs of a potentially abusive relationship.

The victim, a financially stable, successful young woman was swept off her feet in January 2021 by a man (she explains) who turned into a monster within three months. He apparently showered her with attention, time and affection (no gifts). He told her that he worked at a local mine, but he didn't have a car and refused to show her where he lived. It did not bother her much at the time as material things don't matter that much to her. She told us that things were good for the first three months until he started getting more and more possessive. That soon turned into aggression and before she knew it, she was caught up in an abusive relationship. He flaunted his firearm to intimidate and control her. In one of her attempts to get away from him, he deflated the tyres of her car. He wasn't going to let his meal ticket get away that easy... or at least not until he had another victim lined up. Eventually by the end of June, he was gone – and so was her car. He also left her R30,000 in debt. Even though she wanted nothing to do with him anymore, she had to contact him to try and get her car back. She pleaded with him to return her car, but he just told her that he has moved on and that he was doing very well for himself. She told us that he returned in January 2022 only to kidnap and rape her. She reported it to SAPS and a warrant of arrest has been issued, but he is still in the wind. She also attempted to get a protection order against him but found that only an interim order was granted and that it could not be made final as the file apparently went missing. When she tried to get another order, she was told that she could only apply for such an order against a specific person... once. They apparently told her check in from time to time to see if the file hasn't been found in the meantime. She had no such luck to date and says that she is just sent from pillar to post when she gets there. In the meantime, she got in contact with another one of his victims. This lady's experience was not exactly the same, but very similar and she apparently also suffered a financial loss due to his wheelings and dealings. It looks like this man is always on the prowl for a specific type of woman. He looks for successful, independent women that he can sponge off and control... and eventually intimidate. Unfortunately for the first victim, things escalated beyond just a ploy to live the good life with her money. You might ask yourself how a strong successful woman can fall for a man like this. Con artists are extremely good liars, and they play on emotions and not on intelligence. Reach out for help if you have fallen victim to abuse. Be careful of masters of manipulation who only think of themselves and are incapable of any true affection.



# Three-vehicle accident claims a life

**Koster** – Three vehicles collided on the R509 between Koster and Derby shortly after 8pm on Friday 13 May. Koster Community Policing Forum and Derby Buurtswag members rushed to the scene and immediately contacted emergency services. A Ford Ranger, an Izuzu and a Mercedes taxi were involved in the accident. An occupant of the Isuzu bakkie sadly passed away. Two members of the family who were traveling in the Ford Ranger sustained serious injuries and were admitted to hospital. "I only have the Lord to thank that my family is still alive. All I remember is the lights in front of us," one of the passengers of the Ford Ranger told the *Platinum Weekly*. They have since been discharged. Our condolences go out to the family and friends of the deceased.



The wreckage of the Ford Ranger.



Ditches dug by cable thieves to gain access to cables.

# Cable theft crippling our economy

**Rustenburg** – In response to a media query last week, Mark Munroe, CE of Impala Rustenburg said: "Cable theft currently results in daily interruptions to our work schedule and seriously affects operations at Impala Rustenburg. If not curbed, this illegal activity will impact the sustainability of the mine and investment into our business." Dawid Erasmus who is part of the Rustenburg Crime Combatting Forum (RCCF) and National Crime Assist (NCA) recalls being called out to cable and copper theft every week. "It never ends. When we contain the situation in one area, another area becomes the target," he said in an interview with *Platinum Weekly*. "We have informants who contacts us and the police when they spot cable theft. The suspects first dig holes to get access to the cables and then later return to strip them. We often interrupt them, but they always return," Erasmus said. Cable theft is extremely inconvenient and often leave residents without electricity for days on end. The members of the public are encouraged to report any suspicious activities to the Eskom Crime Line number: 0800 11 27 22 or to call the Crime Stop Hotline on 086 00 10111 or your nearest police station. All scrap metal dealers, foundries and smelters should also refrain from buying stolen cables. Copper or cable theft is a very dangerous crime – it also creates huge financial losses, especially in the maintenance of infrastructure, accumulative costs of safety and security services, policing, court representation and sentencing.

# MAN GETS LIFE FOR DOUBLE MURDER

**Rustenburg** – The Rustenburg Regional Court sentenced George Motsamai Ntlheng to life imprisonment on Friday 6 May 2022 for the 2019 murder of his estranged wife Boitumelo Daphney Molabatsi. The 48-year-old Ntlheng was also sentenced to an additional fifteen years behind bars for the murder of Emelda Matsho. Ntlheng was sentenced after the state successfully proved in court how he killed his 36-year-old wife and her 38-year-old friend. "On Monday 4 March 2019, Ntlheng followed Molabatsi, who was on her way to her friend's house, without her knowledge. He stabbed her multiple times with a knife. Then he killed stabbed and killed Matsho," Rustenburg police spokesperson sergeant Ofentse Mokgadi said. Ntlheng was arrested on the same night of the incident after investigations by warrant officer Richard Mfaladi of Boitekong Detectives and constable Patrick Sebalane.



Warrant officer Richard Mfaladi and constable Patrick Sebalane played a key role in bringing the perpetrator to book.

# JANSEN VAN VUUREN'S TRIAL BEGINS

**Rustenburg/ Fourways** – Gerhard Jansen van Vuuren's trial finally kicked off in the Palm Ridge Magistrates' Court on Monday 16 May. He stands accused of allegedly stabbed his ex-girlfriend, Andrea Venter, to death at the entrance to her housing complex in Fourways, Johannesburg on 2 May 2011. Afterwards, he attempted suicide by cutting his throat and laying down next to her body. This has been a long time coming as he managed to evade arrest for several years by fleeing the country in 2013. He was later tracked down and arrested on 18 June 2020 in Rio de Janeiro, Brazil. Since then, the trial has been postponed multiple times. Witnesses took to the stand this week to give their account of the day Andrea's life was brutally ripped away. The witnesses include security guards, paramedics, residents of the complex and Andrea's father Dries Venter (in Rustenburg). In an interview with *Platinum Weekly* Dries recalled one of the testimonies heard so far. "According to a paramedic on scene, Jansen van Vuuren asked him if she's dead yet. When he confirmed that she passed away, Jansen van Vuuren gave a sigh of relief." On 18 May, a resident recalled how she heard a woman screaming for help and rush outside to investigate. She saw Andrea lying on the ground with Jansen van Vuuren kneeling over her.

Dries has been in court every day since the trial started and had to sit in the bench and listen over and over to the horrific details of the day his beautiful daughter was murdered. He said that he finds solace in the fact that his daughter's murderer will finally have to face what he has done. "I really hope he gets the maximum. Nothing less than 25 years without parole," Dries added. The trial is still ongoing.



Andrea Venter was stabbed to death in 2011.

# No place for bad apples in SAPS

**Rustenburg** – Two South African Police Services (SAPS) members who appeared before court on corruption charges could find themselves in more hot water... Sergeant Ruth Nkotsoe (42) and Constable Mosimanekgosi Leburu (34) appeared before the Rustenburg Magistrates' Court on Wednesday 11 May 2020 for corruption after they allegedly demanded R500 for the release of a Lesotho national who was in the country illegally. Apparently, the 18-year-old Lesotho national was arrested on Tuesday 3 May 2022 in Marikana for contravention of Section 49(1) (a) of the Immigration Act, 2002 (Act No. 13 of 2002). Police spokesperson brigadier Sabata Mokgwabone said Nkotsoe and Leburu demanded R500 from the suspect's mother for the release of her son. "The suspect was taken to court for appearance on Thursday 5 May 2022. However, the case was not placed on the roll and the suspect was released. The two police officers allegedly kept the 18-year-old man's passport and ordered him to pay them R500," Mokgwabone said. "The matter was reported to the police and that resulted in the arrest of the two police officers on Tuesday 10 May 2022," he added. The two police officers were each granted R5,000 bail and are due back in court on Tuesday 27 September 2022. Mokgwabone said an internal police investigation on the conduct of the two officers would determine their future with SAPS.



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# A SLIPPERY SLIDE

**Rustenburg** – Trauma Rescue responded to an accident on the R24 before the Boons turn off at around 15:30 on Friday 6 May. When they arrived at the scene, they found two trucks that collided - with the driver of one of the trucks trapped in the cab. He was treated on an advanced life support level and transported to Job Shimankana Tabane Provincial Hospital. The cooking oil which spilt from one of the trucks made for a slippery slide. The passers-by stopped to loot the cooking oil. That in itself created a much worse traffic pileup up than the accident itself. The wrecks were only removed at about 04:00 the following morning.



One of the trucks was loaded with cooking oil that laid scattered across the road.



Bystanders started looting the oil.



The Isuzu that was involved in the accident.



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AUCTION


VEILING

CRIMINALS TARGET LOCAL LEARNERS

**Rustenburg** – Criminals are targeting learners as they leave school to go home. Bergsig Academy, one of the schools that are targeted, regularly host awareness campaigns for learners about their safety and the use of cellphones in public. “We believe our campaign makes learners more careful and prepared.” Rustenburg Police captain Elsabé Augoustides added: “We implore parents and guardians to also enforce this message to their kids, and report incidents at the police station”.

Augoustides also shared important tips:

- Learners should rather stay in groups.
- Make haste when walking home, don’t become an easy target.
- Stay alert and make sure you know what’s going on in your surroundings. Look around.
- Never walk with your cellphone in your hand.
- Avoid talking on the phone while on your way home. That’s a target on your back.
- **Most importantly: Do not resist criminals when you find yourself in such an incident.** Try to make alarm, try to run away – you can even throw your phone in one direction, and run in the opposite direction. Safety is more important.



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MURDER SUSPECT ‘SEEN DRINKING MOTHER’S BLOOD’

**Koster** – A 24-year-old man accused of 53-year-old mother Kedisaletse Elizabeth to stabbing his mother to death appeared death after the two had been involved in before the Koster Magistrates’ Court on Monday 16 May. Thabang Mishack Moswane was remanded in custody and is expected to apply for bail during his next court appearance on Monday 30 May. Boons Police were alerted to the murder scene in Mathopestad on Monday 9 May. This was after Moswane had allegedly stabbed his

53-year-old mother Kedisaletse Elizabeth to death after the two had been involved in a fight. Said police spokesperson colonel Adèle Myburgh: “On arrival at the scene, police found Kedisaletse’s body inside a shack with numerous stab wounds. The police were informed that Thabang was allegedly seen drinking his mother’s blood after stabbing her. He was immediately arrested.”



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- \* Facial massage
- \* Express Pedicure
- \* Foot Peel
- \* Relaxation Time
- \* Light breakfast
- \* Light lunch
- \* Cup of Wellness Tea

### Winter Bliss

(4hours)

R750 p/p

- \* Dry Body Brush
- \* Swedish Full Body Massage
- \* Foot Pressure Point Massage
- \* Hot Towel Service
- \* Hydrating Facial
- \* Relaxation Time
- \* Light lunch
- \* Cup of Wellness Tea

### Winter break

(3hours)

R650 p/p

- \* Dry brushing on back
- \* Swedish Full Body Massage
- \* Extended time on area of concern
- \* Hot Towel Service
- \* Relaxation Time
- \* Light lunch
- \* Cup of Wellness Tea

### Winter Skin Bliss

(1h30min)

R550 p/p

- \* 60 min Hydrating Facial
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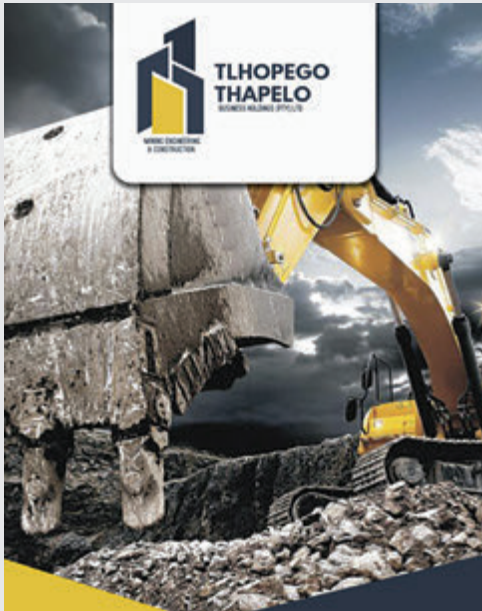
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EXTRA! EXTRA!  
READ ALL ABOUT IT!

Mr Scammer is clearly in the hot seat at the moment as his tricks are being exposed and the pool of potential victims is drying up. An associate of Mr Scammer, who eerily sounds exactly like the voice notes of Mr Scammer which were forwarded to us by some of his victims, recently contacted *Platinum Weekly*. He also used the same name that was used with victim 2 and victim 4. He tried playing the good guy who had to warn our journalist that she is in imminent danger. Apparently, Mr Scammer has all her and her husband's information including where she stays, photos of them... and he doesn't want things to get ugly between her and Mr Scammer. "I know him personally. He is a tough guy with a lot of underworld connections. I don't want to see anything bad happen to you," he warned.

This week *Platinum Weekly* gave a closer look at some of his scams. We will point out some of the warning signs to be on the lookout for and share some tips on how you can protect yourself from scams like this.

THE DIAMOND DUPE

Mr Scammer convinced various victims to invest in diamonds. He even provided them with his trading permits and concluded deals in front of them to show them how much money is to be made.

Before even thinking of investing in diamonds or selling your diamonds, do a bit of research on Auntie Google.

In order to trade in unpolished diamonds, you need to have all the relevant permits in place, this means the average man on the street can't deal in unpolished diamonds. According to Chapter 5 of the Diamonds Act 1986. No person shall utilize any premises as a diamond exchange unless those premises are registered as a diamond exchange in terms of this Chapter (Chapter 5).

If an unpolished diamond is sold anywhere else, both the seller and the person who purchases or receives the unpolished diamond each commit an offence. In other words – selling an

uncut diamond in a public restaurant is not permitted.

The warning bells should go off if the 'diamond dealer' does not have premises from where he conducts his business. He should also have a permit to deal in uncut diamonds on this premises. You aren't even allowed to erect the machines to cut and polish diamonds without the necessary paperwork.

Polished diamonds, like the shiny ones found in jewellery is a lot less regulated. If you want to start investing in polished diamonds, it is better to deal with reputable dealers. Check if they have websites, call the contact numbers on the site, and confirm if the person you are dealing with is indeed associated with that company. If they have social media pages, check when it was created, how many posts are on the page and the

SERIAL SCAMMER

PART 8

interaction from the public on the page. If you have found your diamond... don't pay over any money unless you can confirm that it is a real diamond. An easy way to check if a diamond is real, is to take a piece of high grid sanding paper with you. You rub the sanding paper against the diamond as hard as you can, and if it is real, it won't scratch. Diamonds happen to be the hardest known mineral on the planet. Anything with a hardness below that of a diamond cannot scratch a diamond. That means only a diamond can scratch a diamond.

Another quick and easy way to find out whether your diamond is real or fake: try fogging it up with your breath. If it clears up after one or two seconds, then your diamond is real, but if it stays fogged for three to four seconds chances are that you're looking at a fake.

BACKGROUND

**Rustenburg** – *Platinum Weekly* was made aware of a man pretending to be a lodge owner in our area, so we set out to investigate. We ended up going down a rabbit hole of scams. The audacity of this serial scammer is mind boggling. We placed only one or two of his scams (per week) in our newspapers. This serial scammer is also extremely dangerous and armed. He was recorded online, taking out his gun and threatening to shoot a man who confronted him about his scams.

It almost plays out like a movie... except it's not. It's real life and it's real people who lost real money. It is a pity, however, that only some of his victims have opened criminal cases against him. In some of the cases his scams appear to be nothing more than a power play... a need to impress the ladies...

We hope to warn people about his modus operandi, so that they don't get caught up in his web of lies. Hopefully he will be brought to book soon so that his identity can be revealed.

There are more victims out there and we urge them to come forward and share their stories. Knowledge is power, and when people know what to look out for they can avoid falling for his lies.

Mr Scammer is a master manipulator and has perfected his con to make his victims trust him blindly. Through his sob stories or well researched knowledge on certain topics he easily got his victims to part with their money. We want to believe that the person we trust with our money is telling the truth and scammers rely on that. You can beat him and other scammers

by doing your own research before you ever pay over any money. Verify company names, verify banking details, verify all the information you have. A simple search can save you thousands. When it comes to your money don't take any chances.

He operates all over the show. If some of these stories sound familiar to you, please let us know about it. Even if you were scammed a year or two ago, you can still report it at SAPS. We urge victims to go to their nearest police station to open a case. This dangerous man should be brought to book.

If you missed part 7, you could read about it in *Platinum Weekly's* 13 May issue.

Watch this space for part 8, where more of his scams will be exposed.

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# ORBIT TVET COLLEGE

## ORBIT COLLEGE GRADUATES CELEBRATED AT THE FIRST LIVE GRADUATION AFTER TWO YEARS OF VIRTUAL EVENTS



ORBIT TVET College held their first live graduation ceremony after two years of virtual graduations; which saw approximately 450 graduates with National Certificates and National N Diplomas being conferred. The graduation ceremonies, which were split into two sessions, took place on 12 & 13 May 2022 at Hedgehog's Nest, Rustenburg respectively.

Two years after the Covid-19 pandemic halted their face-to-face celebrations, 313 NCV graduates came out in numbers on Thursday, 12 May 2022 to be awarded for completing their respective Level 4 qualifications; while 119 Diplomandi (Report 191 Business & Engineering Studies) were acknowledged on Friday, 13 May 2022.

Ms KR Masilo from Brits Campus, was awarded the sought-after DUX Student Award for National Certificate (Vocational) studies, for her consistent excellent academic performance in the Office Administration

qualification. Ms Masilo obtained an 87.86% average and also bagged an incredible fifteen distinctions over her 3 year period of study. Another Brits Campus student, Management Assistant graduate, Ms K Motloung, also scooped the DUX Student Award for National N Diploma, after she achieved an average of 79.83% and an impressive nine distinctions over her period of study.

Sixteen top achievers who obtained an average of no less than 70% were also recognised and received trophies and cash prizes, courtesy of our proud sponsors, ABSA and Nedbank. The College conveys its deepest appreciation to our partners, ABSA and Nedbank, for their generosity in sponsoring both the Top Achievers and DUX Awards.

The Management and staff of ORBIT College would also like to take this opportunity and congratulate all graduates for reaching this great milestone. We wish them well in their future endeavours.



Ms KR Masilo from Brits Campus, was awarded the sought-after DUX Student Award for National Certificate (Vocational) studies for obtaining fifteen distinctions and an 87.86% average over her three year period of study. She is pictured here (from left to right) with Ms F Lebelo - Nedbank, Mr T Mmusi - ABSA and Mr T Mosito- Deputy Principal Academic & Student Support Services.



2021 National Diploma DUX Student recipient, Ms K Motloung (third from right), pictured here with (from left to right): Ms S Julies from Nedbank, Ms L Qoma from ABSA, Regional Manager for NW & Mpumalanga TVET Colleges, Dr N Balkrishen, College Council Chairperson, Dr K Molantso, Principal, Mr D Mokoena and Deputy Principal Academic & Student Support Services, Mr T Mosito.



313 NCV graduates were awarded for completing their respective Level 4 qualifications during two session which took place concurrently on 12 May 2022



The National Diploma Top Achievers that were recognised for obtaining an average of no less than 70%. All Top Achievers received trophies and cash prizes, courtesy of our proud sponsors, ABSA and Nedbank.



Proud friends and family members came out in numbers to witness and celebrate the achievements of their loved ones.



LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer ST4658/2015 passed by IMPALA PLATINUM LIMITED, Registration Number: 1952/071942/06, in favour of 1. Boston Dzunisani Nthamu, Identity Number: 870322 5570 08 5 and Hlayisani Nthamu, Identity Number: 891128 0762 08 9, Married in community of property to each other, and 2. Mokganyeng Zacharia Mosotho, Identity Number: 580421 5852 08 8, Unmarried, and 3. Wanda Dimakatso Madalane, Identity Number: 750205 5871 08 9 and Malithare Maria Madalane, Identity Number: 820109 1179 18 0, Married in community of property to each other, in respect of: A Unit consisting of (a) Section No. 180 as shown and more fully described on Sectional Plan No SS 714/2014 in the scheme known as WOODRIDGE PARK in respect of the land and building or buildings situated at ERF 438 WATERVAL EAST EXTENSION 59 TOWNSHIP; LOCAL AUTHORITY: RUSTENBURG LOCAL MUNICIPALITY, which has been lost or destroyed.

All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA, Merino Building, 140 Pretorius St, Pretoria Central, Pretoria, 0002 within two weeks from the date of the publication of this notice.  
**Dated at RUSTENBURG this 12 day of MAY 2022.**  
VAN VELDEN-DUFFEY INC  
Address: 67 Brink Street, Rustenburg, 0299  
E-mail address: rianandreb@vvd.co.za  
Contact number: 014 592 1135

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Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Notarial Deed of Cession SK3586/1990S passed by COTSWOLD HOMES CC, Registration number 1987/027008/23 in favour of 1. EDWIN DE SCALLY, IDENTITY NUMBER 271223 5014 08 9, MARRIED OUT OF COMMUNITY OF PROPERTY AND 2. ALIDA SUSANNA DE SCALLY, IDENTITY NUMBER: 360130 0034 08 1, MARRIED OUT OF COMMUNITY OF PROPERTY in respect of certain T21 (TUIN) KLOOFZICHT situated at PROTEAPARK EXTENSION 2 TOWNSHIP which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA within two weeks from the date of the publication of this notice.

**Dated at RUSTENBURG this 16<sup>th</sup> day of MAY 2022.**  
VAN VELDEN-DUFFEY INC @ OFFICE BUILDING,  
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NOTICE OF EIA PROCESS  
AND SUMMATION OF BASIC  
ASSESSMENT REPORT

Notice is given in terms of Section 10 of the MPRDA, 2002 (Act 28 of 2002) and in terms of NEMA Amended Act of 2014 and the of the Amended EIA Regulations of 2017 Regulation 4(6) of Regulations published in government notice R1355 of 17 October 1997 under Section 26 of the intent to carry out the following activities:

Description of purpose activity: Stone cutting and blasting Commodities: Granite

Location of the area is in district Brits, North West Province.

DMR REF NO: NW 30/5/1/1/2/11048 MP

Area description: A certain portion of portion 1132 of the farm Hartebeespoort B 410 JQ.

The name of the applicant is MINDS EYE PROJECTS (PTY) LTD

We are calling all Interested and Affected parties within the above mention farms to come register their names and concerns in **30 days** from this publication and also to avail themselves on the public meeting which the date and place will be sent to them if they contact the email below.

Meeting Details Date: 21 May 2022

Time: 11am

Venue: Farm Hartebeespoort B 410 JQ

Please register before due date to the following email: tshildzi.ndou@gmail.com or call the following number **073 342 8855**.

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North West Gambling Board

NOTICE IN TERMS OF SECTION 35  
OF THE NORTH WEST GAMBLING ACT,  
2001 (ACT No. 2 OF 2001), AS AMENDED.

Notice is hereby given in terms of the provisions of section 35 of the North West Gambling Act, 2001 (Act No. 2 of 2001), as amended, that the North West Gambling Board ("the Board") intends to hold public hearings in respect of applications received in terms of the North West Gambling Act, 2001 (Act No. 2 of 2001) as amended.

The public hearings will be held, as follows:

DATE	TIME	VENUE	LICENSEE AND APPLICATION TYPE
26 May 2022	09H00	Seasons Conference and Wedding Venue, Lichtenburg Road, Dihatswane Village, Mahikeng	Consent to procure financial interest in Santosat (Pty) Ltd, Santoscan (Pty) Ltd and Goldrush Slots North West (Pty) Ltd by K2019285410 (Pty) Ltd in terms of section 27A of the Act.
	11H00		Removal of business from licensed premises at Vryburg to other premises at Hebron Mall in terms of section 45 of the Act by Vegas Slots North West Vryburg (Pty) Ltd.
	14H00		Transfer of Site Operator Licence from Hendrik Johannes Joubert trading as Zama Zama Tavern to Anna Johan Joubert in terms of section 44 of the Act.

Kindly note that applicants and persons who lodged representations, as contemplated in terms of the provisions of section 29(2)(b)(i) and (ii) of the North West Gambling Act, 2001 (Act No. 2 of 2001), as amended, will be afforded an opportunity to make oral representations during the hearing.

Enquiries may be directed to **Ms. Morongoa Moss/Mr. Kenny Maloba**, Tel 018 384 3215, Fax: 018 384 2209 or Email: [ceo@nwgb.co.za](mailto:ceo@nwgb.co.za)

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Issued by Mr. Bafana Mabale Acting Chief Executive Officer, North West Gambling Board, Mahikeng.



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OFFICE OF THE MUNICIPAL MANAGER

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Fax: (014) 590 3552  
Email: rbarnard@rustenburg.gov.za

BID NO.	DESCRIPTION	DOC. FEES (NON-REFUNDABLE)	AVAILABILITY OF BID DOCUMENT	EVALUATION CRITERION	CIDB GRADING	ENQUIRIES	CLOSING DATE	COMPULSORY BRIEFING SESSION
RLM/OMM/0074/2021/22	Appointment of a contractor for the construction of Robega roads and stormwater drainage – phase A	R 1000.00 <b>Reference Number:</b> 74+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 6CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 6 CE or higher	<b>TECHNICAL</b> Mr. L. Mokoka 014 590 3098 <a href="mailto:lmokoka@rustenburg.gov.za">lmokoka@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	21 June 2022 at 09h00	N/A
RLM/OMM/0098/2021/22	Appointment of a contractor for the construction of Robega roads and stormwater drainage – phase B	R 1000.00 <b>Reference Number:</b> 98+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 6CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 6 CE or higher	<b>TECHNICAL</b> Mr. L. Mokoka 014 590 3098 <a href="mailto:lmokoka@rustenburg.gov.za">lmokoka@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	21 June 2022 AT 11H00	N/A
RLM/OMM/0099/2021/22	Appointment of a contractor for the construction of Robega roads and stormwater drainage – phase C	R 1000.00 <b>Reference Number:</b> 99+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 6CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 6 CE or higher	<b>TECHNICAL</b> Mr. L. Mokoka 014 590 3098 <a href="mailto:lmokoka@rustenburg.gov.za">lmokoka@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	22 June 2022 AT 09H00	
RLM/OMM/0075/2021/22	Appointment of a contractor for the construction of Tlaseng roads and stormwater drainage – phase A	R 1000.00 <b>Reference Number:</b> 75+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 6CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 6 CE or higher	<b>TECHNICAL</b> Mr. L. Mokoka 014 590 3098 <a href="mailto:lmokoka@rustenburg.gov.za">lmokoka@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	22 June 2022 AT 11H00	N/A
RLM/OMM/0076/2021/22	Appointment of a contractor for the construction of Tlaseng roads and stormwater drainage – phase B	R 1000.00 <b>Reference Number:</b> 76+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 6CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 6 CE or higher	<b>TECHNICAL</b> Mr. L. Mokoka 014 590 3098 <a href="mailto:lmokoka@rustenburg.gov.za">lmokoka@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	23 June 2022 AT 09H00	N/A
RLM/OMM/0090/2021/22	Appointment of a contractor for the construction of high mast lights in Kanana – phase A	R 1000.00 <b>Reference Number:</b> 90+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 5EP or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 5 EP or higher	<b>TECHNICAL</b> Ms. U. 014 590 3098 <a href="mailto:umagodla@rustenburg.gov.za">umagodla@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	24 June 2022 AT 09H00	N/A
RLM/OMM/0103/2021/22	Appointment of a contractor for the construction of high mast lights in Kanana – phase B	R 1000.00 <b>Reference Number:</b> 103+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 5EP or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 5 EP or higher	<b>TECHNICAL</b> Ms. U. 014 590 3098 <a href="mailto:umagodla@rustenburg.gov.za">umagodla@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	24 June 2022 AT 11H00	N/A
RLM/DRT/0105/2021/22	Appointment of contractor for the construction of Rustenburg rapid transport station superstructures zone A	R 1000.00 <b>Reference Number:</b> 105+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively. NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 7GB or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 7 GB or higher	<b>TECHNICAL</b> Mr. T. Phiri 014 590 3725 <a href="mailto:tphiri@rustenburg.gov.za">tphiri@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	23 June 2022 @ 11H00	01 June 2022 from 09H00 – 09H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive
RLM/OMM/0089/2021/22	Appointment of a contractor for the construction of high mast lights in Mosenthal/ Ikageng – phase A	R 1000.00 <b>Reference Number:</b> 89+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 4EP or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20)</li></ul>	CIDB grading 4 EP or higher	<b>TECHNICAL</b> Mr. L. Mokoka 014 590 3098 <a href="mailto:lmokoka@rustenburg.gov.za">lmokoka@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	27 June 2022 AT 09H00	N/A
RLM/OMM/0072/2021/22	Appointment of a contractor for the construction of Freedom Park ward 24 roads and stormwater - phase A	R 1000.00 <b>Reference Number:</b> 72+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 7CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 7 CE or higher	<b>TECHNICAL</b> Mr. B. Ngobeni 014 590 3098 <a href="mailto:bngobeni@rustenburg.gov.za">bngobeni@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	27 June 2022 AT 11H00	N/A
RLM/OMM/0073/2021/22	Appointment of a contractor for the construction of Freedom Park ward 24 roads and stormwater - phase B	R 1000.00 <b>Reference Number:</b> 73+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 7CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 7 CE or higher	<b>TECHNICAL</b> Mr. B. Ngobeni 014 590 3098 <a href="mailto:bngobeni@rustenburg.gov.za">bngobeni@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	28 June 2022 AT 09H00	N/A
RLM/OMM/0079/2021/22	Appointment of a contractor for the construction of Kanana roads and stormwater drainage – phase A	R 1000.00 <b>Reference Number:</b> 79+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum qualifying score 70 out of 100</li><li>❖ CIDB grading 7CE or higher Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	CIDB grading 7 CE or higher	<b>TECHNICAL</b> Ms. U. Magodla 014 590 3098 <a href="mailto:umagodla@rustenburg.gov.za">umagodla@rustenburg.gov.za</a> <b>SCM</b> Ms. O. Serole 014 590 3123 <a href="mailto:oserole@rustenburg.gov.za">oserole@rustenburg.gov.za</a>	28 June 2022 AT 11H00	N/A
RLM/DCD/0061/2021/22	Appointment of a service provider for supply and delivery of brush cutters	R 1000.00 <b>Reference Number:</b> 61+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents will be available on E-tender and RLM websites respectively after 5 working days.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	N/A	<b>TECHNICAL</b> Mr. Mokotedi 014 590 3643 <a href="mailto:kmokotedi@rustenburg.gov.za">kmokotedi@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	13 June 2022 @ 09H00	N/A

INVITATION TO BID CONTINUES ON NEXT PAGE





# INVITATION TO BID

# RUSTENBURG LOCAL MUNICIPALITY

## OFFICE OF THE MUNICIPAL MANAGER

P O Box 16, Rustenburg, 0300,  
North West Province, South Africa  
Tel: (014) 590 3550  
Fax: (014) 590 3552  
Email: rbarnard@rustenburg.gov.za

BID NO.	DESCRIPTION	DOC. FEES (NON-REFUNDABLE)	AVAILABILITY OF BID DOCUMENT	EVALUATION CRITERION	CIDB GRADING	ENQUIRIES	CLOSING DATE	COMPULSORY BRIEFING SESSION
RLM/DTIS/0013/2020/21	Re-advert: Appointment of a service provider for the supply and delivery a high voltage test machine and equipment (thumper)"	R 1 000.00 <b>Reference Number:</b> 13+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	N/A	<b>TECHNICAL</b> Mr. E. Phiri 014 590 3259 <a href="mailto:ephiri@rustenburg.gov.za">ephiri@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	13 June 2022 @ 11H00	N/A
RLM/DTIS/0008/2021/22	Re-advert: Appointment of service providers for supply and delivery of streetlight and high mast luminaires to stores as and when required for a period of 3 years	R 1 000.00 <b>Reference Number:</b> 08+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative Evaluation (Document completion and attachment of mandatory documents)</li><li>❖ Consideration of the market analysis</li><li>❖ 80/20 Preference Point Systems (Price = 80 &amp; BBBEE Points = 20</li></ul>	N/A	<b>TECHNICAL</b> Mr. E. Phiri 014 590 3259 <a href="mailto:ephiri@rustenburg.gov.za">ephiri@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	13 June 2022 @ 14H00	N/A
RLM/DCD/0114/2020/21	Re-advert- Appointment of a service provider for the repair to waterproofing and painting at the Old Town Hall, Bojanala and IEC Roofs and installation of gutters at Mpheni House	R 1000.00 <b>Reference Number:</b> 114+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative evaluation (document completion and attachment of mandatory documents)</li><li>❖ CIDB grading 2 SN or higher</li><li>❖ 80/20 preferential point system (price = 80 &amp; BBBEE points = 20)</li><li>❖ Consideration of the market analysis</li></ul>	CIDB grading 2 SN or higher	<b>TECHNICAL</b> Mr. F. Mohammed 014 590 3152 <a href="mailto:fmohammed@rustenburg.gov.za">fmohammed@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	14 June 2022 @ 09H00	01 June 2022 from 10H00 – 10H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive
RLM/DCD/0041/2021/22	Appointment of a service provider to replace windows at Mpheni for a period of 36 months as and when required	R 1000.00 <b>Reference Number:</b> 41+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative evaluation (document completion and attachment of mandatory documents)</li><li>❖ CIDB grading 3 GB or higher</li><li>❖ 80/20 preferential point system (price = 80 &amp; BBBEE points = 20)</li><li>❖ Consideration of the market analysis</li></ul>	CIDB grading 3 GB or higher	<b>TECHNICAL</b> Mr. F. Mohammed 014 590 3152 <a href="mailto:fmohammed@rustenburg.gov.za">fmohammed@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	14 June 2022 @ 11H00	01 June 2022 from 11H00 – 11H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive
RLM/DCD/0062/2021/22	Appointment of a service provider to Refurbish the 8th Floor at Mpheni House	R 1000.00 <b>Reference Number:</b> 62+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative evaluation (document completion and attachment of mandatory documents)</li><li>❖ CIDB grading 3 GB or higher</li><li>❖ 80/20 preferential point system (price = 80 &amp; BBBEE points = 20)</li><li>❖ Consideration of the market analysis</li></ul>	CIDB grading 3 GB or higher	<b>TECHNICAL</b> Mr. F. Mohammed 014 590 3152 <a href="mailto:fmohammed@rustenburg.gov.za">fmohammed@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	14 June 2022 @ 14H00	02 June 2022 from 09H00 – 09H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive
RLM/DCD/0067/2021/22	Appointment of a service provider for the supply and installation of back up water tanks at Mpheni and Civic Center	R 1000.00 <b>Reference Number:</b> 67+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative evaluation (document completion and attachment of mandatory documents)</li><li>❖ 80/20 preferential point system (price = 80 &amp; BBBEE points = 20)</li><li>❖ Consideration of the market analysis</li></ul>	N/A	<b>TECHNICAL</b> Mr. F. Mohammed 014 590 3152 <a href="mailto:fmohammed@rustenburg.gov.za">fmohammed@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	15 June 2022 @ 09H00	02 June 2022 from 10H00 – 10H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive
RLM/DPS/0109/2021/22	Supply and delivery of four (4) skid units for fire Rustenburg Local Municipality	R 1000.00 <b>Reference Number:</b> 109+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative evaluation (document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum requirement score of 100 out of 100)</li><li>❖ 80/20 preferential point system (price = 80 &amp; BBBEE points = 20)</li><li>❖ Consideration of the market analysis</li></ul>	N/A	<b>TECHNICAL</b> Mr. M. E. Ramothwala 014 590 3232 <a href="mailto:mramothwala@rustenburg.gov.za">mramothwala@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	15 June 2022 @ 11H00	02 June 2022 from 11H00 – 11H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive
RLM/DCD/0108/2021/22	Appointment of a service provider for the installation and monitoring of alarm systems for Rustenburg Local Municipality buildings for a period of 36 months	R 1000.00 <b>Reference Number:</b> 108+Company name ABSA <b>Account Number:</b> 122 0000 458 <b>Branch code:</b> 632005	Documents are available on E-tender and RLM websites respectively.  NB! Proof of purchase (Bank Deposit Slip) must be attached upon submission	<ul style="list-style-type: none"><li>❖ Administrative evaluation (document completion and attachment of mandatory documents)</li><li>❖ Functionality (minimum requirement score of 60 out of 100)</li><li>❖ Consideration of the market analysis</li><li>❖ 80/20 preferential point system (price = 80 &amp; BBBEE points = 20)</li><li>❖ Consideration of the market analysis</li></ul>	N/A	<b>TECHNICAL</b> Mr. T. Suze 014 590 3439 <a href="mailto:tsuze@rustenburg.gov.za">tsuze@rustenburg.gov.za</a> <b>SCM</b> Mr. J. Masinga 014 590 3123 <a href="mailto:jmasinga@rustenburg.gov.za">jmasinga@rustenburg.gov.za</a>	15 June 2022 @ 14H00	03 June 2022 from 09H00 – 09H45 @ the Missionary Mpheni House, Rustenburg Local Municipality. Cnr Beyers Naude and Nelson Mandela Drive

1. Bidders must submit both a hard copy document and an electronic tender document in the form of a clearly marked CD or USB for Consideration.

2. Sealed documents marked as per bid number and description, must be placed in the bid box situated in the foyer of the Municipal offices, Missionary Mpheni House, Corner Nelson Mandela & Beyers' Naude Drive, Rustenburg not later than the prescribed closing date, prices will be read out loud in public. Covid-19 regulations must be adhered to during the opening.

3. The municipality will not accept any bid received late.
4. All bids will be evaluated in accordance with the Supply Chain Policy of the Rustenburg Local Municipality, PPPFA and other related legislations. Bids will remain valid for 90 days.

5. The lowest or any bid will not be necessarily accepted, and the municipality reserves the right to accept the whole or part of any bid. The municipality reserves the right to increase or decrease quantities as indicated in the technical specifications. A market analysis will be conducted and taken into consideration to ensure right procurement and quality service delivery.
6. Bid document must comply with the instruction note (Tender Completion and Attachment of Mandatory Documents).

7. Objections or complaints must be submitted in writing to the Municipal Manager at the address stated, and must contain the following:  
(a) reasons and/or grounds for the objection or complaint.  
(b) the way in which the objector or complainant's rights have been affected; and  
(c) the remedy sought by the objector or complainant.

8. Any objection or complaint must reach the Municipal Manager with a 14-day period after award has been made.
- Late objections or complaints will not be entertained.

9. Failure to adhere to all the requirements and instructions stated in the advert and the tender document will lead to disqualification.
- MR. S.V. MAKONA  
MUNICIPAL MANAGER

RUSTENBURG LOCAL MUNICIPALITY | MISSIONARY MPHENI HOUSE | P.O BOX 16 | RUSTENBURG | 0300



**Rustenburg –** Motorists using the N4 are encouraged to be on the lookout for rocks that are being placed on the road by Highway Robbers. The rocks are meant to distract motorists by damaging their vehicles and forcing them to stop. This exposes the motorists to potential dangers such as being shot or hijacked. This warning comes after incidents of this nature were reported on 13 May, as reported in last week's issue. Police spokesperson in Rustenburg, captain Elsabé Augoustides advises motorists using this route against stopping along the road if their car hits a rock or any other object.

“If you can see the rocks on the road, it is better to avoid them,” Augoustides said. “If your car does hit a rock, it is advisable to not stop – even if you damage your car in the process. It is better to repair your car than to expose yourself or your family to danger by stopping,” she added. She further urged motorists to avoid travelling at night. “It is dangerous to drive at night because your visibility is limited. Restrict driving at night to emergency situations if you can and make sure that the doors of the vehicle are locked at all times,” Augoustides concluded.





**Rustenburg** – The Rustenburg Local Municipality (RLM) is investigating why sub-contractors have not yet been paid for the installation of underground pipes along Thabo Mbeki Drive. This follows an incident on Monday 9 May 2022 in which the disgruntled subcontractors prevented municipal employees from going into Missionary Mpheni House by locking all entrances of the building. The subcontractors also demanded money from the municipality and claimed they had not been paid for installing high-density polyethylene (HDPE) underground pipes in October 2021. The incident resulted in municipal employees being told to go home for the day while residents were unable to pay their bills or access any services.

Some of the unpaid workers from companies sub-contracted by Sefako Engineering waited outside the RLM offices for the outcome of deliberations between their representatives and municipality officials.

However, a meeting between the subcontractors and municipal officials led to the reopening of the building and the services resuming the following day. RLM spokesperson Thapelo Matebesi said the municipality does not have a contract with the subcontractors. “The subcontractors are rather contracted to the main contractor, Sefako Engineering. The municipality is thus instituting an audit to verify why subcontractors have not been paid by the main contractor,” Matebesi said. “The reasons of the non-payment will thus be established upon the completion of the audit investigation,” he added.

# Invite to the CPF AGM

**Rustenburg** - The Rustenburg Community Policing Forum's (CPF) annual general meeting (AGM) will take place at 18:00 on Thursday 2 June at the Agapé Church in Cuckoo street. Rustenburg needs strong leadership to fight against crime in partnership with the police. The new committee will be elected during the meeting. The community is cordially invited to attend.

**For more information contact colonel Govender on 082 578 4313.**



VACANCIES | VAKANTE POSTE

## CCI Vacancies

**Centre for Communication Impact (CCI)**, formerly known as Johns Hopkins Health and Education South Africa (JHHESA), has been nominated as the Subrecipient of Global Fund grant under AFSA and Beyond Zero and will be implementing the Adolescents and Young People (AYP) programme in two districts (Bojanala and Thabo Mofutsanyane in Northwest and Free State Provinces respectively) and the Men Having Sex with Men programme in Bojanala district starting April 2022 ending in March 2025. We are recruiting for the following positions, to support implementation in the two Provinces.

Available positions:	ADOLESCENTS & YOUNG PEOPLE (AYP)			MSM
	FREE STATE	NORTH WEST	NORTH WEST	
JOB TITLE	Bethlehem	Ficksburg	Rustenburg	Rustenburg
Provincial Programme Manager	1	-	-	-
Clinical Manager	1	-	1	-
M&E Manager	1	-	1	-
In-school Manager	1	-	1	-
Finance, HR, and Admin Officer	1	-	1	1
Professional Nurse	Multiple	Multiple	Multiple	1
Enrolled Nurse	Multiple	Multiple	Multiple	1
Team Leader (MSM)	-	-	-	Multiple
Senior Social Worker	1	-	Multiple	-
In School Coordinator	Multiple	Multiple	1	-
Social Worker	Multiple	Multiple	Multiple	1
M & E Officer	1	-	Multiple	1
Finance Assistant	1	-	1	-
HR and Admin Assistant	1	-	1	-
Data Capturer	Multiple	Multiple	Multiple	Multiple
Admin Assistant	1	-	Multiple	1
Linkage Officer	Multiple	Multiple	1	Multiple
Care and Support Champion	Multiple	Multiple	Multiple	Multiple
Activity Coordinator	1	1	Multiple	1
Social Auxiliary Worker	Multiple	Multiple	1	Multiple
Ambassador	Multiple	Multiple	Multiple	-
Peer group trainer	Multiple	Multiple	Multiple	Multiple
HTS Counsellor	Multiple	Multiple	Multiple	Multiple
Cleaner	Multiple	Multiple	Multiple	Multiple
Driver	Multiple	Multiple	Multiple	Multiple

**Closing date:**  
The closing date for all applications is 20 May 2022.

For more information on each of the positions, please visit the CCI website at <https://www.ccisa.org.za/vacancies-tenders.html>

**How to Apply (Please follow instructions):**  
Interested candidates should forward a motivation letter (not more than one page) and an updated CV (not more than four pages) to CCI Human Resources at [jobs@ccisa.org.za](mailto:jobs@ccisa.org.za) on or before Friday, 20th May 2022 at 16hrs SAST. The subject line should be the position you are applying for and job location. Submissions which do not follow the above instructions will not be considered.

Due to the expected high volume of applications, only shortlisted and selected for interview candidates will be contacted. No phone calls about these positions will be accepted.

By expressing interest in the positions listed above, applicants are consenting to the Protection of Personal Information Act for their CVs to be share with the relevant people authorized to act on behalf of CCI in the recruitment process.

All CCI contracts are one year renewable upon satisfactory performance, need for the position and availability of funding. CCI reserves the right to withdraw this vacancy at any time as final contracting with the successful candidate is dependent upon agreement with the funder.

## OBPI INCUBATOR (NPC)

Strictly for Bojanala Platinum District Municipality (NW Province)

### VACANCIES

Strictly for candidates residing in Bojanala Platinum District Municipality (NW Province)

**Vacancy - Junior Book-Keeper (6 months contract)**

- Book-keeping or Accounting degree / diploma.
- Minimum of 1 year in Book-keeping in SMME environment.
- Above average admin and Microsoft Excel skills.
- Exposure to accounting software (e.g. Sage/QuickBooks/Xero).
- Salary total cost to company of R7000 per month.
- Send your detailed CV to [admin@obpi-incubator.co.za](mailto:admin@obpi-incubator.co.za), with the **subject/title of your email as Vacancy – Junior Book-Keeper (6 months contract)**.
- Closing date is **27 May 2022**.
- Enquiries on WhatsApp 066 184 8429

**Vacancy - Admin Officer (6 months contract)**

- Business management or relevant degree / diploma.
- Minimum of 1 year in office/general admin or HR environment.
- Above average admin and Microsoft Office skills.
- Salary total cost to company of R7000 per month.
- Send your detailed CV to [admin@obpi-incubator.co.za](mailto:admin@obpi-incubator.co.za), with the **subject/title of your email as Vacancy – Admin Officer (6 months contract)**.
- Closing date is **27 May 2022**.
- Enquiries on WhatsApp 066 184 8429

**Vacancy – SMME Development Officer (6 months contract)**

- Entrepreneurship or relevant degree / diploma.
- Minimum of 1 years in entrepreneurship development environment.
- Above average admin and Microsoft Office skills.
- Salary total cost to company of R7000 per month.
- Send your detailed CV to [admin@obpi-incubator.co.za](mailto:admin@obpi-incubator.co.za), with the **subject/title of your email as Vacancy – SMME Development Officer (6 months contract)**.
- Closing date is **27 May 2022**.
- Enquiries on WhatsApp 066 184 8429

### SERVICE PROVIDERS

Strictly for SMMEs based and mostly operating within Bojanala Platinum District Municipality (NW Province)

**Building renovations**

- A call for expression of interest from small businesses with proven track record who are able to provide general building repairs or refurbishment.
- Minimum requirements are:
  - Registered with CIPC and CSD (Central Supplier Database).
  - Tax compliant.
  - More than 1 year experience in the same field.
- Address and operations within Bojanala Platinum District Municipality (NW Province).
- More than 51% black owned and level 1 BBBEE.
- Advantage, more than 30% youth or women or disabled people ownership.
- Scope of work may include but not limited to; general building repairs, civil work, dry wall offices, 3-phase electrical installation and air-condition installation.
- Send an email to [services@obpi-incubator.co.za](mailto:services@obpi-incubator.co.za) (subject/title of your email as **EOI Building renovations**) on or before **27 May 2022** with details of your company name and registration number, contact person's name and surname, their role in your organisation, cell number and email address (if different to the one used). We will then send you a screening form to be completed. If your business is short-listed, you will then be invited for a site briefing where an RFQ (request for quotation) will be shared.
- Terms and conditions apply.
- Enquiries on WhatsApp 0661848429

**Development of organisational branding**

- A call for expression of interest from small businesses with proven track record who are able to provide branding services.
- Minimum requirements are:
  - Registered with CIPC and CSD (Central Supplier Database).
  - Tax compliant.
  - More than 1 year experience in the same field.
- Address and operations within Bojanala Platinum District Municipality (NW Province).
- More than 51% black owned and level 1 BBBEE.
- Advantage, more than 30% youth or women or disabled people ownership.
- Scope of work may include but not limited to; develop logo, organisational profile, website, letter-head, business cards, presentation template, email signature.
- Send an email to [services@obpi-incubator.co.za](mailto:services@obpi-incubator.co.za) (subject/title of your email as **EOI Development of organisational branding**) on or before **27 May 2022** with details of your company name and registration number, contact person's name and surname, their role in your organisation, cell number and email address (if different to the one used). We will then send you a screening form to be completed. If your business is short-listed, you will then be sent an RFQ (request for quotation) via email.
- Terms and conditions apply.
- Enquiries on WhatsApp 0661848429

### INCUBATION

Strictly for SMMEs based and mostly operating within Bojanala Platinum District Municipality (NW Province)

**A Call for Expression of Interest to be part of the Minerals Value-Chain Incubator**

- A call for expression of interest from small businesses operating in the mining sector to be part of a support program to contribute efforts to improve business revenue, profitability and growth prospects.
- Minimum requirements are:
  - Registered with CIPC.
  - Tax compliant.
  - More than 1 year in operation within the granite and other minerals value-chain (mining, processing, retail, providing specific goods or services within the value-chain)
- Address and operations within Bojanala Platinum District Municipality (NW Province)
- Annual turnover of less than R10m
- More than 51% black owned and level 1 BBBEE
- Advantage, more than 30% youth or women or disabled people ownership.
- Benefit/s of being part of the Incubator: 12 months program with access to services and support at discounted prices, these may include but not limited to selected workshop services, shared offices, trade development, facilitation of access to funding, back-office services and entrepreneurship training.
- Send an email to [incubation@obpi-incubator.co.za](mailto:incubation@obpi-incubator.co.za) (subject/title of your email as **EOI Incubation**) on or before **27 May 2022** with details of your company name and registration number, contact person name and surname, their role in your organisation, cell number and email address (if different to the one used). We will then send you a screening form to be completed. If your business is short-listed, you will then be invited to submit detailed documentation to evaluate suitability to the next stage.
- Terms and conditions apply.
- Enquiries on WhatsApp 0661848429





# Flock to Marion 2022 - BirdLife Rustenburg

Wandering Albatross, with a wingspan of up to 3.5m.

**Rustenburg** – Thirteen members of BirdLife Rustenburg took a once-in-a-lifetime trip to the Prince Edward Islands during the Flock to Marion 2022 arranged by BirdLife South Africa in January 2022. When the MSC Orchestra neared the Prince Edwards Island, the sky was full of seabirds and the number and diversity was mind-blowing. For much of the day the ship was accompanied by dozens of Wandering Albatrosses, tens of Sooty Albatrosses, and other sought-after species such as Light Mantled and Grey-headed Albatrosses as well as Grey-backed Storm Petrels, Blue Petrels and hundreds of other seabirds.

Closer to home, on Saturday 21 May, BirdLife Rustenburg will host a self-drive outing to Pilanesberg National Park. Members will meet at the Bakubung Gate at 06:30. Please confirm with Helen Badenhorst (on 083 621 1808) if you will be joining the outing. Gate entrance is R40 per vehicle, R80 for adults and R40 for pensioners – children 11 years and younger pay only R30. The route will depend on road conditions. Please bring your own refreshments and a picnic lunch. Feel free to contact our chairperson, Shaun McGillewie, on 083 702 1462 should you wish to learn more about BirdLife Rustenburg.

## Royal Bafokeng and Impala Rustenburg partner to develop sport skills

**Phokeng/ Rustenburg** – Royal Bafokeng Sports and Impala Rustenburg are proud to announce their partnership in supporting the Metshameko Programme. They will collaborate for a one-year period to help develop sport skills and instil a love for sport in primary and high school learners. The initiative is not limited to schools surrounding their operations. A ceremony to officiate the partnership was held on Saturday 14 May 2022. The Metshameko Programme is a sustainable implementation plan for sports. The programme is already in its sixth year of operation. The programme is expected to impact more than 1,950 children involved in football and netball in the u/13 and u/17 divisions. Eugene Thipe, head of Royal Bafokeng Sports, said: “We are delighted to partner with Impala in supporting the Metshameko Programme. These kinds of partnerships and this spirit of working together ensure that our children realise their full potential.” Mark Munroe, chief executive of Impala Rustenburg, about their vision for the programme: “Investment in sport is deeply entrenched at Impala. Within our internal family of staff, we have been supporting teams and individuals for more than 15 years. At the same time, we support 33 primary and secondary schools in the communities adjacent to our operations through various projects.

We are grateful to the Metshameko Programme for this opportunity to partner with Royal Bafokeng and to marry our belief in the power of sport with our long-established initiatives aimed at developing the youth in our local communities. Organised, well-structured youth sports programmes provide children with valuable life lessons that go above and beyond the physical health benefits.”



The Metshameko Programme will benefit learners playing football and netball in the u/13 and u/17 divisions.

## Impala to fight on!



Trevor Visser assesses the situation with the ball before deciding on his next move.

**Rustenburg** – Impala Rugby Club’s three teams had a disappointing outing in Pretoria on 14 May 2022 when they lost to Harlequins. Impala’s first team lost 61-14 while the second and third teams also went down by 58-12 and 56-0 score-lines respectively. The week before, on Saturday 7 May, Centurion Rugby Club proved too strong for Impala when the two teams met in an action-packed World Sports Betting Carlton Cup match at Impala’s home grounds. Despite a spirited display of purposeful and aggressive rugby, Impala lost the match to a very formidable Centurion by a 71-10 margin. Impala coach Joel Scherman said a lot of lessons were learnt by both the players and the coaches from the defeat. “There is a huge difference between the President’s League and the Carlton League – and Centurion proved to be more experienced than us at this level,” Scherman said. Next up, Impala will play against Grizzlies in Pretoria and will be hoping for better fortunes this time around.



Jacobus du Plessis ready for the lineout.

“These include boosting self-esteem, building leadership qualities, and teaching children how to work as a team. Sport can be a gamechanger in a young person’s life and investing in the youth can change the future of our country.” A total of 42 primary schools and 23 secondary schools will be participating in the season-long programme, which was officially launched on 14 May 2022 with the start of the league matches. School holiday camps and tournaments will be held

in the June and September holidays, and in July a Metshameko squad will compete in the Netball South Africa Junior National Championships. This jam-packed sporting year will conclude with a Championship Festival and the League Finals in October 2022. In addition to the 1,950 children who will be impacted by the programme, it is expected that more than 140 teacher coaches, 30 volunteer coaches and 45 umpires will benefit from the programme.

## Get your start-up off the ground with FNB First Business Zero.

**Looking to start your own business?** Get FNB’s First Business Zero account, a low cost account and more, to give you the help and support you need while starting out.

With First Business Zero, you get zero monthly account fee, mahala unlimited card swipes and no charge for withdrawing cash at the till. Plus you get a free FNB Connect SIM for your business to stay connected. You also get access to QR Speedpoint® on the FNB App, which allows you to get paid anytime, anywhere. You simply generate a QR code that your customers can scan to pay you on the spot, or you can send the QR code for them to pay you from wherever they are. See why First Business Zero is a game changer for your business? Not only does it help you save on start-up costs, First Business Zero is a digital solution specifically designed to allow you to run your business from anywhere through the FNB App.

Opening a First Business Zero Account is simple. Download the FNB App, select ‘First Business Zero Account’, upload your documents and start transacting.

First Business Zero is more than just a bank account. It’s the kickstart your start-up needs to get off the ground.



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Advertorial



# EMERGENCY NUMBERS

**KIDS!**  
FILL IN AND  
KEEP CLOSE!

My Mommy's number: \_\_\_\_\_

My Daddy's number: \_\_\_\_\_

My Doctor's number: \_\_\_\_\_

Friend/ Family  
member's number: \_\_\_\_\_

## SAPS

Rustenburg SAPS Radio Control Centre 014 590 4115/6/7

Rustenburg SAPS Community Service Centre 014 590 4126/27/39

SAPS Boitekong 014 593 6001/6002/ 6003

SAPS Emergency (cell phones only) 112

SAPS Marikana 014 572 3143

SAPS Rustenburg 014 590 4116

SAPS Tlhabane 014 565 9154

## AMBULANCE

Ambulance / Metro Control Room 014 784 4100

Ambulance / Metro Control Room (provincial) 014 777 3500

## MEDICAL EMERGENCY

Med 24/7 (Private) 086 177 7761

ER24 084 124

NetCare 911 082 911

Trauma Rescue 014 594 0689

Ferncrest Hospital (Emergencies) 014 568 4339/8

Peglerae Hospital (Casualties) 014 597 2823

## HOSPITALS

Ferncrest Hospital 014 568 4399

Job Shimankana Tabane (JST) provincial hospital 014 590 5100

La Femme Clinic 014 594 9500

RusMed 24 014 523 9378/9351

## PEST CONTROL

Bee Removal 061 657 6085

## CLEANING SERVICES 24/7

CIA Crime Incident Accident 079 498 7606

## FIRE

Fire Department 014 590 3232/ 3333/ 3444

## RTB LOCAL MUNICIPALITY

RLM Accounts Queries 014 590 3111/3090

RLM Emergencies (Fire Dept.) Press 3

RLM Customer Care Supervisor Press 2

## WATER

Water Problem Helpline 014 590 3111

## ELECTRICITY

Electricity Helpline 014 565 1042

Eskom National Line 086 003 7566

## ROAD AND TRAFFIC

Bakwena N4 Toll Road 080 022 5936

Traffic Control Room (Rustenburg) 014 590 3221



## Have your say / Sê jou sê

**Poll: Do you think women are more temperamental than men?**

A temperamental person is someone whose mood often changes very suddenly.



Yes! As a woman, I definitely think I'm more temperamental than many men; I don't know why.

**Moleboheng Makhapha**



Yes. Women are definitely more temperamental than men. I think as women, we are created in a certain way that makes us behave like that.

**Anne-Marie Pieterse**

## PUBLIC POLL: THE RESULTS ARE IN!

Do you think women are more temperamental than men?

**NO 42% YES 58%**



Send your event listing to [news@platinumweekly.co.za](mailto:news@platinumweekly.co.za) \*\* Free Placement!

## PLATINUM EVENT DIARY

Pairing Evening - Beer & Pizza	19 May '22	Rustenburg: Jomp Brewing Company	074-428-6357
Paint & Wine	19 May '22	Rustenburg: Mitsos	084-785-3598
BirdLife Rustenburg Self-Drive Outing and Picnic	21 May '22	Rustenburg: Pilanesberg National Park	083-621-1808
Arno Carstens LIVE	21 May '22	Rustenburg: 2Riviere Kroeg en Rooster	082-952-0548
Chris Else - Jaco Fourie Fondsinsameling	20 May '22	Rustenburg: Tarentaal Teater	083-865-9585
Waldo Lotz	20 May '22	Rustenburg: Buffelspoort - Buffalo Grill	iTickets
Pa en seun naweek	20-22 May '22	Beestekraal: Sediba Kwêle Adventure Camp	081-801-5600
Botter Live	22 May '22	Rustenburg: Buffelspoort - Buffalo Grill	iTickets
Pierre Du Preez Live	27 May '22	Rustenburg: Buffelspoort - Buffalo Grill	iTickets
Bier-fees	27-29 May '22	Rustenburg: Omaramba Holiday Resort	014-572-3004

	8	4						6
7				8	3			
					7		4	8
	1					9	5	
		3	2	4				
		6			1	3		4
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				5		4	7	
8			3	7		1		
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6						7	5	
	2			8				7
1	6			4		5		
			9		6	4	8	1
4		1				9		
					5	8	4	
			3	4				6

## SUDOKU



### WEATHER REPORT NORTH WEST

#### RUSTENBURG

Thursday	19 MAY 2022	22°C - 08°C	5%
Friday	20 MAY 2022	22°C - 07°C	52%
Saturday	21 MAY 2022	13°C - 07°C	42%
Sunday	22 MAY 2022	19°C - 07°C	24%
Monday	23 MAY 2022	21°C - 07°C	17%

At time of print

## SOULFOOD

### PSALM 16

**The Hope of the Faithful, and the Messiah's Victory - A Michtam of David.**

16 Preserve me, O God, for in You I put my trust.  
2 O my soul, you have said to the Lord, "You are my Lord, My goodness is nothing apart from You."  
3 As for the saints who are on the earth, "They are the excellent ones, in whom is all my delight."  
4 Their sorrows shall be multiplied who hasten after another god; Their drink offerings of blood I will not offer, Nor take up their names on my lips.  
5 O Lord, You are the portion of my inheritance and my cup; You maintain my lot.  
6 The lines have fallen to me in pleasant places; Yes, I have a good inheritance.  
7 I will bless the Lord who has given me counsel; My heart also instructs me in the night seasons.  
8 I have set the Lord always before me; Because He is at my right hand I shall not be moved.  
9 Therefore my heart is glad, and my glory rejoices; My flesh also will rest in hope.  
10 For You will not leave my soul in Sheol, Nor will You allow Your Holy One to see corruption.  
11 You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore.

NEW KING JAMES VERSION (NKJV)

USD / ZAR	15.9306
EUR / ZAR	16.7621
GBP / ZAR	19.7575
AUD / ZAR	11.1551
Yuan / ZAR	2.3612
USD / EUR	0.9503
USD / GBP	0.8061
Bitcoin / USD	29323.1
Ethereum / USD	1984.77
Gold \$/oz	1 812.88
Platinum	934.65
Brent	112.54
Palladium	2 029.53
Silver	21.61



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## POLL

**Do you check food labels before you buy it?**

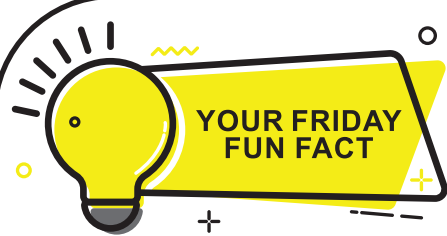
Food labels can help you to distinguish between unhealthy and healthier options. Does this really play a role when you do grocery shopping? Make yourself heard by sending an email to [news@platinumweekly.co.za](mailto:news@platinumweekly.co.za) or a WhatsApp to 081 579 7000 with the following information before 17:00 on Tuesday

24 May:

- Yes, I check food labels before I buy it,
- No, I don't check food labels before I buy it.
- The reason for your answer.
- A recent photo of yourself (optional) – that we can publish with your answer.
- Your contact details.

If you don't want your answers to be in the newspaper, just reply to the question: YES/ NO. The results of the votes will be published in our next issue.

**PS – You can also give your opinion by commenting on our Facebook post.**



### Did you know?

There are more bones in the neck of a sloth than a giraffe. There are seven vertebrae in the neck of a giraffe while sloths have 10 vertebrae.



Meet Mr. Sloth!



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# Race to the sun!

**Sun City/ Rustenburg** – It was a hive of activity on Saturday 7 May as members of the Rustenburg Cycling Club (RCC) took part in the popular Race to the Sun competition. The race is a rigorous 157km gravel and mountain bike journey from Hartbeespoort to Sun City. Darryl Thompson performed well by completing the race in a time of 5:43 while Justin Brown crossed the finishing in a time of 5:50. JP Stringer (6:26), Morne Petzer (5:50), Sharon O'Reilley (8:32) and Johan van der Merwe (8:32) – who are also members of the RCC – enjoyed a good race. Special mention goes to Hennie Fourie (6:15), Charl Odendaal (06:06) and Danie Lombaard (6:18) for performing well in the Grand Master category.



From left: Darryl Thompson, Justin Brown, JP Stringer, Danie Lombaard and Morne Petzer.



From left: JP Stringer, Sharon O'Reilley and Johan van der Merwe.



From left: Hennie Fourie and Charl Odendaal.



From left: Justin Brown and Morne Petzer.



Danie Lombaard.



Impala Rugby Club's Vixens team.

## Vixens lose to Ikageng

**Rustenburg** – The Impala Women Rugby team, the Vixens, was eliminated from the North West provincial playoffs after losing 110-0 to Ikageng on Saturday 14 May in Potchefstroom. "We tried our best but unfortunately we lost to a better team," fullback Sandra Coetzee told *Platinum Weekly*. This was the second time that the two teams squared up against each other. They played to a 10-10 draw at the Impala Sports grounds on Saturday 2 April 2022. Vixens coach Trevor Vissier together with his assistant Peet van Niekerk are at the forefront of reviving women's rugby at the club. Vissier urged more women from Rustenburg who are interested in playing rugby to join their club. "We have about 30 players training with us at the moment but others who would like to be considered are more than welcome to attend our practice," he said. **For more information contact Trevor Vissier on 063 635 9378.**

## Cycling runs in the Luyt family!

**Rustenburg** – Tamlyn and Richard Luyt thoroughly enjoyed competing in the Gauteng XCO #4 on Saturday 7 May 2022 at Vanderbijlpark. Their performance not only did the Rustenburg Cycling Club (RCC) proud but also proved that cycling runs in the family! A big well done to Tamlyn for finishing first in the youth division. Richard also put in a commendable performance and managed to finish third in his category.



Richard Luyt finished third in his category.



Tamryn Luyt performed exceptionally well in the Gauteng XCO #4.



Richard (right) and Tamlyn Luyt enjoyed competing in the race.

## Battle to avoid relegation heats up!

**SA** – First things first, a big well done to Orlando Pirates for qualifying for the CAF Confederations Cup! Pirates has once again proved a force to be reckoned with in Africa and we wish them all the best on Friday 20 May when they take on Moroccan club RS Berkane in Uyo, Nigeria. It will be a momentous occasion for South African football if the Soweto giants manage to bring the continental cup home.

On the domestic football front, the battle to avoid being related to the National First Division (NFD) is going down the wire as the curtain begins to come down on this year's PSL campaign. The team that finishes at the bottom of the log will be automatically relegated to the lower tier league while the 15th placed side will participate in playoffs with teams from the NFD. The outcome of the playoffs will decide if they still compete in the PSL during the 2023 season. As things stand, Maritzburg United, TS Galaxy, Moroka Swallows and Baroka FC are all in danger of being relegated. Trying to avoid relegation always produces the very best in terms of the standard of football and that is why most of the games this weekend promise to be entertaining. While Baroka will feel they have a chance of collecting maximum points against Maritzburg when the two teams face each other on 21 May, Swallows have a tough match against a resurgent Kaizer Chiefs team that is looking to finish the season on a high note. Catch your favourite team in action and enjoy the games.

**Saturday 21 May fixtures:**  
Maritzburg United will play against Baroka FC at Harry Gwala Stadium while Kaizer Chiefs and Moroka Swallows do battle at FNB Stadium. Stellenbosch United will play against Cape Town City at Danie Craven Stadium and AmaZulu will take on Golden Arrows at Moses Mabhida Stadium. Chippa United will play against TS Galaxy at Nelson Mandela Bay Stadium while Marumo Gallants will be up against Sekhukhune United at Peter Mokaba Stadium. Royal AM will play against Mamelodi Sundowns at Chatsworth Stadium in the final match of what should be an action-packed day of football. Kick-off for all matches is at 15:00.







# A day in the life of a woman rugby player



From left: Trevor Visser, Abigail Maritz (Vixens vice-captain), Lyne Raats (Vixens captain), Angelique Vierra, Sapokazi Mlatsha, Peet van Niekerk

**Rustenburg** – Having a daytime job and captaining a rugby team is a very difficult juggle to accomplish. But imagine having a daytime job, captaining one rugby team and playing for a second one at the same time!

Well, this is what the captain of Impala rugby club's women team Lyne Raats has been doing since April 2022.

Raats – together with Angelique Vierra, Abigail Maritz and Sapokazi Mlatsha – were included in the Leopards Women Senior Rugby squad that will compete in the inter-provincial SA league from 18 June.

While the four have all made Impala Rugby Club proud, the achievement also complicates their schedule. They have to travel from Rustenburg to Klerksdorp at least twice a week to train with the provincial team.

"It was very exciting when my name was called out among those who qualified for the Leopards," Raats said. Apart from playing rugby, Raats also works at a therapy centre in Rustenburg.

"On Tuesdays and Thursdays, we train with the Impala Rustenburg Vixens team, and on Wednesdays and Saturdays, we train with the Leopards," she added.

### Curriebeker 2022

#### Bulls vs Lions

Op Fort Loftus wen die Bulle dramaties in die doodsnikke van die *game*. Die Leeus was met rustyd 35-17 agter. Met 'n reuse terugveg poging slaag hulle daarin om 38-37 terug te kom in die *game*.

Maar o aarde ou grote, die Leeus se *cappie* Burger Odendaal, gooi toe die bal per ongeluk in die Leeus se doelgebied... reg in Richard Kriel van die Bulle se hande – wat toe natuurlik die bal neersit vir die finale spyker in die kis.

'n Hartseer dag vir die Leeus. Dit was juis Burger se laaste *game* vir die Leeus en dit is ook die tiende agtereenvolgende pakslae vir die Jo'burgers. Die Bulle wen 43-37 en kwalifiseer dan vir 'n tuis semi-finaal.

#### Cheetahs vs Sharks

Die Vrystaters bly onoorwonne en klop die Haaie gemaklik 44-15 in die Rosestad. Met hierdie goeie

oorwinning is die Cheetahs dan ook verseker van 'n tuis semi-finaal en indien hulle dit wen... dan 'n tuis-finaal.

#### Pumas vs WP

In Nelspruit behaal die Streeptruie hul tweede oorwinning van die seisoen en wen naelskraap 23-17 teen die Pumas. Die Pumas kon net nie aan die gang kom nie, en sal nou moet uithaal en wys om in die top vier te eindig.

#### Bepalings:

**Vrydag 27 Mei**

- Bulls 19:00 Pumas

**Saterdag 28 Mei**

- Griekwas 14:30 Cheetahs
- Lions 17:00 WP

**Nag ou grote...**

naweek beslis in Europa. Die kwart-finaal sal op 4 Junie uitgespook word tussen die top agt spanne.

#### Bepalings:

**Vrydag 20 Mei**

- Benetton 19:00 Cardiff
- Ulster 20:35 Sharks
- Ospreys 21:00 Bulls

**Saterdag 21 Mei**

- Dragons 16:00 Lions
- Connacht 18:00 Zebre
- Scarlets 18:10 Stormers
- Edinburgh 19:30 Glasgow Warriors
- Leinster 20:15 Munster

**Nag ou grote...**

### Super Rugby Pacific 2022

Die Kiwi spanne speel baie beter *ruggas* en piets die Aussies die afgelope naweek ou grote.

#### Uitslae:

- Highlanders 61-10 Force
- Brumbies 26-37 Crusaders
- Fijian Drua 34-19 Moana Pacifica
- Blues 53-26 Reds
- Waratahs 18-22 Hurricanes
- Rebels 30-33 Chiefs

#### Bepalings:

**Vrydag 20 Mei**

- Crusaders 09:05 Fijian Drua
- Reds 11:45 Moana Pacifica

**Saterdag 21 Mei**

- Chiefs 06:35 Force
- Hurricanes 09:05 Rebels
- Brumbies 11:45 Blues

**Sondag 22 Mei**

- Highlanders 05:35 Waratahs

**G'night mate...**

# FOOD TOWN HYPER RUSTENBURG

**SAVE A LOT**

**PRICE LOCK SAVINGS**

@TRANS Shopping Mall

PROMO VALID UNTIL 23 MAY 2022

**Lean Mince P/Kg 84<sup>99</sup>**

**Traditional Boerewors P/Kg 87<sup>99</sup>**

**Pork 3kg 139<sup>99</sup>**

**Oranges Bag 7kg 29<sup>99</sup>**

**POTATOES 4kg + Tomatoes 1kg BOTH FOR 44<sup>99</sup>**

**Exello Washing Powder 2kg 32<sup>99</sup>**

**Chubby Chick Mixed Portions 2kg BUY 2 FOR R135 (R67.50 EACH)**

**Darling Amasi 2lt 21<sup>99</sup>**

**Almore Eggs Large 30's 51<sup>99</sup>**

**Unity FULL CREAM MILK ALL FOR R99**

**WHITE STAR PASTA**

**Spekko**

**Unity UHT 3x1lt + White Star Maize Meal 2.5kg + Pasta Grande Macaroni 2x500g + Spekko Rice 2kg**

CNR FATIMA BHAYAT & KLOPPER STREET, RUSTENBURG. TEL: 014 597 4282

MON - FRI: 08:00 - 18:00. SAT: 08:00 - 16:00. PUBLIC HOLIDAYS & SUNDAY: 09:00 - 14:00.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. VALID WHILE STOCKS LAST. PICTURES ARE FOR ILLUSTRATION PURPOSES. ALL PRICES INCLUDE VAT. E & OE



# Dis-Chem PHARMACIES



Softi  
2-Ply Facial  
Tissues  
4 x 200-pack  
**64<sup>95</sup>**  
per pack

**2+1**  
CHEAPEST  
FREE  
on ANY Bio-Oil  
products

Bio-Oil  
Skincare  
Oil (Natural)  
125ml

**219<sup>95</sup>**  
each

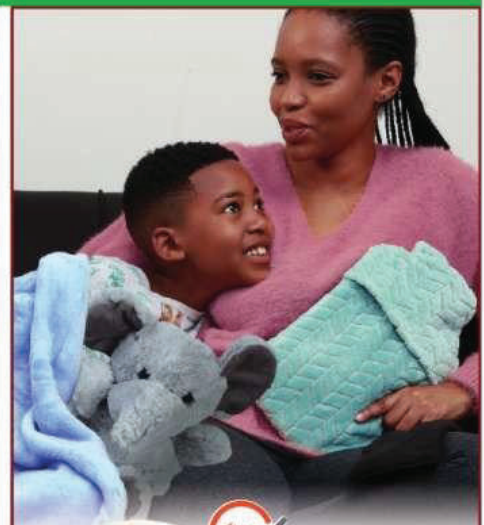


Bio-Oil  
Skincare  
Oil  
200ml

**249<sup>95</sup>**  
each

## HOT Winter BUYS

19 May to 19 June 2022



**Elektra**  
Ultrasonic Cool  
Steam Humidifier

- 5-litre tank
- Eco-friendly
- On/off & adjustable mist control
- Detachable water tank

**809<sup>95</sup>**



Skin eFX  
Foam Bath  
1 litre  
Assorted

Shower to  
Shower  
Body Wash  
500ml  
Assorted

1 FOR 34<sup>95</sup>  
2 FOR 52<sup>00</sup>  
SAVE 17<sup>90</sup>



1 FOR 44<sup>95</sup>  
2 FOR 75<sup>00</sup>  
SAVE 14<sup>90</sup>



Mr. Sheen  
Dishwashing  
Liquid  
750ml

1 FOR 23<sup>95</sup>  
2 FOR 38<sup>00</sup>  
SAVE 9<sup>90</sup>



Mr. Sheen  
Multi  
Surface  
Cleaner  
Value Pack  
2 x 300ml

**39<sup>95</sup>**  
per pack

\*Advertised price  
already reflects discount



Baylis & Harding  
Black Pepper  
& Ginseng Men's  
Gift Set

Contains: Hair & Body  
Wash 300ml  
Shower Gel 200ml

**275<sup>00</sup>**  
per pack



CeraVe  
Moisturising  
Lotion  
236ml

**199<sup>95</sup>**

CeraVe  
Foaming  
Cleanser  
236ml

**199<sup>95</sup>**

CeraVe  
Moisturising  
Cream  
340g

**249<sup>95</sup>**



Vichy  
Mineral 89  
30ml

**200<sup>00</sup>**

Vichy  
LiftActiv  
Collagen  
Specialist  
50ml

**436<sup>00</sup>**

Vichy  
LiftActiv  
Supreme  
H.A. Epidermic  
Filler  
30ml

**448<sup>00</sup>**

\*Advertised prices already reflect discount



BioNike ProXera  
Nourishing  
Hand Cream  
75ml

**79<sup>20</sup>**

BioNike ProXera  
Body Emulsion  
400ml

**180<sup>00</sup>**

BioNike ProXera  
Shower Cream  
300ml

**116<sup>00</sup>**

\*Advertised prices already reflect discount



Polaroid  
Wireless Earbuds  
333344001/2/3/4

- Built-in mic for hands-free calling
- 10m transmission distance
- 2-3 hours playing time
- 100 hours standby time
- Rechargeable polymer battery

**239<sup>95</sup>**  
each



Oud  
Extreme  
EDT 100ml

**556<sup>00</sup>**

\*Advertised prices already reflect discount



Polaroid  
Full-Touch Fit Watch  
334605001/002

- Heart rate monitor
- Pedometer
- Multi sports modes
- Music control
- Remote camera function
- Available in black OR pink

**569<sup>95</sup>**

## LOVE YOU DAD HAPPY FATHER'S DAY

19 June 2022



INSTANT  
DISCOUNT  
**15% OFF**

Heat Holders  
Thermal  
Underwear  
Long Sleeve  
Vest  
Assorted sizes  
& colours

**279<sup>95</sup>**  
Benefit Price  
**237<sup>96</sup>**



INSTANT  
DISCOUNT  
**15% OFF**

Heat Holders  
Thermal  
Underwear  
Long Johns  
Assorted sizes  
& colours

**269<sup>95</sup>**  
Benefit Price  
**229<sup>46</sup>**



INSTANT  
DISCOUNT  
**15% OFF**

Heat Holders  
Men's Warm  
Wishes  
Gift Boxed Socks

**139<sup>95</sup>**  
per pair  
Benefit Price  
**118<sup>96</sup>**  
per pair



INSTANT  
DISCOUNT  
**30% OFF**

Philips  
OneBlade Face 4  
Stubble  
228110  
• 4 x click-on  
stubble combs  
• 60-minute run-time

**1049<sup>95</sup>**  
Benefit Price  
**679<sup>95</sup>**

\*Instant discounts to be deducted when swiping your Dis-Chem Benefit Card





# Winter WARMERS

Winter is here, which means it's time to keep warm and protect your body from the cold. Dis-Chem Pharmacies has a wide variety of winter warmers on offer from socks to blankets, gloves, slippers & more to ensure you and your family keep cosy.



## INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za), or WhatsApp "Hi" to 086 034 7243 and follow the easy steps.



### BEANIES & NECK WARMERS



Beanie for Men  
Assorted colours

**139<sup>95</sup>**  
Benefit Price  
**118<sup>96</sup>**

Ladies' Beanies OR Neck Warmers  
Assorted colours

**139<sup>95</sup>**  
Benefit Price  
**118<sup>96</sup>**



SOCKSHOP®  
**Heat Holders**

INSTANT DISCOUNT

**15%\***  
OFF

### BLANKETS



Snuggle Ups  
Oversized  
Luxury Blanket  
Assorted colours

**399<sup>95</sup>**  
Benefit Price  
**339<sup>96</sup>**



Snuggle Ups  
Plush Throw  
Assorted colours

**499<sup>95</sup>**  
Benefit Price  
**424<sup>96</sup>**

### GLOVES & SOCKS



Gloves for Men  
OR Women  
Assorted colours

**149<sup>95</sup>**  
Benefit Price  
**127<sup>46</sup>**



The Ultimate  
Thermal Socks  
Assorted colours & sizes

**119<sup>95</sup>**  
Benefit Price  
**101<sup>96</sup>**



Slipper Socks  
for Ladies  
Assorted colours & sizes

**119<sup>95</sup>**  
Benefit Price  
**101<sup>96</sup>**



Ankle Slipper Socks  
for Men  
Assorted colours & sizes

**99<sup>95</sup>**  
Benefit Price  
**84<sup>96</sup>**



Lounge Ladies' Feather Turn Over  
Cuff Socks  
Assorted colours & sizes

**149<sup>95</sup>**  
Benefit Price  
**127<sup>46</sup>**

\*15% instant discount to be deducted when you swipe your Dis-Chem Benefit Card



Basics  
Microfiber Fleece Blanket  
Assorted colours and sizes

Small **189<sup>95</sup>**  
Medium **259<sup>95</sup>**  
Large **299<sup>95</sup>**



SAVE  
**15<sup>00</sup>\***  
each

Elektra  
Comfort Electric  
Hot Water Bottle  
Assorted colours

**109<sup>95</sup>**  
each

\*Advertised price already reflects discount



Warm Me Up  
Re-Usable  
Pocket Size Warmer  
Assorted  
FROM  
**29<sup>95</sup>**  
each



Warm Me Up  
Microwaveable  
Heat Pack  
Assorted colours and  
characters

**149<sup>95</sup>**  
each



Warm Me Up  
Hot Water Bottle  
with Cover  
2 litres / Assorted  
FROM  
**159<sup>95</sup>**  
each



Warm Me Up  
Foot Warmers  
Assorted colours  
& characters

**219<sup>95</sup>**  
each



Gear  
Men's Slippers  
Assorted colours, sizes and styles

**199<sup>95</sup>**  
per pair



Gear  
Slipper Boots  
Assorted colours,  
sizes and styles

**219<sup>95</sup>**  
per pair



## ELECTRIC BLANKETS

ELEKTRA<sup>™</sup>  
comfort

## ELECTRIC BLANKET RANGE

- Detachable Controls
- Hand Wash Only
- Low Electricity Usage
- Heating & Safety System

PLATINUM RANGE



### Plush Fur Electric Blanket

- Fitted Blanket

Single	1243	649 <sup>95</sup>
Double	1244	959 <sup>95</sup>
Queen	14840	1049 <sup>95</sup>
King	1245	1099 <sup>95</sup>

LUXURY RANGE



### Lux Soft Electric Blanket

- Fitted Blanket

Single	21516	519 <sup>95</sup>
Double	21517	739 <sup>95</sup>
Queen	1228	849 <sup>95</sup>
King	14787	889 <sup>95</sup>

CLASSIC RANGE



### Classic Electric Blanket

- Tie-down Blanket

Single	74003	349 <sup>95</sup>
Double	74002	539 <sup>95</sup>

## HEATERS

GOLDAIR



### Quartz 3-Bar Heater

- 3-bar oscillator quartz heater
- Safety tip-over switch
- Cool touch cabinet

379<sup>95</sup>



### Quartz 2-Sided Heater

- 1600W power
- 4 heat settings
- Safety tip-over switch
- Overheat protection

699<sup>95</sup>



### Fan Heater

- 2 heat settings: 1000W/2000W
- Cool touch plastic housing
- Adjustable thermostat
- Safety cut-out
- Pilot light
- Overheat protection
- Integrated carry handle
- 230V~50Hz 2000W

239<sup>95</sup>

\*Advertised prices already reflect discounts



ELEKTRA<sup>™</sup>

### Fan Heater

- Overheat protection
- Adjustable thermostat
- Fan & 2 heat settings
- Cool/warm/hot air selection

239<sup>95</sup>



### Aero-Heat Bladeless Fan Heater

- Remote control
- 6 different mood/night lights
- Soft touch panel with adjustable thermostat

1449<sup>95</sup>



### 7 Fin Oil Heater

- 3 heat settings
- Compact & elegant
- Overheat protection system
- Adjustable thermostat control

699<sup>95</sup>

\*Advertised prices already reflect discounts

DDUP



Heated Electric Blanket	Single	184225	769 <sup>95</sup>
	Double	184226	999 <sup>95</sup>
	Queen	184227	1199 <sup>95</sup>
	King	184252	1299 <sup>95</sup>

- Soft synthetic wool
- Extra thick blanket
- 3 heat settings
- Detachable connector
- Hand washable

Dis-Chem Pharmacies has a wide range of winter electrical accessories. Shop online and in-store for classic, luxury and premium heaters and electric blankets. Visit [www.dischem.co.za](http://www.dischem.co.za)

Pure Pleasure



### Electric Over Blanket

- 6 heat settings
- Machine washable

1149<sup>95</sup>



### Non-Fitted Tie-Down Electric Blanket

- 3 heat settings
- Protection against overheating
- Economical, costs less than a 60W light bulb to run

Single	386923	249 <sup>95</sup>
3 Quarter	386924	369 <sup>95</sup>
Double	386916	579 <sup>95</sup>
Queen	386917	649 <sup>95</sup>
King	386967	729 <sup>95</sup>

### Electric Heating Pad

- 3 heat settings
- Rapid heat-up
- Cosy fleece material provides superior comfort and warmth

449<sup>95</sup>



DOWNLOAD THE LEGACY LIFESTYLE APP & REGISTER TO WIN

Stand a chance to WIN your share of R50 000 Dis-Chem benefit rewards!

Download on the Play Store

T's & C's Apply

Download on the App Store





# SPOIL DAD THIS FATHER'S DAY

19 June 2022

Exclusive to Dis-Chem



**FREE**  
SuperDry Pacific  
Body Spray 200ml  
valued at 79<sup>95</sup>  
when you purchase  
**ANY** SuperDry  
EDT 100ml  
Fragrance



SuperDry  
EDT 100ml  
Assorted  
**495<sup>95</sup>**



**30%\***  
**OFF**  
Mercedes-Benz  
For Men  
EDT 120ml

Mercedes-Benz  
For Men  
EDT 120ml  
**1225<sup>00</sup>**



**20%\***  
**OFF**  
Rockford Homme  
Wildwhite AND Wildblack  
EDT 100ml  
fragrances

Rockford  
Homme  
Wildwhite  
**OR** Wildblack  
EDT 100ml  
**340<sup>00</sup>** each

\*Advertised prices already reflect discounts



Montblanc  
Legend Red  
EDP 100ml  
**1395<sup>00</sup>**

## NEW FRAGRANCES



Antonio Banderas  
The Icon  
EDP 100ml  
**785<sup>00</sup>**



Jacques Bogart  
Silver Scent  
Infinite Silver  
EDT 100ml  
**575<sup>00</sup>**

NEW

NEW



Tommy Hilfiger  
Impact Spark  
EDT 100ml  
**1140<sup>00</sup>**



Coty  
East West  
Cologne Spray  
100ml  
**276<sup>00</sup>**

**20%\***  
**OFF**  
ALL Coty East West  
products

Coty  
East West  
Cologne  
Spray  
50ml  
**199<sup>96</sup>**



David  
Beckham  
Classic Blue  
EDT 90ml  
**380<sup>00</sup>**

**20%\***  
**OFF**  
ALL David Beckham  
EDT 50ml, 60ml, 75ml  
AND 90ml  
fragrances

David  
Beckham  
Follow Your  
Instinct  
EDT 50ml  
**280<sup>00</sup>**

\*Advertised prices already reflect discounts



Adidas  
Dynamic Pulse  
Gift Set  
EDT 100ml  
**PLUS** Shower  
Gel 250ml  
**220<sup>00</sup>**



Michael Fisher  
Ocean Bleu  
Gift Set  
EDT 60ml  
**PLUS** Deodorant Spray  
125ml  
**PLUS** Toiletry Bag  
**279<sup>95</sup>**



Coty  
Gravity Gift Set  
EDT 100ml  
**PLUS** Watch  
**350<sup>00</sup>**



Dunhill  
Desire Red  
Gift Pack\*  
EDT 100ml  
**PLUS** Desire Red  
Deodorant Spray  
226ml  
**1325<sup>00</sup>**

\*Also available in Dunhill Desire Blue



Montblanc  
Explorer EDP  
Gift Set  
EDP 100ml  
**PLUS** Travel Spray  
7.5ml  
**PLUS** Deodorant Stick  
70g  
**1495<sup>00</sup>**



Jean Paul  
GAULTIER  
Le Male  
EDT 125ml  
**1695<sup>00</sup>**



AZZARO  
Wanted  
EDT 100ml  
**1495<sup>00</sup>**



paco rabanne  
1 Million  
EDT 100ml  
**1635<sup>00</sup>**



ISSEY MIYAKE  
L'Eau d'Issey  
Pour Homme  
EDT 125ml  
**1295<sup>00</sup>**



BVLGARI  
Man In Black  
EDP 100ml  
**2035<sup>00</sup>**



BOSS  
Bottled  
**OR** Tonic  
EDT 100ml  
**1225<sup>00</sup>**



LOVE YOU  
**DAD**

Spoil Dad this Father's Day with a variety of products that will make his day, from luxurious fragrances to gift sets that include watches, toiletry bags, shower gels, deodorant sticks and so much more! Dis-Chem has all the gift ideas that you need this Father's Day.



Get your  
Gift Card  
today

## DEODORANTS

Exclusive to  
Dis-Chem



Hummer  
Deodorant  
Body Spray  
200ml / Assorted  
**149<sup>00</sup>**  
each

Exclusive to  
Dis-Chem



Rockford  
Homme Wildblack  
Deodorant Spray  
150ml  
**99<sup>95</sup>**



Lacoste  
L.12.12  
Deodorant Stick  
75ml  
**195<sup>00</sup>**



Calvin Klein  
Deodorant  
Spray  
150ml  
**195<sup>00</sup>**

Exclusive to  
Dis-Chem



**2+1  
FREE**  
on Dunhill Desire  
Deodorant Spray  
226ml  
**350<sup>00</sup>**  
each

**SAVE  
175<sup>00</sup>\***

\*\*Also available in Dunhill Desire Blue



Davidoff  
Cool Water Body Spray Value Pack  
Contains: 4 x 150ml bottles  
**580<sup>00</sup>** per pack



Hugo Boss  
Deodorant Spray Value Pack  
Contains: 3 x Boss Bottled 150ml  
1 x The Scent 150ml  
**780<sup>00</sup>** per pack

\*Advertised prices already reflect discounts

## INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za), or WhatsApp  
"Hi" to 086 034 7243 and follow the easy steps.



Scan  
me



Amplify  
Dual 3  
Bluetooth Speaker  
and Wired Microphone  
335856  
**699<sup>95</sup>**  
Benefit Price  
**449<sup>95</sup>**



**20<sup>00</sup>\*  
OFF**

DQUIP  
AA OR AAA  
Batteries  
24-pack  
**114<sup>95</sup>** per pack  
Benefit Price  
**94<sup>95</sup>** per pack



**20<sup>00</sup>\*  
OFF**

Duracell Plus  
AA OR AAA  
Batteries  
6-pack  
**99<sup>95</sup>** per pack  
Benefit Price  
**79<sup>95</sup>** per pack



**35<sup>00</sup>\*  
OFF**

Energizer Max  
Plus AA OR AAA  
Batteries  
10-pack  
**154<sup>95</sup>** each  
Benefit Price  
**119<sup>95</sup>** per pack



**30<sup>00</sup>\*  
OFF**

Energizer Max  
AA OR AAA  
Batteries  
12-pack  
**139<sup>95</sup>** per pack  
Benefit Price  
**109<sup>95</sup>** per pack

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

**Polaroid**



**SAVE  
50<sup>00</sup>\***

Bluetooth Mini  
Speaker  
224458  
• Bluetooth 5.0  
• FM radio  
• Portable  
• Wired mic input  
• Rechargeable battery  
**179<sup>95</sup>**



**SAVE  
50<sup>00</sup>\***

Bluetooth Speaker  
with LED Lights  
334602  
• Bluetooth 5.0  
• FM radio  
• Portable  
• LED lights  
**239<sup>95</sup>**



**SAVE  
70<sup>00</sup>\***

Bluetooth 36-Hour  
Headphones  
PBH366  
224423003/1/2  
• 36-hour playtime  
• Fast charge  
• Auto pairing function  
• Built-in microphone  
• Available in black, red  
OR blue  
**289<sup>95</sup>** each

\*Advertised prices already reflect discounts



**volcano**



**SAVE  
250<sup>00</sup>\***

Tech Serene  
Series Fitness  
Watch with  
Heart Rate  
Monitor  
336252/3  
• Message and call  
notification  
• 3-day battery life  
• Built-in pedometer  
• Multi sports modes  
• Available in black  
OR rose gold  
**549<sup>95</sup>** each



**SAVE  
50<sup>00</sup>\***

Scorpio Series  
True Wireless  
Earphones with  
Charging Case  
336226/8  
• Up to 15 hours  
playtime  
• Touch control  
• Auto-connect  
• Multi sports modes  
• Available in black  
OR white  
**399<sup>95</sup>** each



**SAVE  
70<sup>00</sup>\***

Stun Series  
Bluetooth  
Speaker  
291150  
• Bluetooth 5.0  
• Supports SD card  
• Supports USB card  
• FM radio  
• Aux input  
**229<sup>95</sup>** each





19 June 2022

Dis-Chem  
Benefit  
card

## INSTANT DISCOUNTS Exclusive to Benefit Card holders.



Scan  
me

**PHILIPS**  
AquaTouch  
Shaver 3000

Fresh shave.  
More comfort.

5D Pivot & Flex Heads

**INSTANT DISCOUNT**  
**650<sup>00</sup>\* OFF**

**AquaTouch Shaver 3000 5D Pivot & Flex Heads**  
292062

- ComfortCut blades
- Pop-up trimmer
- 60min shaving
- Skin protection system

**1499<sup>95</sup>**  
Benefit Price  
**849<sup>95</sup>**

**PHILIPS**  
Wet & Dry  
AquaTouch  
Shaver S1200

292060

- ComfortCut Blades engineered to glide smoothly over skin
- 3D floating heads move for a convenient clean shave
- One-touch open for easy cleaning

**150<sup>00</sup>\* OFF**

**749<sup>95</sup>**  
Benefit Price  
**599<sup>95</sup>**

**PHILIPS**  
Smooth  
body shave  
Series 3000

**INSTANT DISCOUNT**  
**300<sup>00</sup>\* OFF**

**Series 3000 Smooth Body Shave**  
209395

- Skin-friendly shaver
- 1 x click-on comb
- 50min cordless use
- 100% shower-proof

**879<sup>95</sup>**  
Benefit Price  
**579<sup>95</sup>**

**DQUIP**

**CORDLESS**

**BEARD & STUBBLE TRIMMER**

192270

- Stainless steel blades
- Adjustable comb lengths
- Water resistant head

**219<sup>95</sup>**  
Benefit Price  
**197<sup>96</sup>**

**DQUIP**

**SHAPER 1**  
BEARD & STUBBLE TRIMMER

331858

- Single stainless steel blade
- 3 combs
- 60-minute grooming time

**249<sup>96</sup>**  
Benefit Price  
**224<sup>96</sup>**

**DQUIP**

**ELECTRIC SHAPER**  
V2

1106611

- Precision blade system for a fast shave
- Floating heads for a close, comfortable shave
- Push-up temple trimmer
- Quality blades for an even shave in difficult areas

**279<sup>95</sup>**  
Benefit Price  
**251<sup>96</sup>**

**DQUIP**

**5 IN 1**

325990

- 25-piece
- Speed dual shaving heads
- Microfin skin guard protector
- Waterproof

**549<sup>95</sup>**  
Benefit Price  
**494<sup>96</sup>**

**WAHL**  
HOME PRODUCTS

**Close-Cut Pro**  
384828

- 11-piece
- Fine tooth precision blade
- Chiskop, fading, close cuts
- Face & body
- Cuts 0.6mm on the blade
- Fading combs
- Storage bag

**799<sup>95</sup>**  
Benefit Price  
**629<sup>95</sup>**

**AQUA SHAVE**  
Showerproof LITHIUM-ION Shaver

**INSTANT DISCOUNT**  
**130<sup>00</sup>\* OFF**

**Aqua Shave Showerproof Lithium-Ion Shaver**  
294755

- 5-piece
- 90-minute run-time
- Dual flex shaver head

**999<sup>95</sup>**  
Benefit Price  
**869<sup>95</sup>**

**WAHL**

**Lithium-Ion Cordless Multicut**  
332273

- 22-piece
- Cordless clipper with 2-hour run-time
- Perfect for the whole family

**979<sup>95</sup>**  
Benefit Price  
**779<sup>95</sup>**

**WAHL**

**EXTREME GRIP**

**Extreme Grip Lithium Multi Grooming Kit**  
328148

- 25-piece
- One of the most complete trimmer kits on the market
- Multiple grooming heads and guides
- 2-hour run-time

**589<sup>95</sup>**  
Benefit Price  
**489<sup>95</sup>**

**WAHL**

**MULTIGROOM**

**Multigroom Rechargeable Trimmer Kit**  
217244

- 12-piece
- 3 x guide combs
- 6-position guide comb
- Beard & body
- Ear & nose trimmer

**439<sup>95</sup>**  
Benefit Price  
**359<sup>95</sup>**

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card



LOOK GOOD, FEEL GOOD  
WITH DIS-CHEM

You don't need to enrol in a face, skin OR hair care course to understand the ins and outs of male grooming. Visit your nearest Dis-Chem Store today OR shop online at [dischem.co.za](http://dischem.co.za) for the widest range of men's grooming products.

## INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online ([dischem.co.za](http://dischem.co.za)) or WhatsApp "Hi" to 086 034 7243 and follow the easy steps.



INSTANT  
DISCOUNT  
**15%\***  
OFF



Shaving  
Cream  
100ml

**39<sup>95</sup>**  
Benefit  
Price  
**33<sup>96</sup>**



3 in 1 Shave  
Balm Cleanse  
150ml

**59<sup>95</sup>**  
Benefit  
Price  
**50<sup>96</sup>**



Aftershave  
Balm  
100ml

**69<sup>95</sup>**  
Benefit  
Price  
**59<sup>46</sup>**



Beard and  
Moustache Oil  
30ml

**119<sup>95</sup>**  
Benefit  
Price  
**101<sup>96</sup>**

Max Shave

INSTANT  
DISCOUNT  
**15%\***  
OFF



Matrix5 PRO  
5-Blade Disposable  
Razor PLUS Trimmer  
3-pack

**79<sup>95</sup>**  
Benefit  
Price  
**67<sup>96</sup>**



Techedge  
Cartridges  
4-pack

**199<sup>95</sup>**  
Benefit  
Price  
**169<sup>95</sup>**



Techedge  
Men's Starter Kit

**129<sup>95</sup>**  
Benefit  
Price  
**110<sup>46</sup>**



INSTANT  
DISCOUNT  
**10%\***  
OFF

Blade  
Shave Gel  
260ml  
Assorted

**51<sup>95</sup>**  
Benefit  
Price  
**46<sup>76</sup>**

Top Ten  
for Men  
Active  
Charcoal  
After Shave  
Balm  
100ml  
Assorted

**59<sup>95</sup>**  
Benefit  
Price  
**53<sup>96</sup>**



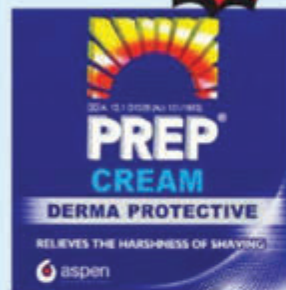
Top Ten for Men  
Calming & Softening  
After Shave Balm  
75ml

**19<sup>95</sup>**  
Benefit  
Price  
**17<sup>96</sup>**

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

NUTRIMEN

SAVE  
**25<sup>00</sup>\***



Prep  
Derma Protective Cream  
250g

**99<sup>95</sup>**

\*Advertised price already  
reflects discount



Anti-Ageing  
Moisturiser  
SPF15  
50ml

**134<sup>95</sup>**  
each

Cleansing  
Face Wash  
100ml

**79<sup>95</sup>**  
each

**2+1**  
CHEAPEST  
FREE  
on ANY Nutriment  
face care  
products

Anti-Fatigue  
Eye Gel  
15ml

**184<sup>95</sup>**  
each

Gillette  
FUSION5 A CLOSE SHAVE  
THAT IS GENTLE ON YOUR SKIN

NEW LOOK

**2+1**  
CHEAPEST  
FREE  
on ANY Gillette Fusion5  
AND ProGlide5  
4/8-pack  
cartridges

**30%\***  
OFF  
Gillette Fusion5  
2UP Razor



Fusion5  
Cartridges  
8-pack

**599<sup>95</sup>**  
per  
pack



ProGlide5  
Cartridges  
8-pack

**649<sup>95</sup>**  
per  
pack



Fusion5  
2UP Razor

**153<sup>96</sup>**  
per  
pack

\*Advertised price  
already reflects discount

LOVE YOU  
DAD  
HAPPY  
FATHER'S DAY  
19 June 2022

Spoil Dad  
with a Gift Card  
of your choice  
from our wide  
range at  
Dis-Chem



Confectionery



Craft  
Beer & Pretzel  
Chocolate Truffles  
100g

**65<sup>65</sup>**

Chocolatier's  
Classic  
Collection  
125g

**65<sup>65</sup>**

Truffle  
Lux  
125g

**65<sup>65</sup>**

Luxury  
Favourites  
250g

**155<sup>65</sup>**

Craft Gin  
Truffles  
120g

**65<sup>65</sup>**





# Self Care

**celltone**

**30% OFF**  
Celltone skin care products\*\*

**Starter Pack**  
Contains:  
• 1 x 60ml Exfoliating Gel  
• 1 x 50ml Celltone Gel  
• 1 x 60ml Tissue Oil

**454<sup>96</sup>**  
per pack

**Tissue Oil**  
200ml  
**143<sup>47</sup>**

\*Advertised price already reflects discount  
\*\*Offer only applicable on Celltone Value Packs, Tissue Oil 200ml AND 125ml, Snail Gel 50ml AND 25ml

**30% OFF**  
Garnier Even & Matte Vitamin C Dark Spot Corrector 30ml

**87<sup>47</sup>**  
each

\*Advertised price already reflects discount

**CREIGHTONS**  
MADE IN ENGLAND

**20% OFF**  
Creightons Pink Grapefruit face care products\*\*

**Pink Grapefruit Face Wash**  
150ml  
OR  
**Daily Face Scrub**  
150ml  
OR  
**Gently Cleansing Micellar Water**  
250ml

**55<sup>96</sup>**  
each

\*Advertised price already reflects discount

**2+1 CHEAPEST FREE**  
on Cetaphil products\*

**Cetaphil PRO Acne Prone Skin Foam Wash**  
235ml  
**179<sup>95</sup>**  
each

**Moisturising Cream**  
100g  
OR  
**Gentle Skin Cleanser**  
125ml  
**117<sup>95</sup>**  
each

\*Offer excludes Cetaphil Pro Redness range, Sun range, BHR range, Baby range and all Value AND Banded Packs

**2+1 CHEAPEST FREE**  
on ANY Olay face care products

**Olay Total Effects 7 In One Day Moisturiser SPF15**  
50ml  
**249<sup>95</sup>**  
each

**SAVE 800<sup>00</sup> each**

**Blistex DCT Lip Medex**  
7g  
OR  
**Blistex DCT Lip Medex**  
7g  
**89<sup>95</sup>**  
each

\*Advertised price already reflects discount

**CLARINS**

**TIME TO CHOOSE your gift**

Choose 4 travel sizes & receive a cosmetic purse with a free make-up mini.  
Purchase ANY 2 moisturiser, serum or foundation.

**Offer available 20 May - 05 June 2022**  
\*Terms and conditions apply. While stocks last. In-store only.

**Eucerin**

**GIVE YOUR SKIN EXTRA CARE THIS WINTER**  
WITH THE LIFE-CHANGING POWER OF DERMATOLOGICAL SKINCARE

**UreaRepair Plus Urea Lotion**  
250ml  
**239<sup>95</sup>**  
each

**Ato Control Body Care Lotion**  
250ml  
**239<sup>95</sup>**  
each

**Ato Control Bath & Shower Oil**  
400ml  
**229<sup>95</sup>**  
each

**2+1 CHEAPEST FREE**  
on Eucerin body care products\*

**pH5 Soft Body Cream**  
450ml  
**219<sup>95</sup>**  
each

**Original Extra Thick Creme**  
454g  
**219<sup>95</sup>**  
each

\*Offer excludes Eucerin Banded Packs, Value Packs AND Sun products

**20% OFF**  
ALL Lipsano SPF30 lip care products

**Lipsano Lipcare Stick SPF30**  
5g / Assorted  
**63<sup>96</sup>**

**Lipsano Lipcare Tube SPF30**  
10g / Assorted  
**75<sup>95</sup>**

**2+1 CHEAPEST FREE**  
on ANY Neutrogena face care products

**Neutrogena Bright Boost Resurfacing Polish**  
149<sup>95</sup>  
each

**Neutrogena Deep Clean Facial Cleanser**  
150ml  
**119<sup>95</sup>**  
each

**Neutrogena Hydro Boost Cleanser Water Gel**  
200ml  
**129<sup>95</sup>**  
each

**2+1 CHEAPEST FREE**  
on ANY Oxy face care products

**Oxy Sensitive Daily Wash**  
150ml  
**49<sup>95</sup>**  
each

**Oxy Cleansing Soap Bar**  
75g  
**16<sup>95</sup>**  
each

**Oxy Cleansing Facial Wipes**  
25-pack  
**44<sup>95</sup>**  
each

**2+1 CHEAPEST FREE**  
on ANY NIVEA Q10 Body Firming products

**NIVEA Q10 Plus Argan Oil Firming + Extra Nourishing Body Lotion**  
400ml  
**109<sup>95</sup>**  
each

**NIVEA Q10 Firming Multi Power 5 in 1 Firming + Cellulite Gel**  
200ml  
**129<sup>95</sup>**  
each

**Ingram's Sensitive OR Camphor Cream**  
450ml/500ml Assorted  
**39<sup>95</sup>\***  
each

**Ingram's Petroleum Jelly with Camphor**  
50ml  
**9<sup>95</sup>\***

\*Prices exclude Ingram's Hemp Oil AND Rooibos range

**2+1 FREE**  
on Lifebuoy Hygiene Wet Wipes 10-pack

**Lifebuoy Hygiene Wet Wipes**  
10-pack  
**14<sup>95</sup>**  
per pack

**2+1 CHEAPEST FREE**  
on ANY LETI balm products

**LETI balm Nose & Lips Balm**  
10ml / Assorted  
**79<sup>95</sup>**  
each





Dettol  
Antiseptic Liquid  
750ml



Dettol  
Hygiene Hand Wash  
200ml / Assorted  
**29.95**  
each



Aqua  
Aqueous Cream  
500g  
**18.95**



Healing Hands  
Body Glove  
Moisturising  
Body Cream  
SPF15  
500ml  
**94.95**



Vitamin E  
7000 Cell  
Enhancing  
Cream  
125ml  
**29.95**  
each

\*Advertised prices already reflect discounts



Good Stuff  
Foam Bath  
500ml  
Assorted  
**29.95**



Good Stuff  
Body Cream  
450ml  
Assorted  
**41.95**



Dettol  
Soap Bar  
175g / Assorted



Protex  
Soap Bar  
150g / Assorted



Sanex  
Dermo  
Shower Gel  
OR  
Kids Head  
To Toe Wash  
500ml / Assorted



NIVEA  
Shower Gel  
250ml  
Assorted



Blade  
3in1 Men Body,  
Face & Hair Wash  
400ml / Assorted



Skin eFX  
Body Lotion  
725ml / Assorted  
**39.95**



Radox  
Body Wash  
750ml / Assorted  
**56.95**  
each



Vaseline  
Even Tone  
OR Intensive  
Care Body Lotion  
400ml / Assorted\*\*  
**41.95**  
each



Vaseline  
Blue Seal  
Petroleum Jelly  
450ml / Assorted\*  
**44.95**  
each

\*Advertised prices already reflect discounts



EF-Active  
HygienE Clean  
Hand Wash  
500ml / Assorted  
**51.95**



Vitamin E  
7000  
Intense  
Moisturising  
Cream  
Banded Pack  
50ml tube  
PLUS 500ml tub  
**49.95**  
per pack



Nature's Nourishment  
Shower Gel  
1 litre  
PLUS  
Hand & Body Lotion  
Banded Pack  
175ml  
Assorted  
**79.95**  
per pack



**Surgeons for Little Lives is a beneficiary of the Dis-Chem Foundation**

Thank you to all our Dis-Chem Benefit Card members for supporting the Dis-Chem Foundation.

The Dis-Chem Foundation, caring for the community.



**Get more. Save more. Give more.**

Dis-Chem and Baby City Benefit Cards can be used in both retailers.







# Hair Care

Turn heads with the best hairstyle and ensure your hair care routine is on point by investing in good quality hair care products available at Dis-Chem.



**50%\* OFF**  
Head & Shoulders Shampoo 1 litre

Head & Shoulders Shampoo 1 litre Assorted  
**99<sup>97</sup>** each



**30%\* OFF**  
Head & Shoulders Shampoo AND Conditioner 400ml/360ml/275ml Assorted\*\*

Head & Shoulders Shampoo OR Conditioner 400ml/360ml/275ml Assorted\*\*  
**69<sup>96</sup>** each

\*\*Offer excludes Head & Shoulders Supreme range



**30%\* OFF**  
Pantene Shampoos OR Conditioners 400ml/360ml

Pantene Shampoo OR Conditioner 400ml/360ml Assorted  
**55<sup>96</sup>** each



**20%\* OFF**  
Protein Feed Shampoo & Conditioner Banded Pack 400ml x 2

Protein Feed Shampoo & Conditioner Banded Pack 400ml x 2 Assorted  
**66<sup>36</sup>** per pack

\*Advertised prices already reflect discounts



NEW

**2 FOR 119<sup>00</sup>**  
SAVE 56<sup>90</sup>

L'ORÉAL PARIS  
LONG HAIR GOALS? SAVE YOUR LAST 3 CM

**ELVIVE**  
Dream lengths  
\*Instrumental test after usage of shampoo, conditioner & no hair cut cream of the range

**20%\*\* OFF**  
Elvive Treatments\*\*\*

Frizz Killer Serum 100ml  
**148<sup>76</sup>**

Shampoo OR Conditioner 400ml / Assorted

\*\*Advertised price already reflects discount  
\*\*\*Offer excludes L'Oréal Elvive Wonder Water Treatments

## GARNIER



**BUY BOTH FOR 99<sup>00</sup>**  
SAVE 56<sup>90</sup>

Shampoo OR Conditioner 360/400ml Assorted

GARNIER COMMITS TO GREEN BEAUTY: OUR END TO END JOURNEY TOWARDS MORE SUSTAINABILITY



**SAVE 10<sup>00</sup>\* each**

Organics Shampoo & Conditioner OR Conditioner 1 litre / Assorted  
**54<sup>95</sup>** each

\*Advertised price already reflects discount



**20%\* OFF**  
ALL Batiste Dry Shampoos 200ml

Batiste Dry Shampoo 200ml / Assorted  
**71<sup>96</sup>**

Batiste Premium Dry Shampoo 200ml / Assorted  
**87<sup>16</sup>**

\*Advertised prices already reflect discounts



**SAVE 30<sup>00</sup>\* per pack**

Supreme Shampoo AND Conditioner Value Pack 946ml x 2  
**119<sup>95</sup>** per pack



**SAVE 10<sup>00</sup>\* each**

Reflections Repairing Shampoo OR Conditioner 250ml / Assorted  
**89<sup>95</sup>** each

Reflections Sulphate Free Shampoo OR Conditioner 250ml / Assorted  
**109<sup>95</sup>** each

\*Advertised prices already reflect discounts

## GREENER LIVING



**SAVE 35<sup>00</sup>\* each**

Petal Fresh Hair Res-Q Ultimate Thickening Shampoo OR Conditioner 355ml  
**134<sup>95</sup>** each

\*Advertised price already reflects discount



**Spend & earn up to 20%\* back. Redeem and get 5% back in UCount Rewards Points.**

**UCOUNT**  
REWARDS



Dis-Chem PHARMACIES

\*T&Cs apply. Auth FSP 11287 and credit provider NCRCPIS.

Standard Bank. **IT CAN BE.**



**SAVE 700\***

**SAVE 700\***

**SAVE 700\***

African Pride Olive Miracle Anti-Breakage Creme 250ml **32<sup>95</sup>**

African Pride Dream Kids Anti-Breakage Detangling Oil Moisturizer 250ml **22<sup>95</sup>**

African Pride Dream Kids Soothing Moisturizing Braid Spray 250ml **22<sup>95</sup>**

\*Advertised prices already reflect discounts

**1 FOR 21<sup>95</sup>**  
**2 FOR 35<sup>00</sup>**  
**SAVE 8<sup>90</sup>**

Inecto Super Black Hair Colour Crème 28ml

**SAVE 15<sup>00</sup>\***

Perfect Touch Super Hold Hairspray 250ml Assorted **44<sup>95</sup>**

**SAVE 33<sup>00</sup>\***

Renew Perfect Colour Permanent Hair Colour 250ml / Assorted **76<sup>95</sup>**

\*Advertised prices already reflect discounts

**1 FOR 87<sup>95</sup>**  
**2 FOR 100<sup>00</sup>**  
**SAVE 75<sup>90</sup>**

Schwarzkopf Gliss Shampoo OR Conditioner 400ml / Assorted

Schwarzkopf Gliss 2-in-1 Treatment Hair Repair 300ml **80<sup>46</sup>**

**30%\* OFF**  
ALL Schwarzkopf Gliss treatments

*Curls in Bloom*

**SAVE 40<sup>00</sup>\***

**SAVE 15<sup>00</sup>\***

**SAVE 45<sup>00</sup>\***

Treat Me! Scalp & Hairline Repair Serum 100ml **79<sup>95</sup>**

Detangle Me! Pre-Shampoo 250ml **79<sup>95</sup>**

Restore Me! Deep Penetrating Treatment Sachets 50ml **24<sup>95</sup>**

Seal Me! Hair & Scalp Sealing Oil 100ml **74<sup>95</sup>**

\*Advertised prices already reflect discounts

ORS Olive Oil Braid Spray 250ml **37<sup>95</sup>**

ORS Olive Oil Detangle Spray 250ml **32<sup>95</sup>**

ORS Olive Oil Scalp & Braid Cleanse 100ml **44<sup>95</sup>**

ORS Hair Oil 100ml **54<sup>95</sup>**

**30%\* OFF**  
Twisted Sista hair care products

Twisted Sista Intensive Leave-In Conditioner 354ml

OR 30-Second Curl Spray 236ml

OR Curl Activator Crème 121ml

OR Amazing Dream Curls Cream Gel 354ml

**188<sup>97</sup>** each

**30%\* OFF**  
ALL Mielle hair care products

Mielle Pomegranate & Honey Curl Smoothie 355ml **230<sup>97</sup>**

Mielle Rosemary Mint Strengthening Hair Masque 340g **181<sup>97</sup>**

**SAVE 20<sup>00</sup>\***

Creme of Nature Pure Honey Dry Defence Shampoo OR Conditioner 335ml **119<sup>95</sup>**

Creme of Nature Knot Away Leave-In Detangler 236ml **119<sup>95</sup>**

\*Advertised prices already reflect discount

ORS Olive Oil Edge Control 64g **84<sup>95</sup>** each

**SAVE 30<sup>00</sup>\***

Vigro 3-Step Starter Pack

- Bio-Shampoo 150ml
- Bio-Tonic 100ml
- Bio-Capsules 30 capsules

**249<sup>95</sup>**

Vigro Bio-Capsules Plus 60 capsules **169<sup>95</sup>**

\*Advertised prices already reflect discounts

## BENEFIT Programme

Join now and enjoy...

- WhatsApp "Hi" to 0860 347 243 to Register for Benefit Cards, check your rewards balance OR manage your Chronic Repeat Medicine with Pack my Meds
- Instant discounts
- Swipe and earn rewards to redeem against future purchases
- Give back to the community via the Dis-Chem Foundation every time you swipe\*
- Automatic entry into competitions
- FREE Benefits magazine quarterly

Get more. Save more. Give more.

Dis-Chem and Baby City Benefit Cards can be used in both retailers.

Give back to the Dis-Chem Foundation

By shopping and swiping\* your Dis-Chem OR Baby City Benefit Cards, not only do we reward you with cash back, we also donate a percentage of all eligible purchases to the Dis-Chem Foundation to assist people in need and contribute to worthy causes.

\*T's and C's apply

Dis-Chem Foundation  
Caring for the Community

11

Promotional offers valid from 19 May to 19 June 2022 while stocks last – may not be available in all stores.





# Dental CARE

It's important to keep that smile healthy with daily essential dental products from toothbrushes to toothpastes, floss and mouthwashes.

## INSTANT DISCOUNTS Exclusive to Benefit Card holders.



Scan me

Dis-Chem  
Benefit card

Philips  
Sonicare  
DiamondClean  
Electric  
Toothbrush  
216430  
• 5 modes including  
polish & sensitive  
• Up to 2 x whiter teeth  
• QuadPacer  
and SmartTimer  
• Travel case

4549<sup>95</sup>  
Benefit Price  
2549<sup>95</sup>



INSTANT  
DISCOUNT

2000<sup>00</sup>\*  
OFF

Philips  
Sonicare  
ProtectiveClean  
Electric Toothbrush  
327528  
• Improves gum health  
• Smart pressure sensor  
• BrushSync head  
replacement reminder  
• High & low intensity

1699<sup>95</sup>  
Benefit Price  
1099<sup>95</sup>



INSTANT  
DISCOUNT

600<sup>00</sup>\*  
OFF

Philips  
Sonicare  
ProResults  
Standard  
Toothbrush  
Heads  
161737  
• Optimised  
performance  
• Removes 2 x  
more plaque  
• All-round cleaning  
• 2-pack

279<sup>95</sup>  
Benefit Price  
199<sup>95</sup>



INSTANT  
DISCOUNT

80<sup>00</sup>\*  
OFF

INSTANT  
DISCOUNT  
20%\*  
OFF



Olga's  
Refreshing  
Toothpaste  
75ml

79<sup>95</sup>  
Benefit Price  
63<sup>95</sup>

Olga's  
Detoxifying Charcoal  
Toothpaste  
75ml

119<sup>95</sup>  
Benefit Price  
95<sup>95</sup>

INSTANT  
DISCOUNT

15<sup>00</sup>\*  
OFF



Dentalmate  
Interdental  
Flossers  
Mint  
90-pack

79<sup>95</sup>  
Benefit Price  
64<sup>95</sup>

INSTANT  
DISCOUNT

10<sup>00</sup>\*  
OFF



Dentalmate  
Mouthwash  
1 litre  
Assorted

54<sup>95</sup>  
Benefit Price  
44<sup>95</sup>

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card



VALUE  
PACK

2+1  
CHEAPEST  
FREE  
on ANY Oral-B  
Manual Toothbrushes  
AND Floss



Oral-B  
Essential  
Floss  
50ml

72<sup>95</sup>  
each



Oral-B  
Bacteria Blast  
Toothbrush  
Value Pack  
2-pack

94<sup>95</sup>  
per pack



2+1  
CHEAPEST  
FREE  
on Aquafresh  
products\*



Aquafresh  
Complete Care  
Toothbrush  
Soft

49<sup>95</sup>  
each

Aquafresh  
Toothpaste  
75ml  
• Extreme Clean  
• Intense White  
• Senses  
• Complete Clean

22<sup>95</sup>  
each

\*Offer excludes Value Packs  
AND Aquafresh Toothpaste 100ml



White Glo  
Maximum  
White Toothpaste  
PLUS Toothbrush  
150g

64<sup>95</sup>

SAVE  
7<sup>00</sup>\*

White Glo  
2in1 Toothpaste  
with Mouthwash  
130ml

37<sup>95</sup>



Colgate  
Toothpaste  
100ml / Assorted

1 FOR 22<sup>95</sup>  
3 FOR 54<sup>00</sup>  
SAVE 14<sup>85</sup>



Colgate  
Max White  
Lasting White OR Total 12 Toothpaste  
75ml / Assorted

1 FOR 46<sup>95</sup>  
2 FOR 70<sup>00</sup>  
SAVE 23<sup>90</sup>



Colgate  
Optic White Whitening  
Toothpaste  
75ml / Assorted

1 FOR 64<sup>95</sup>  
2 FOR 100<sup>00</sup>  
SAVE 29<sup>90</sup>



2+1  
CHEAPEST  
FREE  
on ANY Meridol  
products



Meridol  
Mouthwash  
400ml

94<sup>95</sup>  
each

Meridol  
Protection  
Toothbrush  
Soft

82<sup>95</sup>  
each



Meridol  
Toothpaste  
75ml / Assorted

82<sup>95</sup>  
each



2+1  
CHEAPEST  
FREE  
on G•U•M  
products\*\*



G•U•M  
Original  
White Floss  
30m

52<sup>95</sup>  
each

G•U•M  
Soft-Picks  
Advanced  
30 soft picks

94<sup>95</sup>  
each

G•U•M  
Trav-ler  
Interdental Brush  
6 brushes

99<sup>95</sup>  
each

\*\*Offer excludes G•U•M Ortho AND Access Floss 50m



Andolex-C  
Anti-Bacterial  
Mouthwash  
200ml

69<sup>95</sup>

\*Advertised prices  
already reflect discounts



1 FOR 79<sup>95</sup>  
2 FOR 100<sup>00</sup>  
SAVE 59<sup>90</sup>

Colgate  
Plax  
Mouthwash  
Value Pack  
750ml  
Assorted



Look for the Vitality HealthyCare indicator in-store for more. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.





# Grooming

## INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 086 034 7243 and follow the easy steps.



Scan me

**INSTANT DISCOUNT 15%\* OFF**

**HairGo Home Wax Kit**  
Post Wax Soothing Lotion 50ml  
PLUS Cartridge 100g  
PLUS Pre Wax Cleansing Gel 50ml  
PLUS 10 x Wax Strips

**119<sup>95</sup>**  
Benefit Price  
**101<sup>96</sup>**

**HairGo Intimate Hair Removal Cream**  
125ml

**69<sup>95</sup>**  
Benefit Price  
**59<sup>46</sup>**

**MaxShave Eva2 2-Blade Disposable Razors**  
5-pack

**29<sup>95</sup>**  
Benefit Price  
**25<sup>46</sup>**

**MaxShave W5 Women 5-Blade Cartridges**  
4-pack

**139<sup>95</sup>**  
Benefit Price  
**118<sup>96</sup>**

**INSTANT DISCOUNT 35<sup>00</sup>\* OFF**

**Schick Quattro for Women Razor**

**154<sup>95</sup>**  
Benefit Price  
**119<sup>95</sup>**

**INSTANT DISCOUNT 20<sup>00</sup>\* OFF**

**Schick Quattro for Women Disposable Razors**  
3-pack

**87<sup>95</sup>**  
Benefit Price  
**67<sup>95</sup>**

**INSTANT DISCOUNT 5<sup>00</sup>\* OFF**

**Shower to Shower Anti-Perspirant Deodorant Body Spray**  
150ml

**30<sup>95</sup>**  
Benefit Price  
**25<sup>95</sup>**

**INSTANT DISCOUNT 3<sup>00</sup>\* OFF**

**Shield Anti-Perspirant Body Spray for Men OR Women**  
150ml Assorted

**27<sup>95</sup>**  
Benefit Price  
**24<sup>95</sup>**

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

**1 FOR 38<sup>95</sup>**  
**2 FOR 60<sup>00</sup>**  
**SAVE 17<sup>90</sup>**

**BIC Twin Lady 2-Blade Sensitive Disposable Razors**  
6-pack

**1 FOR 44<sup>95</sup>**  
**2 FOR 70<sup>00</sup>**  
**SAVE 19<sup>90</sup>**

**SuperMax for Women 3-Blade Disposable Razors**  
5-pack

**30%\* OFF**  
Gillette Venus ComfortGlide Breeze 3-Blade 2UP Razor

**129<sup>47</sup>**

\*Advertised price already reflects discount

**SAVE 9<sup>00</sup>\* each**

**Dove Men +Care Anti-Perspirant Stick**  
50ml / Assorted OR **Anti-Perspirant Stick**  
40ml / Assorted

**39<sup>95</sup>** each

**1 FOR 23<sup>95</sup>**  
**3 FOR 54<sup>00</sup>**  
**SAVE 17<sup>95</sup>**

**NIVEA Anti-Perspirant Roll-On for Men OR Women**  
50ml / Assorted

**20%\* OFF**  
All Coty eX'clama'tion and Gravity Deodorants, Roll-Ons AND Lotions

**1 FOR 26<sup>95</sup>**  
**3 FOR 60<sup>00</sup>**  
**SAVE 20<sup>95</sup>**

**Sanex Anti-Perspirant Roll-On for Men OR Women**  
50ml / Assorted

**1 FOR 29<sup>95</sup>**  
**3 FOR 72<sup>00</sup>**  
**SAVE 17<sup>95</sup>**

**Mum Cream Deodorant**  
25ml

**22<sup>36</sup>**

**Coty eX'clama'tion Deodorant Body Spray**  
90ml Assorted

**28<sup>67</sup>**

\*Advertised prices already reflect discounts

## FEMININE HYGIENE

**SAVE 11<sup>74</sup>\***

**Always Dreamzzz Maxi Thick Extra Long Night Value Pack**  
16-pack

**35<sup>21</sup>** per pack

**SAVE 8<sup>49</sup>\***

**Always Daily Liners Comfort Protect**  
40-pack

**25<sup>46</sup>** per pack

**VALUE PACK**

**Always Platinum Ultra Thin Pads Value Pack**  
12-pack

**38<sup>47</sup>** per pack

\*Advertised prices already reflect discounts

**2+1 CHEAPEST FREE on ANY Stayfree products**

**Stayfree Maxi Thick Wings**  
10 unscented OR **Maxi Super Wings**  
8 unscented

**17<sup>95</sup>** per pack

**lil-Lets Smartfit Tampons**  
Mini OR Regular OR Super OR Super Plus 16-pack

**24<sup>95</sup>** per pack

**Stayfree Maxi Thick Regular**  
20 unscented

**31<sup>95</sup>** per pack





# Baby AND TOTS

Keep baby's skin feeling soft and moisturised no matter the change of weather with our wide range of baby essentials to fit your little one's every need.

## THESE OFFERS NOW ALSO AVAILABLE AT **Dis-Chem babycity**



**Disposable Baby Nappy Bags**  
150 bags  
**34<sup>95</sup>** per pack

**Fresh Wipes**  
6 x 80 wipes  
**109<sup>95</sup>** per pack

**100 Nappies**  
ALL SIZES AVAILABLE IN 100 PACK

**Nappies**  
100-pack  
Assorted sizes  
**199<sup>95</sup>** per pack

**Active Baby Pants Mega Box**  
Size 3 - 136-pack  
Size 4 - 120-pack  
Size 5 - 100-pack  
Size 6 - 96-pack  
**399<sup>95</sup>** per box

**Pampers Premium Care Nappies Mega Box**  
Midi - 120-pack  
Maxi - 104-pack  
Junior - 88-pack  
**399<sup>95</sup>** per pack

**Pampers Premium Care Nappies Value Pack**  
Newborn - 88-pack  
Mini - 80-pack  
Midi - 60-pack  
Maxi - 52-pack  
Junior - 44-pack  
Junior 6 - 36-pack

**Pampers Premium Care Pants Value Pack**  
Size 3 - 56-pack  
Size 4 - 44-pack  
Size 5 - 40-pack  
Size 6 - 36-pack

**HUGGIES Extra Care Nappies Jumbo Pack**  
Size 1 - 96-pack  
Size 2 - 80-pack  
Size 3 - 60-pack  
Size 4 - 52-pack  
Size 5 - 44-pack  
**229<sup>95</sup>** per pack

**Pure Baby Wipes Value Pack**  
12 x 56 wipes  
**224<sup>95</sup>** per pack

**HUGGIES Gold Nappies Mega Box**  
Size 3 - 124-pack  
Size 4 - 100-pack  
Size 5 - 88-pack  
Size 6 - 76-pack  
**359<sup>95</sup>** per pack

**Pampers Baby Dry Nappies Super Saver Box**  
Size 3 - 300-pack  
Size 4 - 264-pack  
Size 5 - 222-pack  
Size 6 - 192-pack  
**699<sup>95</sup>** per box

**Pampers Premium Care Nappies Value Pack**  
Size 1 - 2 x 82-pack  
Size 2 - 2 x 76-pack  
**399<sup>95</sup>** per pack

**Pampers Baby Dry Nappies OR New Baby Nappies Jumbo Pack**  
Size 1 - 96-pack  
Size 2 - 84-pack  
Size 3 - 56-pack  
Size 4 - 76-pack  
Size 5 - 62-pack  
Size 6 - 48-pack  
Size 7 - 44-pack

**HUGGIES Gold Nappies Jumbo Pack**  
Size 2 - 94-pack  
Size 3 - 76-pack  
Size 4 - 66-pack  
Size 5 - 62-pack  
Size 6 - 52-pack  
**234<sup>95</sup>** per pack

**HUGGIES Gold Nappies Jumbo Bale**  
Size 3 - 2 x 76-pack  
Size 4 - 2 x 66-pack  
Size 5 - 2 x 52-pack  
**419<sup>95</sup>** per pack

**Baby Dry Nappies Super Saver Box**  
Size 3 - 300-pack  
Size 4 - 264-pack  
Size 5 - 222-pack  
Size 6 - 192-pack  
**699<sup>95</sup>** per box

**Pampers Premium Care Nappies Value Pack**  
Size 1 - 2 x 82-pack  
Size 2 - 2 x 76-pack  
**399<sup>95</sup>** per pack

**Pampers Baby Dry Nappies OR New Baby Nappies Jumbo Pack**  
Size 1 - 96-pack  
Size 2 - 84-pack  
Size 3 - 56-pack  
Size 4 - 76-pack  
Size 5 - 62-pack  
Size 6 - 48-pack  
Size 7 - 44-pack

**HUGGIES Extra Care Nappies Jumbo Bale**  
Size 2 - 2 x 80-pack  
Size 3 - 2 x 60-pack  
Size 4 - 2 x 52-pack  
Size 5 - 2 x 44-pack  
**419<sup>95</sup>** per pack

**HUGGIES Extra Care Nappies Jumbo Bale**  
Size 2 - 2 x 80-pack  
Size 3 - 2 x 60-pack  
Size 4 - 2 x 52-pack  
Size 5 - 2 x 44-pack  
**419<sup>95</sup>** per pack

**Pampers Baby Dry Nappies Mega Box**  
Midi - 136-pack  
Maxi - 120-pack  
Maxi+ - 100-pack  
Junior - 96-pack  
**409<sup>95</sup>** per box

**Pampers Baby Dry Nappies Mega Box**  
Midi - 136-pack  
Maxi - 120-pack  
Maxi+ - 100-pack  
Junior - 96-pack  
**409<sup>95</sup>** per box

**Aqua Pure Wipes Value Pack**  
3 x 48 wipes  
**84<sup>95</sup>** per pack

**Baby Wipes Sensitive Protect**  
4 x 56 wipes  
**OR Complete Clean**  
4 x 64 wipes  
**94<sup>95</sup>** per pack

**Dove 100% Pure Cotton Wool Pads**  
80-pack  
**24<sup>95</sup>** per pack

**Epi-Max Baby & Junior Cream**  
400g  
**94<sup>95</sup>** each

**Bepanthen Nappy Care Ointment**  
100g  
**179<sup>95</sup>**

**Johnson's Baby Wipes Value Pack**  
Extra Sensitive  
6 x 56 wipes  
**OR Gentle All Over**  
6 x 72 wipes  
**119<sup>95</sup>** per pack

**Johnson's Baby Wipes Value Pack**  
Extra Sensitive  
6 x 56 wipes  
**OR Gentle All Over**  
6 x 72 wipes  
**119<sup>95</sup>** per pack

\*Excludes Epi-Max Value Packs

\*Advertised prices already reflect discounts

**Dis-Chem babycity** Vitality HealthyCare not applicable in Baby City stores. Discovery Vitality (Pty) Ltd, Auth FSP. Limits, Ts&Cs apply.



**Purity Baby Cereal Stage 1-3 (Just Add Milk) 200g / Assorted**  
**18<sup>95</sup>**

**Purity 6 Months 80ml / Assorted\***  
**1 FOR 11<sup>49</sup>**  
**4 FOR 38<sup>00</sup>**  
**SAVE 7%**

**Purity 7 Months 125ml / Assorted\***  
**1 FOR 12<sup>95</sup>**  
**4 FOR 44<sup>00</sup>**  
**SAVE 7<sup>80</sup>**

**Purity Pouches 110ml / Assorted**  
**1 FOR 12<sup>95</sup>**  
**4 FOR 44<sup>00</sup>**  
**SAVE 7<sup>80</sup>**

**PediaSure 3+ Nutritional Supplement 1.6kg**  
**SAVE 80<sup>00</sup>\***  
**349<sup>95</sup>**

\*Offer excludes Purity Organic range \*Advertised price already reflects discount

**Purity Baby Petroleum Jelly 450ml**  
**37<sup>95</sup> each**

**Purity Special Baby Shampoo 500ml / Assorted**  
**74<sup>95</sup> each**

**Purity Baby Soap 100g / Assorted**  
**11<sup>95</sup> each**

**Telament Paediatric Gripe Water 150ml**  
**29<sup>95</sup>**

**Telament Paediatric Colic Drops 30ml**  
**99<sup>95</sup>**

**Johnson's Baby Wash 500ml / Assorted**  
**1 FOR 67<sup>95</sup>**  
**2 FOR 100<sup>00</sup>**  
**SAVE 35<sup>90</sup>**

**Johnson's Baby Jelly 500ml / Assorted**  
**1 FOR 49<sup>95</sup>**  
**2 FOR 60<sup>00</sup>**  
**SAVE 39<sup>90</sup>**

**Babe-Eeze Baltic Amber Necklace Dark and Light**  
**209<sup>95</sup> each**

**Grobag Snuggle Baby Sleep Bag 2.5 Tog 320619**  
• Sizes 3-9  
• A safer alternative to loose sheets and blankets  
• Specially designed to allow a natural hip-healthy leg position when baby is asleep  
• Easy 2-way zip opening for night-time nappy changes without disturbing your baby  
**399<sup>95</sup>**

**Tommee Tippee Closer to Nature Micro-Steam Microwave Steriliser**  
• Sterilises up to 4 bottles in just 4 minutes using steam  
• Fits most bottles, soothers and breast pump accessories  
• BPA-free 100% natural steam steriliser, kills 99% of germs without using chemicals  
• Contents stay sterile for 24 hours with the lid closed  
**429<sup>95</sup>**

**Tommee Tippee Quick-Cook Baby Food Maker**  
**1799<sup>95</sup>**

**Made for Me Single Electric Breast Pump 68479**  
• Discreet and comfortable to use  
• USB rechargeable; use whenever and wherever - at home or on the go, or while charging for maximum flexibility  
• Long-lasting power: when fully charged, over 60 minutes of power to pump on the go  
**1299<sup>95</sup>**

**Tommee Tippee Easiflow 360 Lip Activated Cup Assorted colours**  
**139<sup>95</sup>**

**Tommee Tippee Softee Weaning Spoons 5-pack**  
**99<sup>95</sup> per pack**

**Tommee Tippee Anytime Soothers 2-pack / Assorted**  
**99<sup>95</sup>**

**Simplee Sangenic Nappy Disposal Bin Assorted colours**  
**224<sup>95</sup>**

**Tommee Tippee Easiflow 360 Lip Activated Cup Assorted colours**  
**139<sup>95</sup>**

**Tommee Tippee Softee Weaning Spoons 5-pack**  
**99<sup>95</sup> per pack**

**Tommee Tippee Anytime Soothers 2-pack / Assorted**  
**99<sup>95</sup>**

**Simplee Sangenic Nappy Disposal Bin Assorted colours**  
**224<sup>95</sup>**





# THESE OFFERS ONLY AVAILABLE AT baby city

SHOP ONLINE  
NOW ON  
dischem.co.za



Scan me

## Joie signature

Meet the driver of your dreams, with many ways to use and easy to fold. This lightweight stroller is part of the Joie Signature collection characterised by rich woven fabric and elegant leatherette detail.

### Signature Finiti Travel System

333018001/2/3

- One hand super compact & lightweight design
- Elegant aluminium frame with rich woven fabrics and leatherette detailing
- 4-position back rest
- Suitable from birth to 22kg

Includes:

- Joie I-level rear-facing infant car seat (40 to 85cm, up to 13kg)
- Adjusts to 157° recline
- Joie Isofix I-Base LX
- Matching Carry Cot available as optional extra

**14 999<sup>95</sup>**



SAVE 1000\*



SAVE 300\*

### Side By Side Cot

304559

- Full-size bassinet
- Visible push buttons for quick and easy folding
- 2 wheels for easy manoeuvrability
- Co-sleeper mode for side by side sleeping

**1499<sup>95</sup>**

## 4moms

### MamaRoo Multimotion Baby Swing

324891001/002

- 5 unique motions
- 5 speeds
- Built-in sounds
- MP3 compatible
- Adjustable seat recline
- Also available in grey & black

**4499<sup>95</sup>**



SAVE 1000\*

SAVE 200\*

## Snugglytime

### Deluxe Co-Sleeper Camp Cot

336051

- Drop downside with easy access to respond to baby's needs when co-sleeping
- Cot suitable from birth up to 15kg (approximately up to 3 years)
- Changing station included for easier diaper changes
- Travel bag included

**1899<sup>95</sup>**



SAVE 400\*

### doona Car Seat Pram

322840001/2

- World's first car seat which converts into pram
- One simple operation from car seat to stroller
- TUV & FAA aircraft approved for travel
- Can be used from birth to 13kg, rearward facing
- Also available in grey

**6899<sup>95</sup>**

## chicco

### Cuddle & Bath Changing System

309974

- Cool grey
- Quick folding system
- Removable ergonomic bath tub
- Soft comfortable reducer support, for total comfort

**2499<sup>95</sup>**



SAVE 400\*

## chicco

### Pocket Snack Booster Seat

309975

- 3 height settings
- Adjustable and removable tray
- Compact, easy fold for transportation

**599<sup>95</sup>**



SAVE 150\*

## BAMBINO

### Pesto High Chair

310035

- 3-position adjustable tray
- 3-position seat recline
- 7-position height adjustable seat
- Suitable from 6 months onwards

**1799<sup>95</sup>**



SAVE 200\*

## Safety 1st

### Bed Rail XL

320543

- Size 150cm
- Automatically locks when in the upright position
- Safe and simple to use

**899<sup>95</sup>**



SAVE 100\*

### Easy Close Pressure Gate

189484

**799<sup>95</sup>**

\*Advised prices already reflect discounts



SAVE 100\*

### Gate Extension

187836

7cm **189<sup>95</sup>** SAVE 20  
14cm **279<sup>95</sup>** SAVE 50  
28cm **369<sup>95</sup>** SAVE 30

REMEMBER TO MEASURE DOORWAY



### SweetDreams CoolMist Humidifier

168334

- Ultrasonic cool mist technology
- 3.8-litre water tank for up to 24-hour operational capacity
- Projects 3 enchanting bedtime themes to create soothing environment

**1250<sup>00</sup>**

ALSO AVAILABLE AT Dis-Chem

## bright starts

SAVE 35\*



### Snuggle & Teether Elephant

**79<sup>95</sup>**

SAVE 50\*



### Whale-a-roo Pull & Shake Activity Toy

**119<sup>95</sup>**

SAVE 35\*



### Snuggle & Teether Giraffe

**79<sup>95</sup>**

\*Advised prices already reflect discounts

## INSTANT DISCOUNTS

Sign up for your Baby City BENEFIT Card in-store or online today!

INSTANT DISCOUNT  
**10% OFF**

### Beanie

• 2-pack Assorted

74<sup>95</sup> per pack  
Benefit Price  
**67<sup>46</sup>** per pack



### mother's choice



### Body Vest

• White  
• Assorted sizes

49<sup>95</sup>  
Benefit Price  
**44<sup>96</sup>**

\*Instant discounts to be deducted when you swipe your Baby City Benefit Card

Sign up for your Baby City Benefit Card today to earn rands to spend, partner rewards and get instant discounts.

**Get More. Save More. Give More.**

Baby City and Dis-Chem Benefit Cards can be used in both outlets. T&Cs apply.

**Dis-Chem Foundation**  
Caring for the Community







# Household ESSENTIALS & Confectionery

**2+1 CHEAPEST FREE**  
on ANY Sta-Soft Ultra Concentrate Fabric Conditioner 500ml AND 1 Litre

**Sta-Soft Ultra Concentrate Fabric Conditioner**  
1 litre / Assorted  
**78<sup>95</sup>** each

**Sta-Soft Ultra Concentrate Fabric Conditioner**  
500ml / Assorted  
**48<sup>95</sup>** each

**NEW**

**Baby Soft**  
Our Most Luxurious Clean Experience

**1 FOR 62<sup>95</sup>**  
**2 FOR 105<sup>00</sup>**  
SAVE 20<sup>90</sup>

**Baby Soft 2-Ply Fresh White Toilet Rolls**  
9-pack  
**OR Supreme Quilts Toilet Rolls**  
12-pack

**1 FOR 29<sup>95</sup>**  
**2 FOR 48<sup>00</sup>**  
SAVE 11<sup>90</sup>

**Harpic White & Shine Thick Bleach**  
750ml / Assorted

**Domestos Multipurpose Thick Bleach**  
750ml / Assorted  
**28<sup>95</sup>**

**SAVE 5<sup>00</sup>\***

**SAVE 8<sup>00</sup>\***

**Comfort**  
ELEGANCE  
Long lasting fragrance and softness

**Comfort Concentrated Fabric Conditioner**  
800ml / Assorted  
**44<sup>95</sup>** each

**Twinsaver 2-Ply Tissues Tube**  
80-pack / Assorted  
**26<sup>95</sup>** each

**3+1 CHEAPEST FREE**  
on ANY Twinsaver products

**Twinsaver 3-Ply Facial Tissues**  
120-pack / Assorted  
**28<sup>95</sup>** each

**SAVE 18<sup>00</sup>\***

**ARIEL**  
2kg

**Ariel Auto Liquid 1.5 litres OR Auto Washing Powder 2kg / Assorted OR 3in1 Capsules 14-pack**  
**68<sup>95</sup>** each

\*Advertised price already reflects discount

**1 FOR 10<sup>95</sup>**  
**2 FOR 16<sup>00</sup>**  
SAVE 5<sup>90</sup>

**Mister Sweet Gums & Jellies**  
60g / Assorted

**1 FOR 12<sup>95</sup>**  
**2 FOR 19<sup>95</sup>**  
SAVE 5<sup>95</sup>

**Maynards Sweets**  
75g / Assorted

**1 FOR 9<sup>95</sup>**  
**3 FOR 22<sup>95</sup>**  
SAVE 6<sup>90</sup>

**Super C Rolls**  
12-piece / Assorted

**Orbit Chewing Gum**  
46 pellets Assorted  
**39<sup>95</sup>** each

**SAVE 8<sup>00</sup>\***

\*Advertised price already reflects discount

**Cadbury**

**1 FOR 16<sup>95</sup>**  
**2 FOR 29<sup>00</sup>**  
SAVE 4<sup>90</sup>

**Dairy Milk Slabs**  
80g / Assorted

**Big Taste Peanut Crisp**  
278g  
**79<sup>95</sup>** each

**Big Taste Oreo Crunch OR Triple Choc Sensation**  
300g / Assorted  
**74<sup>95</sup>** each

**Crunchy Melts Chocolate OR Oreo**  
156g  
**39<sup>95</sup>** each

**SAVE 20<sup>00</sup>\***

**SAVE 30<sup>00</sup>\***

**SAVE 25<sup>00</sup>\***

\*Advertised prices already reflect discounts

**1 FOR 57<sup>95</sup>**  
**2 FOR 79<sup>95</sup>**  
SAVE 35<sup>95</sup>

**Lindt Excellence 70% COCOA OR 85% COCOA Dark Chocolate Bar**  
100g / Assorted

**1 FOR 12<sup>95</sup>**  
**2 FOR 19<sup>95</sup>**  
SAVE 5<sup>95</sup>

**Twix Chocolate Bar OR Snickers OR Mars**  
50g

**Amajoya Sugar Free Candy**  
75g / Assorted  
**27<sup>95</sup>** each



**Dis-Chem Foundation**  
Caring for the Community

The more you swipe, the more you save.

Using Your **Dis-Chem Benefit Card**.  
Join in-store or online.



Delivered to your door OR collect from any **Dis-Chem** store nationwide. Free delivery on orders of 600<sup>00</sup> or more in metropolitan areas. No charge for collection in-store.



**SHOP ONLINE**  
24/7

Scan QR code to shop directly online



From US to YOU On Demand

For your convenience, you can now shop and have your order delivered within 60 minutes\*  
\*Ts and Cs apply.



Download or update the **Dis-Chem App** today  
Enjoy the convenience of **Dis-Chem DeliverD**



**Pharmacists who care**

[dischem.co.za](http://dischem.co.za)

Dis-Chem Pharmacies reserves the right to limit the quantity of any item offered for sale. Sale products may vary from photographs. Pictures are for illustration purposes only. Some offers may not be available at all stores, including Dis-Chem Express, Dis-Chem Mutual Park, Dis-Chem The Local Choice and Dis-Chem Botswana. Prices include VAT and are valid for cash, cheque or credit card. E&OE.



# Dis-Chem PHARMACIES



**Cal-C-Vita**  
30 effervescent tablets  
\*2000 instant discount to be deducted when you swipe your Dis-Chem Benefit Card

218<sup>95</sup>  
Benefit Price  
198<sup>95</sup>



**Andolex-C Lozenges**  
16-pack / Assorted

\*Advertised price already reflects discount

15%  
OFF  
ALL Andolex-C Lozenges 16-pack



**Airmune**  
Immune System Supporter Value Pack  
30 effervescent tablets

185<sup>95</sup>



**ViraVance**  
30 days supply

159<sup>95</sup>



**Dis-Chem Moisturising Nasal Gel**  
20ml

59<sup>95</sup>

## HEALTHY Winter SAVINGS 19 May to 19 June 2022



**Gold Omega 3 Salmon Oil 1000mg**  
90 softgel capsules  
106<sup>95</sup> each

2+1  
FREE  
on Gold Omega 3 Salmon Oil 1000mg 90 softgel capsules



**Berocca Boost**  
30 effervescent tablets  
199<sup>95</sup>



**Centrum Multivitamin**  
30 tablets  
119<sup>95</sup>



**Vicks CoolMist Ultrasonic Humidifier**  
75489

- Quiet operation
- Adjustable settings
- Large tank for prolonged uninterrupted usage
- Safe in environments with infants or small kids due to cool mist vapour

1150<sup>00</sup>



**MEDIC+**

BLOOD PRESSURE MONITOR



**Medic Blood Pressure Monitor**  
334938

- Irregular heartbeat indicator
- WHO BP Indicator
- Average of three measurements
- Large display
- 120 memories
- Date and time
- Travel bag

495<sup>00</sup>



**MEDIC+**

COMPRESSOR NEBULIZER



**Medic Compressor Nebulizer**  
334951

- Latex free
- Easy to clean
- Ideal for all ages
- Easy to carry handle
- Complete nebulizer kit included

495<sup>00</sup>

20%  
OFF  
ALL  
Eve Teas



**Eve Instant Honeyed Ginger Tea**  
10 sachets  
36<sup>76</sup>

\*Advertised price already reflects discount

2+1  
CHEAPEST  
FREE  
on ANY Alette's Rusks 450g



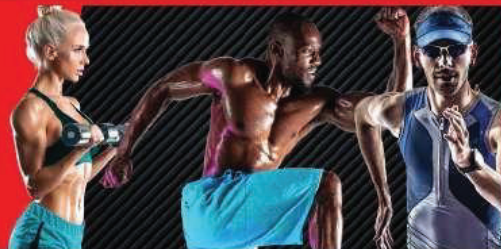
**Alette's All Bran Rusks**  
450g  
55<sup>95</sup> each



**Lifestyle Food Choice Grade Honey**  
1kg  
138<sup>95</sup>

\*Advertised price already reflects discount

# 2+1 CHEAPEST FREE



on Sports Supplements\* Friday 27 to Sunday 29 May 2022 \*Excludes ALL advertised products

**Dis-Chem PHARMACIES**

Dis-Chem prices and offers are now available at Medicare Pharmacies\*  
\*Selected products may not be available in all stores



**FALKE**  
EXPERIENCE UNSURPASSED COMFORT IN THE  
HIDDEN COOL & HIDDEN COMFORT

3+1  
CHEAPEST  
FREE  
on ANY Falke Socks







# Winter ESSENTIALS

Keep your family healthy this winter with our wide variety of humidifiers, nebulizers and diffusers to relieve cold and flu symptoms and increase moisture and humidity levels in the air.



## HUMIDIFIERS

MEDIC+



### Digital Ultrasonic Humidifier

323955

- Built-in hygrometer and thermometer
- Automatic power-off when desired room humidity is reached
- Unique design with strong evaporation
- Quiet when in operation
- Room area: up to 25m<sup>2</sup>

749<sup>00</sup>



### Steam Humidifier

184085

- Energy-efficient compared to electrode units
- Automatic switch-off when minimum water level has been reached
- Warm steam is 95+% bacteria-free and is lighter, hence remains longer in the air allowing for maximum absorption and humidity

495<sup>00</sup>

## ELEKTRA<sup>™</sup>

—health+—



### Ultrasonic Cool/Warm Steam Humidifier

21966

- 7.5-litre tank
- Eco-friendly
- Adjustable mist & humidity output
- Detachable water tank

1199<sup>95</sup>



### Electrode Warm Steam Humidifier

21969

- 3-litre tank
- Water Level Indicator
- Adjustable mist output
- Boil Dry Protection

379<sup>95</sup>



### Warm Mist Humidifier

106555

- Quiet operation
- Automatic switch-off
- Warm mist provides for 95% bacteria-free steam
- Warm steam remains longer in the air

1095<sup>00</sup>



### CoolMist Mini Ultrasonic Humidifier

214052

- Small design makes it ideal for kids' rooms or smaller living spaces and compact for convenient travel and storage
- Provides safer usage in kids' or young children's environments due to cool mist

949<sup>00</sup>



### CoolMist Personal Humidifier

214054

- Compact size ideal for smaller rooms
- Also helps to relieve cough and congestion symptoms
- Ideal for close and personal spaces like desktops or bedside tables

595<sup>00</sup>



## DIFFUSERS & AIR PURIFIERS



### Vicks Portable Waterless Diffuser with USB

299126

- Use with either menthol, rosemary or lavender oil pads
- Waterless, no spills or filling
- Compact design

239<sup>00</sup>



### DQUIP Air Purifier and Ioniser

292541001/292541002

- Protects against harmful airborne pollutants

379<sup>95</sup>



## NEBULIZERS

MEDIC+



### Compressor Nebulizer

334939

- One-button operation
- 2 storage compartments
- Effective medication delivery
- Child and adult mask set
- Ideal for all ages
- Easy to carry & clean

699<sup>00</sup>



### Compressor Nebulizer

334952

- Latex free
- Easy to clean
- Ideal for all ages
- Easy carry handle
- Complete Nebuliser kit included

495<sup>00</sup>



### Mesh Nebulizer

334953

- Micro-porous atomization technology
- Ultra-quiet, low power consumption
- No residual liquid
- Mini design, easy to carry
- Automatic turn off after 5 or 10 minutes
- Two airflow levels

749<sup>95</sup>



### Sinus Inhaler

227636

- Provides symptomatic relief from cough and congestion
- No filters required, works with tap water
- Auto switch-off
- Variable steam control

695<sup>00</sup>

VapoPads  
7-pack / Assorted  
195<sup>00</sup>  
per pack



Comforting Vapors  
Plug-in Vaporiser  
330<sup>00</sup>



## AROMATHERAPY OILS



Dis-Chem Breathe Peppermint & Eucalyptus 100% Pure Essential Oil 20ml

43<sup>96</sup>



Dis-Chem Eucalyptus 100% Pure Essential Oil 50ml

60<sup>76</sup>



Dis-Chem Australian Tea Tree 20% Blended Oil 50ml

66<sup>36</sup>



Dis-Chem Lavender 100% Pure Essential Oil 50ml

111<sup>96</sup>



Dis-Chem Peppermint 100% Pure Essential Oil 50ml

119<sup>96</sup>



Vitaforce Herbals Olbas Inhalant Oil 20ml

175<sup>96</sup>

\*Advertised prices already reflect discount \*\*Offer only applicable on the above Dis-Chem Essential Oil products





# Colds, Flu & Coughs

The common cold and flu are caused by different viruses, but you can use over-the-counter medication to help relieve symptoms of both such as congestion, runny nose and sore throat.

**20%\* OFF**  
Flugon Immune Support 50 capsules AND Colds and Flu Syrup 200ml

**Flugon Immune Support**  
50 capsules  
**95<sup>96</sup>**

**Flugon Colds and Flu Syrup**  
200ml  
**99<sup>96</sup>**

**NEW**

**20%\* OFF**  
Flugon Plus Daily Immune Support 20 effervescent tablets

**Flugon Plus**  
WITH VITAMIN C 1000  
Orange flavour  
20 effervescent tablets  
**103<sup>96</sup>**

**20%\* OFF**  
Bronchostop Cough Syrup 120ml AND 200ml

**Pholtex BRONCHOSTOP COUGH SYRUP**  
120ml  
**79<sup>96</sup>**

**Bronchostop Children's Cough Syrup**  
120ml  
**79<sup>96</sup>**

**Bronchostop Cough Syrup for Adults**  
200ml  
**107<sup>96</sup>**

\*Advertised prices already reflect discount

**Prospar Cough Syrup**  
200ml  
**136<sup>95</sup>**

**Bionorica SINUPRET PLUS**  
40 coated tablets  
**284<sup>95</sup>**

**15%\* OFF**  
PromuCoff Syrup 100ml

**PromuCoff Syrup**  
100ml  
**56<sup>91</sup>**

**Woods' for Children Peppermint Cough Syrup**  
100ml  
**42<sup>95</sup>**

**Woods' Great Peppermint Cure Syrup**  
100ml  
**42<sup>95</sup>**

**15%\* OFF**  
Karvol Decongestant Inhalation Capsules 10 capsules AND Chest Rub 50g

**Karvol Decongestant Inhalation Capsules**  
10 capsules  
**59<sup>45</sup>**

**Karvol Decongestant Chest Rub**  
50g  
**39<sup>91</sup>**

\*Advertised prices already reflect discount

**3-in-1 Immune Support**  
SUPPORTS THE BODY'S DEFENCE AGAINST A COLD. HELPS TO STOP A COLD. USE AT 1<sup>st</sup> SIGNS.

**20%\* OFF**  
Vicks First Defence Nasal Spray 15ml

**Triple Immune Action:**

- Turmeric to help relieve inflammation<sup>1</sup>
- Vitamin D contributes to a healthy immune system<sup>2</sup>
- Vitamin C & Zinc protects from oxidative stress<sup>3,4</sup>

**Immune Cold Defence**  
30 film-coated tablets  
**205<sup>95</sup>**

**First Defence Nasal Spray**  
15ml  
**129<sup>95</sup>**

**RELIEVES WET COUGHS AND DRY COUGHS. WITH HOLY BASIL AND GINGER.**

**Acta Plus Wet+Dry Cough Syrup 2-in-1 Relief**  
100ml  
**49<sup>95</sup>**

**Acta Plus Wet+Dry Cough Syrup 2-in-1 Relief**  
200ml  
**79<sup>95</sup>**

For full prescribing information refer to the package insert. Vicks® First Defence Nasal Spray for Irrigation. Contains hydroxypropyl methylcellulose 1%, succinic acid 1%, disodium succinate hexahydrate 0.44%, L-pyrrolidone carboxylic acid 0.35% and phenyl ethyl alcohol 0.33% as preservative. For full prescribing information refer to the package insert. 50 Vicks® Immune Cold Defence Film-Coated Tablets\*. Each film-coated tablet contains: Zingiber officinale Roscoe (Ginger) (Rhizome) 500 mg; Curcuma longa L. (Turmeric) (Rhizome) 500 mg; Ascorbic acid (Vitamin C) 250 mg; Citrus sinensis (L.) Osbeck (Citrus bioflavonoids extract) [Fruit] 25 mg; Zinc Oxide 12.7 mg, providing 10 mg Zinc (elemental); Cupric sulfate 2.6 mg, providing 1000 mcg Copper (elemental); Sodium selenite 0.23 mg, providing 100 mcg Selenium (elemental); Cholecalciferol (Vitamin D3) 25 mcg (1000 IU). \*Complementary Medicine: Combination Product. For full prescribing information refer to the package insert. 50 Vicks® Acta Plus Wet & Dry Cough Syrup\*. Each 10 ml syrup contains extracts derived from: Ocimum sanctum L. (Holy Basil) (Herb) 100 mg, Glycyrrhiza glabra L. (Licorice) (Root) 60 mg, Curcuma longa L. (Turmeric) (Rhizome) 50 mg, Zingiber officinale Roscoe (Ginger) (Rhizome) 10 mg, Piper cubeba L.f. (Tailed Pepper) (Fruit) 1.4 mg, Aloe barbadensis Mill. (Aloe Vera) (Leaf extract) 50 mg, Mentha arvensis L. (Levomenthol) (Leaf) 6 mg. Contains Sugar (7.5 g Sucrose per 10 ml). \*Complementary Medicine: Ayurveda. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use. P&G South African Trading (Pty) Ltd. Reg. No.: 1989/004241/07. 10th Floor, Alice Lane Towers, 15 Alice Lane, Sandton, South Africa, 2196. Customer Care Line 0860 112 188 (Shorecall charged at local rates), <https://www.pg.com/contactus>. MAT-ZA-VICKS-21-000110. August 2021. All decisions on pricing, promotion, and distribution (assortment and shelving) are at the sole discretion of the retailer. All P&G recommendations are based on objective category management principles, in accordance with all applicable legal requirements, and are based on the principles of fair share of shelf and fair share assortment.

**BOOK YOUR FLU INJECTION TODAY!**

**STOP FLU**

Flu risk reduced  
**60%**  
by vaccine\*

Stay up to date with your  
**COVID vaccine**

Both the Flu and the COVID vaccine can be administered at the same time

**Dis-Chem WELLNESS CLINIC**



\*This information has been reviewed and approved by Rosine Angbanzan, MPH (September 2019).

Get your flu vaccine now, available at all Dis-Chem Wellness Clinics. To book an appointment, contact the clinic call centre on 086 111 7427 or email: [clinicqueries@dischem.co.za](mailto:clinicqueries@dischem.co.za). Book an appointment online on [www.dischem.co.za](http://www.dischem.co.za) or via the App.





# Immune BOOSTERS

Having a healthy immune system is vital, now more than ever. Immune boosters assist your body's normal immune function during times of colds, flu and seasonal illness, as well as assist in reducing physical tiredness and fatigue.

## INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za), or WhatsApp "Hi" to 086 034 7243 and follow the easy steps.



Scan me



**Immunadue**  
100 capsules  
**139<sup>95</sup>**  
Benefit Price  
**118<sup>96</sup>**



**Gold Immune Support**  
60 vegcapsules  
**129<sup>95</sup>**  
Benefit Price  
**110<sup>46</sup>**

INSTANT DISCOUNT

**15%\* OFF**



**Gold Echinacea Plus**  
90 tablets  
**81<sup>95</sup>**  
Benefit Price  
**69<sup>66</sup>**



**VirAway Immune Junior Syrup**  
500ml  
**199<sup>95</sup>**  
Benefit Price  
**169<sup>96</sup>**



**Biogen Immuno Boost Powder**  
150g / Assorted  
**189<sup>95</sup>**  
Benefit Price  
**161<sup>46</sup>**



**Biogen Immuno Boost**  
60 capsules  
**229<sup>95</sup>**  
Benefit Price  
**195<sup>46</sup>**



**Biogen Vitamin C Ester Plus**  
60 capsules  
**159<sup>95</sup>**  
Benefit Price  
**135<sup>96</sup>**



**VirAway Cold & Flu Immune System Enhancer Value Pack**  
60 capsules PLUS 60 capsules  
**215<sup>95</sup>**  
Benefit Price  
**183<sup>56</sup>**

SCAN HERE and download Biogen's comprehensive Immunity Toolkit with tips, recipes and guidelines for a healthier winter.



\*15% instant discounts to be deducted when you swipe your Dis-Chem Benefit Card



**A.Vogel Echinaforce Forte Echinacea Tablets**  
30 tablets  
**129<sup>95</sup>**



**Silverlab Ionic Colloidal Silver Healing Liqui-Gel**  
200ml  
**89<sup>95</sup>**



**Just Wellness Olive Leaf Extract Tinctures**  
30ml / Assorted  
**209<sup>95</sup>**



**Viralmed Vita-G**  
10 effervescent tablets  
**84<sup>95</sup>**



**ViralChoice C Immune Support Value Pack**  
120 capsules  
**269<sup>95</sup>** each



**ViralChoice Immune Support**  
30 effervescent tablets  
**199<sup>95</sup>** each



**ViralChoice Immune Support Junior Syrup**  
200ml / Assorted  
**139<sup>95</sup>** each



**Tibb Septogard Natural Antibiotic Syrup**  
200ml  
**167<sup>96</sup>**



**Tibb Septogard Natural Antibiotic**  
120 tablets  
**199<sup>96</sup>**



**BFC ViralPlex 150**  
60 premium vegcaps  
**188<sup>96</sup>**



**Linctagon-C**  
12 effervescent tablets / Assorted

**1 FOR 112<sup>95</sup>**  
**2 FOR 169<sup>95</sup>**  
**SAVE 55<sup>95</sup>**



**Oscilloccoccinum Value Pack**  
30 x 1g vials  
**439<sup>95</sup>** per pack



**Efferflu C Immune Booster**  
20 effervescent tablets  
**71<sup>95</sup>**



**NRF Vita-C 2000 Buffered Vitamin C**  
150g  
**189<sup>95</sup>**

\*Advertised prices already reflect discounts

\*Advertised price already reflects discount

## PROTECT YOUR IMMUNE SYSTEM



### WHAT WEAKENS THE IMMUNE SYSTEM?

- Lack of sleep • Stress and anxiety • Alcohol abuse • Smoking • Unhealthy diet
- Lack of exercise • Chronic disease • Dehydration

### HOW TO BOOST THE IMMUNE SYSTEM?

- Immune-boosting vitamins and supplements • Healthy diet • Regular exercise • Hydrate • Plenty of sleep
- Minimise stress • Vaccinations (Covid & Flu) • No alcohol and cigarette intake



To find out more about Wellness Clinics, visit the Dis-Chem website at [www.dischem.co.za](http://www.dischem.co.za), scan the QR code, ask any of our friendly store assistants or contact our Clinic Careline at 0861 117 427. Terms and conditions apply.





# INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za), or WhatsApp "Hi" to 086 034 7243 and follow the easy steps.



Scan me

**Bettaway Mega C 1000 Fizzy**  
30 effervescent tablets

**125<sup>95</sup>**  
Benefit Price  
**107<sup>06</sup>**

**Bettaway Mega C 1000 Vitamin C**  
180 tablets

**399<sup>95</sup>**  
Benefit Price  
**339<sup>96</sup>**

**Gold Vitamin C 1000mg Non-Acidic**  
100 tablets

**119<sup>95</sup>**  
Benefit Price  
**101<sup>96</sup>**

**Biogen Vitamin C 1000mg**  
60 capsules

**129<sup>95</sup>**  
Benefit Price  
**110<sup>46</sup>**

**BFC Premium Zinc with Vitamin C & Selenium**  
60 capsules

**129<sup>95</sup>**  
Benefit Price  
**110<sup>46</sup>**

**Lifestyle Health Vitamin C Fizzy 1000mg**  
30 effervescent tablets / Assorted

**132<sup>95</sup>**  
Benefit Price  
**113<sup>01</sup>**

**Lifestyle Health Zinc**  
100 tablets

**79<sup>95</sup>**  
Benefit Price  
**67<sup>96</sup>**

**ReVite Super B Energy & Anti-Stress Fizzy**  
30 effervescent tablets

**184<sup>95</sup>**  
Benefit Price  
**147<sup>96</sup>**

**ReVite Super B Energy & Anti-Stress Fizzy**  
10 effervescent tablets

**79<sup>95</sup>**  
Benefit Price  
**63<sup>96</sup>**

**ReVite Super B Energy & Anti-Stress Tablets Value Pack**  
60 tablets

**209<sup>95</sup>**  
Benefit Price  
**167<sup>96</sup>**

**Lifestyle Nutrition Vitamin C 1000mg**  
100 tablets

**104<sup>95</sup>**  
Benefit Price  
**75<sup>95</sup>**

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

**Zinium Immune Support**  
60 capsules

**20% OFF**  
Zinium Immune Support 60 capsules

**87<sup>96</sup>**

\*Advertised price already reflects discount

**TurboVite Focus Syrup**  
200ml

**OR TurboVite Focus**  
30 capsules

**79<sup>95</sup>** each

**TurboVite Vitality**  
20 sachets

**119<sup>95</sup>** each

**Lifestyle Health Vitamin B Fizzy**  
30 effervescent tablets

**20% OFF**  
Lifestyle Health Vitamin B Fizzy 30 effervescent tablets

**131<sup>96</sup>**

\*Advertised price already reflects discount

**Zinplex Zinc, Vitamin C & D3 Triple Plus**  
30 tablets

**84<sup>95</sup>**

**Gold Zinc**  
120 tablets

**99<sup>95</sup>**

**Zyora Zyzinc+**  
60 capsules

**189<sup>95</sup>**

**Zyora Zyzinc+**  
20 effervescent tablets

**69<sup>95</sup>**

**TurboVite Excel**  
20 sachets

**119<sup>95</sup>** each

**BioPlus Syrup**  
100ml

**58<sup>95</sup>** each

**BioPlus Effervescent**  
20 effervescent tablets

**176<sup>95</sup>** each

**BioPlus Syrup**  
200ml

**89<sup>95</sup>** each

\*Offer excludes BioPlus Sachets, Sweets AND Drinks

**Healthy Living FatigueAway**  
20 sachets

**1 FOR 99<sup>95</sup>**  
**2 FOR 150<sup>00</sup>**  
**SAVE 49<sup>50</sup>**

**Slow-Mag Fizzies**  
30 effervescent tablets

**180<sup>95</sup>**





# Self-Medication

Self-medication describes an easily available medication that you might buy or use to treat common health issues at home such as analgesic painkillers for headaches, toothache or back pain, without the need to visit your doctor or a medical professional.

**Sooth Eeze**  
Throat Lozenges  
24 lozenges Assorted

**1 FOR 26<sup>95</sup>**  
**2 FOR 49<sup>00</sup>**  
SAVE 4<sup>90</sup>

**Strepsils**  
Orange with Vitamin C  
Throat Lozenges  
24 OR 16 lozenges Assorted

**66<sup>95</sup>** each

**Cepacol**  
Throat Lozenges  
24 lozenges Assorted

**54<sup>95</sup>**

**Contour Plus**  
Glucose Test Strips  
50-pack

**159<sup>95</sup>**

**Compral**  
Pain Tablets  
100 tablets

**71<sup>95</sup>**

**Accu-Chek**  
Instant OR Active  
Glucose Test Strips  
50-pack

**129<sup>95</sup>** per pack

**SAVE 30<sup>00</sup>\***

**TransAct**  
Medicated Pain Relief Patch  
For Muscle & Joint Pain

**12 HOURS**

**TransAct Patches**  
10-pack

**244<sup>95</sup>**

**Panado**  
20 capsules

**26<sup>95</sup>**

**Panado**  
Paediatric Syrup  
12 x 5ml sachets

**34<sup>95</sup>** per pack

## GREAT SAVINGS with our Scheduled Medicine

Aleve 12 tablets	<b>R29<sup>95</sup></b>
Demazin Syrup 100ml	<b>R63<sup>95</sup></b>
Ibupain Blister 60 capsules	<b>R100<sup>95</sup></b>
Omiflux 20mg 14 capsules	<b>R61<sup>95</sup></b>

Prices only applicable in South Africa

**20% OFF**  
Bronchostop Cough Pastilles  
20 pastilles

**79<sup>96</sup>**

**20% OFF**  
Systane Complete Lubricant Eye Drops  
10ml

**117<sup>56</sup>**

\*Advertised prices already reflect discount

**Medic**  
Cold Sore Cream  
7ml

**44<sup>95</sup>** each

**Optive Fusion**  
Eye Drops  
10ml

**127<sup>95</sup>**

**ACC**  
Oral Solution  
200ml

**99<sup>95</sup>**

**ACC 600**  
10 effervescent tablets

**127<sup>95</sup>**

**Rupinase**  
Allergy Nasal Spray  
20ml

**123<sup>95</sup>**

**Iliadin**  
Baby Nose Drops  
5ml

**46<sup>95</sup>**

**Iliadin**  
Kids Nose Spray  
10ml

**78<sup>95</sup>**

**Purgolene**  
20 sachets

**99<sup>95</sup>**

**PEGICOL**  
Pain Relief  
20 sachets

**173<sup>95</sup>**

**MOVICOL**  
20 sachets Assorted

**135<sup>95</sup>**

**Ulsanic**  
Suspension  
250ml

**369<sup>95</sup>**

**gsk**

**MED-LEMON**

**STRIKE BACK WHEN FLU HITS**

**FIGHTS 9 SYMPTOMS OF COLDS AND FLU\***

- FEVER
- BODY PAIN
- THROAT IRRITATION
- CHILLS
- SINUS CONGESTION
- HEADACHE
- MUSCLE ACHES
- EARACHE
- SORE THROAT

**IZOK' SOLVA.**

\*Med-Lemon fights 9 symptoms of colds and flu (fever, chills, muscle aches, sore throat pain, pain of sinus congestion, throat irritation, headache, earache, body pain). References: 1. SAHPR approved package insert. 2. https://www.ncbi.nlm.nih.gov/books/NBK279542/. 3. https://www.cdc.gov/flu/about/qa/coldflu.htm. 4. Rhinology. 2008 Dec;46(4):271-5. The effects of a hot drink on nasal airflow and symptoms of common cold and flu. 5. https://www.mayoclinic.org/diseases-conditions/acute-sinusitis/diagnosis-treatment/drc-20351677. 6. Med-Lemon Hot Medication with Vitamin C. Reg. No. 27/5.8/0241. Each sachet contains: 800 mg Aspirin, 50 mg Caffeine, 45 mg Ascorbic Acid, 2.6 mg Menthol, 425.4 mg Sucrose. GlaxoSmithKline Consumer Healthcare South Africa (Pty) Ltd. Reg. No. 2014/173930/07. 39 Hawkins Avenue, Epping Industrial, Cape Town, 7460. PM-ZAMLN-21-00006

**gsk**

**CHILDREN ARE CUTE. FEVER IS NOT.**

**Calpol**

**STARTS TO WORK ON FEVER IN JUST 15 MINUTES**

Available in 100ml & 50ml

**gsk**

**RELEASES MEDICINE 5X FASTER**

**Calpol**  
Tablets  
Pain and Fever

**FAST PAIN RELIEF**

**\*Than standard paracetamol tablets. +Also suitable for children 10 to 15 years and older. Reference 1. Wilson CG, Clarke CP, Starkey YY, Clarke GD. Comparison of a novel fast-dissolving acetaminophen tablet formulation (FD-APAP) and standard acetaminophen tablets using gamma scintigraphy and pharmacokinetic studies. Drug development and industrial pharmacy. 2011 Jul. 1;37(7):747-53. 2. CALPOL Tablets. Each tablet contains 500 mg Paracetamol. Reg no: 44/2.7/0321. GlaxoSmithKline Consumer Healthcare South Africa (Pty) Ltd. 39 Hawkins Avenue, Epping Industria 1, Cape Town, 7460. Reg. No: 2014/173930/07. For full prescribing information refer to the professional information approved by the medicines regulatory authority. For any further information, including safety, please contact the GSK Hotline on +27 11 745 6001 or 0800118274. Always Read label before use. Trademarks are owned by or licensed to GSK group of companies. PM-ZA-CALP-00042**



## INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za), or WhatsApp "Hi" to 086 034 7243 and follow the easy steps.



SCAN ME

**Gold Curcumin 400mg**  
60 vegcapsules

~~229<sup>95</sup>~~  
**195<sup>46</sup>**

**Gold Iron Plus High Strength**  
30 coated tablets

~~88<sup>95</sup>~~  
**75<sup>61</sup>**

**Gold Slow Release Magnesium**  
100 tablets

~~84<sup>95</sup>~~  
**72<sup>21</sup>**

**Gold Lecithin 1200**  
300 softgel capsules

~~284<sup>95</sup>~~  
**242<sup>21</sup>**

**Gold Cayenne**  
365 vegcapsules

~~322<sup>95</sup>~~  
**274<sup>51</sup>**

**Biogen Iron + Vitamin C**  
3 x 10 effervescent tablets

~~116<sup>95</sup>~~  
**99<sup>41</sup>**

**Biogen Vitamin E**  
30 capsules

~~95<sup>95</sup>~~  
**81<sup>56</sup>**

**Biogen Prostate Pro**  
60 capsules

~~289<sup>95</sup>~~  
**246<sup>46</sup>**

**Biogen Vitamin A with Beta-Carotene**  
60 capsules

~~119<sup>95</sup>~~  
**101<sup>96</sup>**

**Lifestyle Nutrition Advance Alkaline Powder**  
300g

~~169<sup>95</sup>~~  
**144<sup>46</sup>**

\*15% instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

**25% OFF**  
ReVite Magnesium products\*\*

**ReVite Slow Release Magnesium Tablets**  
100 tablets  
**91<sup>96</sup>**

**ReVite Magnesium Capsules**  
30 capsules  
**69<sup>56</sup>**

**ReVite Magnesium Fizzy**  
10 effervescent tablets  
**47<sup>96</sup>**

\*Advertised prices already reflect discount  
\*\*Offer only applicable on the above ReVite Magnesium products

**Novanight Phyto+**  
16 tablets  
**111<sup>96</sup>** each

**1+1 FREE**  
on Novanight Phyto+ 16 tablets

**StaminoGro Value Pack**  
120 tablets  
PLUS 30 tablets  
**399<sup>95</sup>** per pack

**Slow-Mag Capsules**  
60 capsules  
**207<sup>95</sup>** each

**SAVE 21<sup>00</sup>\***

**Lifestyle Nutrition Cramp Free**  
60 capsules  
**99<sup>95</sup>**

**SAVE 27<sup>00</sup>\***

**CrampEase Night**  
30 capsules  
**129<sup>95</sup>** each

**SAVE 20<sup>00</sup>\***

\*Advertised prices already reflect discounts

**Biogen CBD Sleep with MCT Oil**  
600mg 30ml  
**254<sup>96</sup>**

**Extract Premium Pet Friendly CBD Oil**  
250mg 30ml / Assorted  
**279<sup>95</sup>**

**SAVE 45<sup>00</sup>\***

**SAVE 20<sup>00</sup>\***

**Adco CBD Stress 200mg Oil Drops**  
15ml  
**309<sup>95</sup>**

**Adco CBD Pain 600mg Oil Drops**  
30ml  
**539<sup>95</sup>**

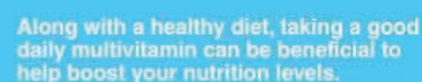
**SAVE 40<sup>00</sup>\***

**SAVE 60<sup>00</sup>\***

\*Advertised prices already reflect discounts

**Nativa Complex CBD Oil**  
300mg 30ml  
**269<sup>95</sup>**





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me**



\*Instant discounts to be deducted when you swipe your **Dis-Chem** Benefit Card



**2+1**  
CHEAPEST  
**FREE**

on ProbiFlora,  
al Guard AND BioPlus  
Vit-Ality products\*

[illegible]

\*Offer excludes BioPlus Sachets, Sweets **AND** Drinks.

adcock ingram 



**A.Vogel  
Boldocynara  
Liver and Gall  
Bladder Support  
Drops**  
50ml

50ml  
**119<sup>95</sup>**

**A.Vogel  
Nephrosolid  
Kidney and  
Bladder Support  
Drops**  
50ml

50ml  
**119<sup>95</sup>**

**Dis-Chem+**  
**HEALTH**  
In partnership with **kaelo**

**New! Dis-Chem Health**  
**Medical Insurance**

From **R431** adults | **R302** children

Visit [www.dischemhealth.co.za](http://www.dischemhealth.co.za)



This is not a Medical Scheme and the cover is not the same as that of a Medical Scheme. This Policy is not a substitute for Medical Scheme membership.

The administrator of this product is Kaelo Risk (Pty) Ltd, an authorised Financial Services Provider (FSP 36931). Insurance products are underwritten by Centriq Insurance Company Limited ("Centriq"), a licensed non-life insurer and authorised Financial Services Provider (FSP 3417).



# INSTANT DISCOUNTS

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INSTANT DISCOUNT  
**12<sup>00</sup>\* OFF**



Biogen Supreme Probiotic 9-Strain 60 capsules

**237<sup>95</sup>**  
Benefit Price  
**225<sup>95</sup>**

INSTANT DISCOUNT  
**20%\* OFF**



Lifestyle Nutrition Pregnancy Pack 30 day pack

Contains:  
• 30 multivitamin and mineral tablets  
• 30 Calcium, Vitamin D3, MenaQ7 (Vit K) and Magnesium tablets  
• 30 Omega-3 Fish Oil capsules

**239<sup>95</sup>**  
Benefit Price  
**191<sup>96</sup>**

INSTANT DISCOUNT  
**15%\* OFF**



Biogen Digestive Enzymes 70 vegi capsules

**149<sup>95</sup>**  
Benefit Price  
**127<sup>46</sup>**

Spectrum Senior OR Multivitamin 120 tablets

**324<sup>95</sup>**  
Benefit Price  
**276<sup>21</sup>**



**86<sup>95</sup>**  
Benefit Price  
**73<sup>91</sup>**



Lifestyle Health B12 + Folic Acid 60 tablets

**59<sup>95</sup>**  
Benefit Price  
**50<sup>96</sup>**

INSTANT DISCOUNT  
**10<sup>00</sup>\* OFF**



Biogen Vitamin D3 with Coconut Oil 60 softgel capsules

**108<sup>95</sup>**  
Benefit Price  
**98<sup>95</sup>**

\*Instant discounts to be deducted when you swipe your Dis-Chem Benefit Card

**2+1 CHEAPEST FREE**  
on ANY Vital products



Vital Maxi C 1000mg 30 caplets  
**134<sup>95</sup>** each



Vital Vitamin D3 1000 IU 30 softgel capsules  
**92<sup>95</sup>** each

**1+1 FREE**  
on Go! Focus, Man AND Woman Multivitamin Supplement 30 tablets



Go! Focus OR Man OR Woman Multivitamin Supplement 30 tablets  
**149<sup>95</sup>** each

**1+1 CHEAPEST FREE**  
on Enterogermina Family AND Infants 20 x 5ml vials



Enterogermina Family 20 x 5ml vials  
**249<sup>95</sup>** each

Enterogermina Infants 20 x 5ml vials  
**229<sup>95</sup>** each

**20%\* OFF**  
Pharmaton ProActive 60 easy swallow caplets



Pharmaton ProActive 60 easy swallow caplets  
**239<sup>96</sup>**

**40%\* OFF**  
BFC Pro-B5 30 capsules



BFC Pro-B5 30 capsules  
**116<sup>97</sup>**

**SAVE 15<sup>00</sup>\***



Bio-Strath Tablets 100 tablets  
**171<sup>95</sup>**

**SAVE 15<sup>00</sup>\***



ActivoVite Complete Multivitamin & Mineral 30 caplets  
**109<sup>95</sup>**

\*Advertised prices already reflect discounts

**SAVE 20<sup>00</sup>\***



Reuterina Junior OR Daily 30 chew tablets  
**174<sup>95</sup>** each



Reuterina Drops 5ml  
**189<sup>95</sup>**

**SAVE 80<sup>00</sup>\***



Iberogast 9 Herb Treatment 50ml  
**209<sup>95</sup>**

Amipro Digestizyme



Digestive Aid 60 capsules

**289<sup>95</sup>**

Digestive Aid 120 capsules

**479<sup>95</sup>**

• Plant-based enzymes and herbs  
• Promotes digestion of food  
• Prevents gas and bloating  
• Optimises nutrient absorption

**20%\* OFF**  
Gelusil Plus Suspension 200ml



Gelusil Plus Suspension 200ml  
**106<sup>36</sup>**



Femolene Mylife Mature+ 56 tablets  
**369<sup>95</sup>**



Femolene Mylife Adult 56 tablets  
**249<sup>95</sup>**

\*Advertised price already reflects discount

PregOmega Plus 30 day pack  
**252<sup>95</sup>**







# Health FOODS

Let's make your health journey easy with our delicious health foods on offer at Dis-Chem Pharmacies. We've got you covered from snack and smoothie time to breakfast time to tea time and more.

## HOT BEVERAGES



1 FOR 39<sup>95</sup>  
2 FOR 70<sup>00</sup>  
SAVE 9<sup>90</sup>

Closemyer  
Lemon  
Ginger Tea  
10 bags



SAVE  
10<sup>00</sup>\*

Closemyer  
Slimming Green Tea  
20 teabags

53<sup>95</sup>



SAVE  
6<sup>00</sup>\*

Freshpak  
Wellness Teas  
20 tagless tea bags  
Assorted  
24<sup>95</sup>  
each



SAVE  
10<sup>00</sup>\*

Nescafé Gold  
Festive Edition  
OR Alta Rica  
OR Espresso  
Instant Coffee  
200g

109<sup>95</sup>  
each



SAVE  
15<sup>00</sup>\*

Lifestyle Food  
Instant Ginger  
Drink with Honey  
20 sachets

61<sup>95</sup>

\*Advertised prices already reflect discounts

## SUGAR ALTERNATIVES



SAVE  
10<sup>00</sup>\*

Lifestyle Food  
Xylitol Sweetener  
1kg

158<sup>95</sup>

Lifestyle Food  
Xylitol  
50 stick sachets

84<sup>95</sup>



SAVE  
10<sup>00</sup>\*

Canderel  
Original  
500 tablets

99<sup>95</sup>



SAVE  
6<sup>00</sup>\*

Canderel  
with Stevia  
100 tablets

49<sup>95</sup>



SAVE  
7<sup>00</sup>\*

Equal  
Liquid  
Sweetener  
2.4kg

39<sup>95</sup>

Equal  
Sweetener  
100 sticks

49<sup>95</sup>

\*Advertised prices already reflect discounts

## FREE FROM DAIRY



1 FOR 45<sup>95</sup>  
2 FOR 60<sup>00</sup>  
SAVE 31<sup>90</sup>

Lifestyle Food  
Barista Blend  
Oat Milk  
1 litre



SAVE  
9<sup>00</sup>\*

Blue Diamond  
Almond Breeze  
Almond &  
Oat Milk  
Unsweetened  
1 litre

29<sup>95</sup>



SAVE  
5<sup>00</sup>\*

Blue Diamond  
Almond Breeze  
Almond Milk  
Sweetened OR  
Unsweetened  
1 litre / Assorted

34<sup>95</sup>  
each

\*Advertised prices already reflect discounts

## CEREALS



SAVE  
10<sup>00</sup>\*



Lifestyle  
Food  
Granola  
Crunch  
750g / Assorted

49<sup>95</sup>



SAVE  
5<sup>00</sup>\*

FutureLife  
High Protein  
Smart+ Food  
Value Pack  
1kg / Assorted

119<sup>95</sup>

FutureLife  
Granola Crunch  
Smart+ Food  
700g / Assorted

59<sup>95</sup>

\*Advertised prices already reflect discounts



SAVE  
7<sup>00</sup>\*

Bokomo  
Weet-Bix Wholegrain  
Wheat Biscuits  
450g

29<sup>95</sup>  
each



# INSTANT DISCOUNTS

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SCAN ME



INSTANT DISCOUNT

10%\* OFF

\*10% instant discount to be deducted when you swipe your Dis-Chem Benefit Card

20%\* OFF  
Gaby's Cashews 1kg



Gaby's Earth Foods  
Roasted & Salted OR  
Raw Cashews 1kg

227<sup>96</sup> each

\*Advertised price already reflects discount

## HEALTHY SNACKS



3+1 FREE  
on ANY  
Plato's Crisps  
125g

Plato's Crisps  
125g / Assorted  
24<sup>95</sup> each



3+1 FREE  
on Trigz  
Popped Corn Chips  
28g

Trigz Popped Corn  
Chips  
28g / Assorted  
7<sup>95</sup> each



3+1 FREE  
on Lifestyle Food  
Rice Cakes  
130g

Lifestyle Food  
Brown OR  
White Rice  
Cakes  
Salted OR Unsalted  
130g  
19<sup>95</sup> each



20%\* OFF  
ALL Russel Rich  
Foods Biltong

\*Discount to be deducted at tills.



Lorenz Pomsticks  
100g Assorted  
25<sup>95</sup>



SAVE 4<sup>00</sup>\*  
Lorenz Naturals  
Chips  
100g / Assorted  
32<sup>95</sup> each

\*Advertised price already reflects discount



B-Well Dip  
125g / Assorted  
19<sup>95</sup> each



Ensure  
Nutritional Supplement  
850g / Assorted  
229<sup>95</sup>



\*Advertised price already reflects discount

## SPREADS & HONEY



SAVE 7<sup>00</sup>\*  
each

Lifestyle Food  
Peanut Butter  
Crunchy OR Smooth  
380g  
24<sup>95</sup> each



SAVE 10<sup>00</sup>\*  
each

OhMega Almond Butter  
1kg  
239<sup>95</sup>

\*Advertised prices already reflect discounts



Lifestyle Food Creamed Honey  
350g  
68<sup>95</sup>



Lifestyle Food Pure Honey  
350g  
64<sup>95</sup>



SAVE 3<sup>00</sup>\*  
each

LittleBee Choice Grade Honey  
375g  
47<sup>95</sup>



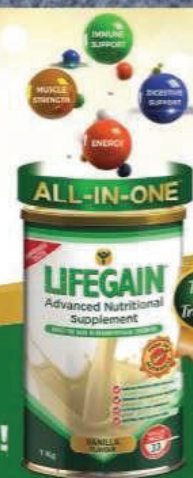
For every LIFEGAIN 1 Kg you **BUY** from 1 May - 30 June 2022,  
LIFEGAIN will **DONATE R10** through the

**LIFEGAIN**  
IS GIVING BACK



toward helping someone, **GAIN MORE** out of life.

**GAIN MORE** out of life, everyday!



**Dis-Chem**  
PHARMACIES

Find out how: [www.lifegain.co.za](http://www.lifegain.co.za)

\*ALL-IN-ONE Advanced Nutritional Supplement (Pty) Ltd. | Customer Care Line: 0800 628 482 | E-mail: [health@nativa.co.za](mailto:health@nativa.co.za) | Website: [www.nativa.co.za](http://www.nativa.co.za) | YDLF011/01





# Children's HEALTH

Protecting the health of children is very important and it is vital for children to get all the right vitamins and minerals during development stages. Make sure your child is warm during winter and that they take all the necessary medication if sick.



## INSTANT DISCOUNTS

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<p><b>Lifestyle Nutrition Multi-Vitamin &amp; Mineral OR Vitamin C Gummy Bears</b> 120 bears</p> <p><b>169<sup>95</sup></b> Benefit Price <b>144<sup>46</sup></b> each</p>	<p><b>Biogen Junior MultiMune Syrup</b> 200ml Assorted</p> <p><b>159<sup>95</sup></b> Benefit Price <b>135<sup>96</sup></b></p>	<p><b>Biogen Junior Zinc-Mune Syrup</b> 200ml Assorted</p> <p><b>64<sup>95</sup></b> Benefit Price <b>55<sup>21</sup></b></p>	<p><b>Biogen Junior Multivitamin Gummies</b> 60 gummies</p> <p><b>119<sup>95</sup></b> Benefit Price <b>101<sup>96</sup></b></p>
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\*15% instant discount to be deducted when you swipe your Dis-Chem Benefit Card

### Crèche Guard

**Crèche Guard Gummies Multivit**  
Daily multivitamin for immune defence

**1-12 YRS**  
**IMMUNE MULTIVIT SYRUP**  
200ml

**151<sup>96</sup>**

**Up to 12 YRS**  
**COUGH REMEDY SYRUP**  
100ml

**67<sup>96</sup>**

**20% OFF**  
Crèche Guard products\*\*

**Probiotic Immune Choc Bars**  
30 chocolate bars

**195<sup>96</sup>**

**Multivit One A Day Gummies**  
30 gummies

**159<sup>96</sup>**

\*Advertised prices already reflect discount  
\*\*Offer only applicable on the above Crèche Guard products

Legals and references available upon request from Inova Pharmaceuticals. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use. Complementary Medicine: Health Supplement. For more information speak to your healthcare professional. Tel. No. 011 087 0000 or visit www.inovapharma.co.za. IN1730/22

**inova pharmaceuticals**

**20% OFF**  
Zinium Junior Syrup AND Diabetic Friendly Syrup 200ml

**Zinium Junior**  
cream soda flavour  
IMMUNE SUPPORT  
SUPPORTS BRAIN FUNCTION  
MAINTAINS HEALTHY SKIN

**Zinium Junior**  
cream soda flavour  
IMMUNE SUPPORT  
SUPPORTS BRAIN FUNCTION  
MAINTAINS HEALTHY SKIN

**Zinium Junior Immune Support Syrup**  
200ml

**59<sup>96</sup>**

**Zinium Junior Diabetic Friendly Immune Support Syrup**  
200ml

**59<sup>96</sup>**

**2+1 CHEAPEST FREE**  
on ANY Gummy Vites products

**Gummy Vites Select**  
Everyday Wellbeing Sugar Free Multivitamin  
60 gummies / Assorted

**249<sup>95</sup>** each

**Gummy Vites Select Immuno Support Creche Protect**  
60 gummies / Assorted

**249<sup>95</sup>** each

**EXAM COMBO**  
**NATURA**  
**RESCUE EXAM COMBO**  
CONTAINS: RESCUE + GEMO  
STRESS ANXIETY NERVOUSNESS POOR CONCENTRATION

**VALUE PACK**

**Natura Rescue Exam Combo Value Pack**

**179<sup>95</sup>** per pack

**Growing Pains**  
Magnesium Sulphate and Vitamin K2 Day OR Night  
30 snap-cap OR Gel 75g

**99<sup>95</sup>** each

**A.Vogel Echinaforce Junior**  
Colds & Flu  
120 chewable tablets

**199<sup>95</sup>**

**20% OFF**  
Flugon Fizzy Kidz 12 effervescent tablets

**FLUGON FIZZY KIDZ**  
Immune support  
• Polysorbate & Echinacea  
• Vitamins C & B  
• Zinc

**87<sup>96</sup>** each

\*Advertised price already reflects discount

**2+1 CHEAPEST FREE**  
on ANY ProbiFlora, Viral Guard AND BioPlus Vit-Ality products

**ProbiFlora Junior**  
Fit for School  
30 chewable tablets

**269<sup>95</sup>** each

**SYRUP**  
**Vi-Daylin**  
Daily multivitamin supplement

**144<sup>95</sup>**

**DROPS**  
**Vi-Daylin**  
Drops  
Daily multivitamin supplement

**149<sup>95</sup>**

**DROPS**  
**Vi-Daylin**  
Plus Iron  
Multivitamin with iron

**154<sup>95</sup>**





# OmeGas, Bone & Joint HEALTH

## INSTANT DISCOUNTS

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Biogen  
Co-Enzyme  
Q10  
60 capsules

**239<sup>95</sup>**  
Benefit  
Price  
**203<sup>96</sup>**



Biogen  
Supreme Omega 3  
60 softgel capsules  
PLUS  
10 softgel capsules

**184<sup>95</sup>**  
Benefit  
Price  
**157<sup>21</sup>**



Biogen  
Calmag Max  
120 tablets

**329<sup>95</sup>**  
Benefit  
Price  
**280<sup>46</sup>**

INSTANT  
DISCOUNT

**15%\***  
OFF



Gold  
MSM  
90 capsules

**96<sup>95</sup>**  
Benefit  
Price  
**82<sup>41</sup>**



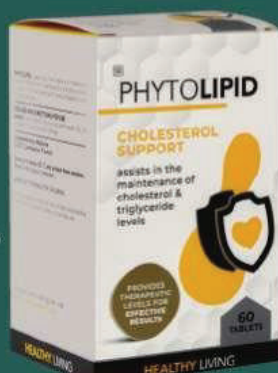
Arthraway  
Chronic  
Joint Therapy  
Value Pack  
180 tablets

**259<sup>95</sup>**  
Benefit  
Price  
**220<sup>96</sup>**



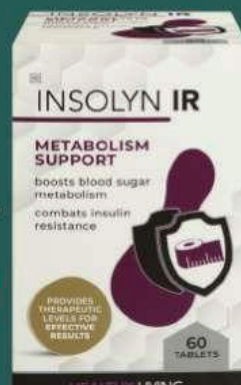
Lifestyle  
Nutrition  
Joint Aid  
30 vegcapsules

**319<sup>95</sup>**  
Benefit  
Price  
**271<sup>96</sup>**



Phytolipid  
Cholesterol  
Support  
60 tablets

**289<sup>95</sup>**  
Benefit  
Price  
**246<sup>46</sup>**



Insolyn IR  
Metabolism  
Support  
60 tablets

**259<sup>95</sup>**  
Benefit  
Price  
**220<sup>96</sup>**



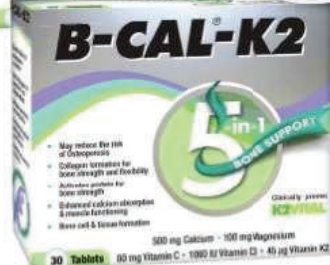
Procydin  
60 capsules

**129<sup>95</sup>**  
Benefit  
Price  
**117<sup>95</sup>**

\*Instant discounts to be deducted when swiping your Dis-Chem Benefit Card



**1 FOR 142<sup>95</sup>**  
**2 FOR 209<sup>95</sup>**  
SAVE 75<sup>95</sup>



B-CAL-K2  
30 tablets



Opti-CAL  
Original  
30 day supply  
**134<sup>95</sup>**



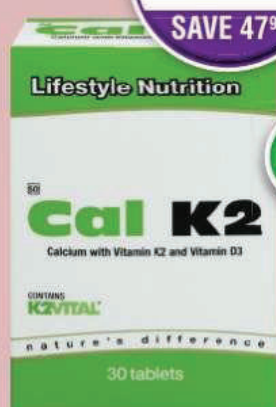
Flexi-CAL  
30 days Supply  
**259<sup>95</sup>**

**SAVE 34<sup>00</sup>\***



Calcium  
Sandoz Forte  
600mg  
40 effervescent  
tablets  
**139<sup>95</sup>**

\*Advertised prices already reflect discounts



Lifestyle  
Nutrition  
Cal K2  
30 tablets



THRESHHold  
Real MSM  
120 tablets  
**249<sup>95</sup>**



OsteoEze  
Gold  
90 capsules  
**258<sup>95</sup>**



Radical.  
Calcium &  
Magnesium  
30 tablets  
**104<sup>95</sup>**





# Sports SUPPLEMENTS

Sometimes even the fittest bodies need more than a healthy diet to keep that engine running! To see how supplements can help you target your weak spots and build on your strengths, speak to our friendly in-store consultants.

## INTERNATIONAL BRANDS



MuscleTech  
Cell Tech  
Creatine  
2.72kg / Assorted

**1099<sup>95</sup>**

MuscleTech  
Nitro Tech  
Whey Protein  
2.5kg / Assorted

**1449<sup>95</sup>**



Optimum Nutrition  
Amino Energy  
270g / Assorted

**499<sup>95</sup>**



Optimum Nutrition  
Gold Standard  
100% Whey  
2.27kg / Assorted

**1799<sup>95</sup>**



Universal  
Animal Pak  
44-pack

**899<sup>95</sup>**  
per pack



Universal  
Animal Stak  
21-pack

**1149<sup>95</sup>**  
per pack

\*Advertised prices already reflect discounts



## USN



Lipo X Black  
80 capsules

**439<sup>95</sup>**



Qhush  
Hyperdrive  
210g / Assorted

**179<sup>95</sup>**



Testo  
Methox 17 Gold  
80 capsules

**499<sup>95</sup>**



Fast Grow  
Anabol 9H  
4kg / Assorted

**629<sup>95</sup>**



Blue Lab  
Premium Whey Protein  
2kg / Assorted

**949<sup>95</sup>**

\*Advertised prices already reflect discounts

## PRIMAL SPORTS NUTRITION



CLA  
Value Pack  
3 x 90 softgel  
capsules

**279<sup>95</sup>**  
per pack



Energy Amino  
BCAAs  
390g / Assorted

**229<sup>95</sup>**

\*Advertised prices already reflect discounts



Skinny Whey  
900g / Assorted

**399<sup>95</sup>**



Diet Shake  
All-In-One Meal  
Replacement  
1.8kg / Assorted

**549<sup>95</sup>**

## herbex

LOVE YOUR BODY!

**2+1  
CHEAPEST  
FREE**  
on ANY Herbex fat  
burn products



**NOW AVAILABLE AT  
Dis-Chem**

**POSITIVELY INFLUENCE YOUR RESULTS  
WITH THE BODY FIT RANGE**





**Biogen**  
FOR THE RESULTS YOU WANT

**20%\*  
OFF**

ALL Biogen Rage products



Rage Aminos Advanced Ratio 12:1:1  
300g / Assorted



Rage Energy 360g / Assorted



Rage Testo 120 capsules

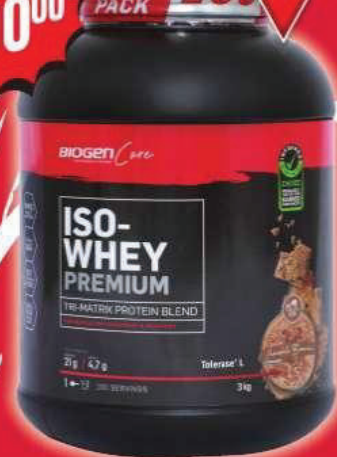


Rage Ultra Fuel 500g / Assorted

\*Discount to be deducted at tills

**SAVE 100<sup>00</sup>\***

**VALUE PACK**



ISO-Whey Premium Protein Value Pack  
3kg / Assorted

**1299<sup>95</sup>**



**SAVE 70<sup>00</sup>\***

Carni Lean 5000 500ml Assorted

**229<sup>95</sup>**

**#1**

**Best Seller**  
For Fully Disclosed  
Ingredients & Formulas  
No Proprietary Blends Policy



**SAVE 55<sup>00</sup>\***

Diet Pro High Protein Shake 908g / Assorted

**309<sup>95</sup>**



**SAVE 60<sup>00</sup>\***

Thermo Cuts Black 40 capsules

**299<sup>95</sup>**



**SAVE 80<sup>00</sup>\***

Hyper Pump II Hybrid Pre X5 500g / Assorted

**449<sup>95</sup>**



**SAVE 67<sup>00</sup>\***

Hyper Gain All-In-One Mass 4kg / Assorted

**349<sup>95</sup>**

\*Advertised prices already reflect discounts

**EVOX**  
ADVANCED NUTRITION

**SAVE 60<sup>00</sup>\***



Lean-Pro Lite 1.9kg / Assorted

**669<sup>95</sup>**

**SAVE 80<sup>00</sup>\***



100% Whey Protein Advanced 2kg / Assorted

**899<sup>95</sup>**

\*Advertised prices already reflect discounts

**Muscle Junkie**

**SAVE 40<sup>00</sup>\***



100% Pure Creatine 200g PLUS Glutamine Combo Pack 150g

**289<sup>95</sup>**

**SAVE 50<sup>00</sup>\***



Freak Mass Gainer 4kg / Assorted

**349<sup>95</sup>**

**UNDER 200 DEALS**

**SAVE 25<sup>00</sup>\***



EvoX Testo Peak 90 capsules

**109<sup>95</sup>**

**SAVE 50<sup>00</sup>\***



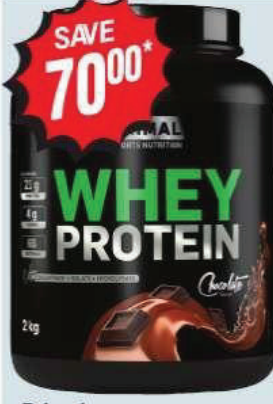
Muscle Junkie Freak Mass Gainer 1kg / Assorted

**119<sup>95</sup>**

\*Advertised prices already reflect discounts

**PROTEIN DEALS**

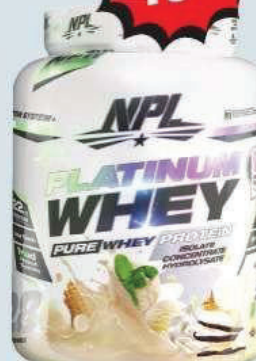
**SAVE 70<sup>00</sup>\***



Primal Whey Protein 2kg / Assorted

**799<sup>95</sup>**

**SAVE 40<sup>00</sup>\***



NPL Platinum Whey 908g / Assorted

**489<sup>95</sup>**

**SAVE 50<sup>00</sup>\***



Biogen ISO-Whey Premium 1.5kg / Assorted

**699<sup>95</sup>**